



NorBella News! *April 2026*





**Discover a Warm and Caring Home at NorBella
– Memory Care Openings Available**

If you have a loved one in search of a beautiful and supportive home, I invite you to consider NorBella. We are proud to offer a compassionate, enriching environment where every resident is treated like family. At NorBella, we provide both Assisted Living and Memory Care services, each thoughtfully tailored to meet the unique needs of every individual. Our mission is to ensure comfort, security, and a high quality of life through personalized care that supports independence and dignity.

With a dedicated and experienced team, we create a vibrant community where meaningful relationships flourish, and engaging activities fill each day with purpose and joy. Most importantly, we want every resident—and their family—to feel truly at home. Currently, we have an opening in our Memory Care & Assisted Living communities. I would be honored to personally show you around and answer any questions you may have. Feel free to contact me directly at 763-235-8151 or email me at vince.price@lifesparksl.com for more information or to schedule your visit.

Warm regards,
Vince Price
Community Sales and Marketing Director
Norbella Senior Living



-Ric W.



**4/4 - David S.
4/10 - Aloys G.**

•**Bingo w/ Boden Maplewood!**

-Thursday, April 9th - 10AM

•**Lifelong Learning:**

-Thursday, April 2nd - 2PM

•**Pet Therapy Visit w/ Cocoa:**

-Every Thursday at 11AM

•**Pet Therapy Visit w/ Willow:**

-Fridays at 10:30AM

•**Church Service, Communion,
& Bible Study w/ Pastor Larry:**

--Sunday, April 5th - 10AM

--Sunday, April 19th - 10AM

•**Resident Council Meeting:**

-Tuesday, April 21st - 2PM

•**Bingo Store:**

-Tuesday, April 14th - 3PM

•**Chaplain Britta - Tuesdays:**

• -April 1st - 1:30PM: Spiritual Service

• -April 7th - 11AM: Grief & Loss Support Group

• -April 14th - 11AM: Spiritual Group

• -April 21st - 11AM: Coffee, Crafts & Chats

• -April 28th - 11AM: Morning Movement & Meditation

SPARK PERFORMANCES

We're excited to share **ROBOT SOCCER**
will be starting April 21st!

Competition Days: Tuesday @ 1PM

Weekly Recaps: Fridays @ 1PM!

Join us for Robot Soccer Practice April
2nd, 6th, 10th, 13th, and 15th!

***Coaches & Captains Meeting:
Monday, April 20th - 1PM***

UPCOMING EVENTS:

**Friday, April 3rd - 2PM
Music w/ The Floras!**

**Friday, April 10th - 3PM
Music w/ Joanne Bolles!**

**Thursday, April 16th - 1:30PM
Music w/ Red Hat Choir!**

**Friday, April 24th - 2PM
April Birthday Celebration
& Music w/ Dale Martell!**

UPCOMING OUTINGS:

Thursday, April 9th - 1:30PM
Target!

Tuesday, April 14th - 10:30AM
Ze's Diner!

Wednesday, April 22nd - 2:30PM
Apple Valley High School Spring Play!

REMINDER: Sign-up sheets are posted on AL bulletin board in the beginning of the month!

Before signing up, please ensure that you will be going on the trip! We have had a lot of residents decide to not go minutes before the bus arrives. We need to be mindful of our neighbors. Thank you!

***PODIATRY:
April 9th!**

Our hairstylist, Bunny, is here with us every Monday! Please call the number below to schedule an appointment:
612-707-3121

Spiritual Update:
We have good news to share! Chaplain Britta is here with us every Tuesday! We're excited for this opportunity to grow our spiritual care with all of you in our community. Please take a look at the calendar for further activities Britta will be leading!



COMEDY CORNER

*How do you know that flowers are friendly?
They always have new buds!*

*What type of bird should you never take to the bank?
A rob-in!*

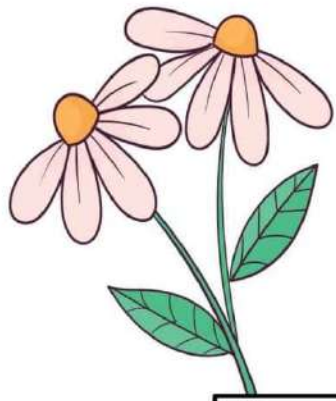
*Why was the strawberry sad?
His mom was in a jam!*

Note from Lifespark Chaplain:



But I also say this: that light is an invitation to happiness, and that happiness, when it's done right, is a kind of holiness, palpable and redemptive. -Mary Oliver

What was the happiest day of your life? What made it a happy day? Were you alone, or were others there? According to Psychology Today, reminiscing with others can make you happier in the moment. Studies show that thinking about happy memories can interrupt negative thoughts and boost our sense of satisfaction. Making time to remember and share stories about our happiest days can have a significant impact on our overall happiness today and can even help us to bounce back when we face inevitable challenges. Reminiscing is good for the spirit and choosing to share and receive stories of happiness together is one way of experiencing holiness and healing. This month, try making time each day to share a happy story with someone, and see what happens!



Spring FLOWERS



Find the hidden words!

Tulip

Daisy

Daffodil

Sunflower

Rose

Lilac

Pansy

Iris

Lily

Violet

Poppy

Bluebell

