



NorBella News! March 2026



**Discover a Warm and Caring Home at NorBella
– Memory Care Openings Available**

If you have a loved one in search of a beautiful and supportive home, I invite you to consider NorBella. We are proud to offer a compassionate, enriching environment where every resident is treated like family. At NorBella, we provide both Assisted Living and Memory Care services, each thoughtfully tailored to meet the unique needs of every individual. Our mission is to ensure comfort, security, and a high quality of life through personalized care that supports independence and dignity.

With a dedicated and experienced team, we create a vibrant community where meaningful relationships flourish, and engaging activities fill each day with purpose and joy. Most importantly, we want every resident—and their family—to feel truly at home. Currently, we have an opening in our Memory Care & Assisted Living communities. I would be honored to personally show you around and answer any questions you may have. Feel free to contact me directly at 763-235-8151 or email me at vince.price@lifesparksl.com for more information or to schedule your visit.

Warm regards,
Vince Price
Community Sales and Marketing Director
Norbella Senior Living



**-Ric W.
-Todd M.**



**3/8 - Bonnie W.
3/22 - David M.
3/22 - Lew S.
3/24 - Mike M.
3/27 - Asha B.**

SPARK PERFORMANCES

We are currently finishing up our TRYathlon! Way to go Boomerangs!

We will have a bit of a break until our next challenge!

*We're excited to share **ROBOT SOCCER** will be starting April 14th!
Stay tuned for more information! We will start up practices early April!*

- **Seeing Things Through a Different Lens w/ Aegis Therapies:**
-Wednesday, March 18th - 11AM
- **Lifelong Learning:**
-Thursday, March 5th - 2PM
- **Pet Therapy Visit w/ Cocoa:**
-Every Thursday at 11AM
- **Pet Therapy Visit w/ Willow:**
-Friday March 13th, 20th, 27th at 10:30AM
- **Book Club:**
-Every Wednesday - 1PM
- **Church Service, Communion, & Bible Study w/ Pastor Larry:**
 - -Sunday, March 1st - 10AM
 - -Sunday, March 15th - 10AM
- **Resident Council Meeting:**
-Tuesday, March 17th - 1:30PM
- **Bingo Store:**
-Tuesday, March 10th - 2:30PM
- **Chaplain Britta - Tuesdays:**
 - -March 3rd - 11AM: Spiritual Group
 - -March 10th - 11AM: Grief & Loss Support Group
 - -March 17th - 11AM: Spiritual Service
 - -March 24th - 11AM: Coffee, Crafts & Chats

*PODIATRY: April 9th!

UPCOMING OUTINGS:

Monday, March 2nd - 12:45PM
Elvis Movie @ AMC Theaters, Edina

Thursday, March 19th - 10:30AM
Mill City Museum & Lunch!

Wednesday, March 25th - 10:30AM
Old Southern BBQ!

UPCOMING EVENTS:

Friday, March 6th - 2PM
Music w/ Barsolo Brothers

Friday, March 13th - 2PM
**March Birthday Celebration
& Music w/ SideTracked Acoustic!**

Friday, March 20th - 2PM
**St. Patrick's Day Celebration
& Music w/ Norma!**

Friday, March 27th - 2PM
**Hawaiian Luau & Music w/
Ukulady, Gigi!**

Spiritual Update:

We have good news to share!
Chaplain Britta is here with us every
Tuesday! We're excited for this
opportunity to grow our spiritual care
with all of you in our community.
Please take a look at the calendar for
further activities Britta will be leading!

**Our hairstylist, Bunny, is
here with us every
Monday! Please call the
number below to schedule
an appointment:
612-707-3121**

'Love on Valentines'



It's Valentine's Day and grandpa Tom and his granddaughter Mary, age 10, are planning to spend the day together, along with grandma Katherine. They made a valentine heart and smiled through it.

They are all happy and smile a lot! Grandma's kitchen is sunny and a fine spot for fun family pictures! Valentine's Day is a great day to let the family show each other how much they really love and care for each other.

-NorBella Prior Lake Residents

Note from Lifespark Chaplain:

"A quiet conscience makes one strong!" – Anne Frank

One of the three components of resilience, according to the Spark Model, is strength. Often, we think of strength as being big, loud, and commanding. Sometimes it is! And other times, strength is found in the quiet people and places, in doing the right thing day after day. Strength is seen in persistence when facing challenges and in perseverance through troubling times. Throughout our lives, as we collect experiences and come to understand the world in bigger, broader ways, we develop strength of conscience. In elderhood, we have the unique benefit of a lifetime of building this strength. May we seek opportunities to share this strength by building community, encouraging others, and choosing to do the right thing with each new day.



*What is green and can jump a mile in a minute?
A grasshopper with the hiccups!*

*What's the best month of the year to host a parade?
March*

*Why can't you trust trees?
Because they're shady!*

***'A Patchwork of Tall Tales'
In March, We Step Into the Woods of Wonder!
This month, join us in the following activities:***

Creative Writing: Tall Tale Prompts!

Woodsy Watercolor Craft

Walk Through the Forest Scavenger Hunt



St. Patrick's Day Word Search



P	O	T	O	F	G	O	L	D	B	E	E	T	S	L
O	S	F	R	A	C	H	G	C	U	I	V	E	L	U
S	O	H	B	O	W	S	C	L	O	V	E	R	E	W
T	A	M	A	R	C	H	R	A	D	O	W	S	P	I
L	R	U	C	M	U	C	K	Y	L	O	E	P	R	A
U	C	W	I	K	R	A	I	N	B	O	W	K	E	Y
K	A	T	R	S	G	O	N	D	U	R	L	U	C	K
T	H	E	T	G	O	S	C	P	L	E	R	P	H	A
C	T	O	I	R	N	T	D	K	O	G	M	R	A	I
C	O	R	N	E	D	B	E	E	F	R	C	A	U	R
E	T	I	R	E	L	A	N	D	O	S	H	E	N	I
W	O	W	N	N	D	O	W	T	L	K	Y	D	O	S
L	E	A	I	S	T	H	P	A	R	A	D	E	T	H
T	R	A	D	I	T	I	O	N	R	O	P	C	E	D
A	P	A	T	R	I	C	K	M	A	F	C	T	H	A

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|-------------|------------|-------------|
| CLOVER | IRELAND | PARADE |
| COINS | IRISH | PATRICK |
| CORNED BEEF | LEPRECHAUN | POT OF GOLD |
| TRADITION | LUCK | RAINBOW |
| GREEN | MARCH | SHAMROCK |

