

March 2026 - Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SO Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 1	10:00 SP Catholic Mass (TV) and Communion 2 11:15 IN Daily Chronicles 11:30 PH Chair Aerobics 2:30 EM Music with Kristin [AL] 3:30 SO Timeless TV Reruns	Dorothy's Birthday! 3 10:00 IN Daily Chronicles 10:15 PH Seated Stretches 10:30 EM Dr. Suess Birthday Translator! 1:00 SP TRYathlon Competition 3:00 SO Prize Bingo with Lifespark GO!	10:00 IN Daily Chronicles 4 10:15 PH Chair Yoga 10:30 SO World Wildlife Day Facts 2:30 IN Readers Theater: The Case of the Candy Cottage 3:45 EM I Love Lucy (TV)	10:00 IN Daily Chronicles 5 10:15 VO Resident Council Meeting 11:00 PH Chair Dancing 1:00 SP TRYathlon Competition 3:00 SO Meet Our New Chaplain, Russell!	10:00 EM Pet Visits with Sam or Gus! 6 10:30 PH Sit & Be Fit 11:00 SO Girl Scout Cookie Sale! 1:00 SP Competition Results Show! 3:00 PH Cardio Drumming	SO Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 7
SO Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 8	10:00 SP Catholic Mass (TV) and Communion 9 11:15 IN Daily Chronicles 11:30 PH Chair Aerobics 2:30 EM Music with Kristin 3:30 SO Timeless TV Reruns	10:00 IN Daily Chronicles 10 10:15 PH Seated Stretches 10:30 EM Roll A Rainbow Game 3:00 SO Candy Bingo 4:00 VO Nat Geo Wild (TV)	10:00 IN Daily Chronicles 11 10:15 PH Chair Yoga 10:30 SO St. Patty's Whiteboard Games 2:30 VO Let's Make: Shamrock Parfaits 4:00 EM Puppy Party with Hank & Charlie!	10:00 SO Morning Movie 12 11:00 VO Lunch Outing: Willy McCoy's 3:00 IN Daily Chronicles 3:30 PH Cardio Drumming 5:30 EM Wheel of Fortune (TV)	10:00 EM Pet Visits with Sam or Gus! 13 10:30 PH Sit & Be Fit 11:45 IN Daily Chronicles 2:00 SO Friday 13th Trivia 3:00 VO Scenery of Ireland	SO Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 14
SO Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 15	10:00 SP Catholic Mass (TV) and Communion 16 11:15 IN Daily Chronicles 11:30 PH Chair Aerobics 2:30 EM Music with Kristin 3:30 SO Timeless TV Reruns	St. Patrick's Day March Madness Begins 17 10:00 IN Daily Chronicles 10:15 PH Seated Stretches 10:30 EM St. Patty's Day Game 2:30 SO St. Patrick's Day Party 3:30 VO Travelogue: Ireland	10:00 IN Daily Chronicles 18 10:30 PH Chair Yoga 11:00 SP Church & Communion with Pastor Cullen 2:00 SO Movie Matinee 6:30 EM Pet Visits with Jax & Claire	9:00 IN COVID Vaccine Clinic 19 11:30 IN Daily Chronicles 2:00 PH Seated Tai Chi 2:30 EM Random March Trivia 5:30 SO March Madness (TV)	10:00 EM Pet Visits with Sam or Gus! 20 10:30 PH Sit & Be Fit 11:45 IN Daily Chronicles 2:00 SP Massage & Meditation 3:00 SO Manicures	SO Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 21
SO Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 22	10:00 SP Catholic Mass (TV) and Communion 23 11:15 IN Daily Chronicles 11:30 PH Chair Aerobics 2:30 EM Music with Kristin 3:30 SO Timeless TV Reruns	Stu's Birthday! 24 10:00 IN Daily Chronicles 10:15 PH Seated Stretches 10:30 EM Finish the Sports Phrase 3:00 VO March Craft 4:30 SP Rest & Relaxation	10:00 IN Daily Chronicles 25 10:30 PH Chair Yoga with Allison 11:30 SP Sing-A-Long (TV) 3:00 SO Candy Bingo 4:30 EM Baby Animal Videos	10:00 IN Daily Chronicles 26 10:15 PH Walkin' and Rollin' Club 10:30 EM Man or Woman Trivia 2:00 VO Bus Outing: QCTV Station Tour with Jimmy! 5:30 SO March Madness (TV)	10:00 EM Pet Visits with Sam or Gus! 27 10:30 PH Sit & Be Fit 11:45 IN Daily Chronicles 3:00 SO March Birthday Party with Bryce Hegge 4:30 EM March Madness (TV)	SO Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 28
SO Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 29	10:00 SP Catholic Mass (TV) and Communion 30 11:15 IN Daily Chronicles 11:30 PH Chair Aerobics 2:30 EM Music with Kristin (MC) 4:00 SO Jimmy's Gentleman's Club	10:00 IN Daily Chronicles 31 10:15 PH Seated Stretches 10:30 SP Church Service (TV) 3:00 SO Candy Bingo 5:00 EM 1:1 Visits with Bethany	 <p>Schedule is subject to change.</p>		EM Emotional IN Intellectual PH Physical VO Vocational SO Social SP Spiritual	AL Assisted Living Happy Birthday to 3/3 130 Dorothy 130 Jorgensen-Hansen 3/24 136 Stewart "Stu" 136 Bartholomaeus