

March 2026 - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
SO Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area 1	10:00 SP Catholic Mass (TV) and Communion 2 11:15 PH Chair Aerobics 2:30 EM Music with Kristin	Dorothy's Birthday! 3 11:15 PH Seated Stretches 1:00 SP TRYathlon Competition 3:00 SO Prize Bingo with Lifespark GO!	10:00 EM "Gabbing Gals" with Peggy 4 11:15 PH Chair Yoga 2:30 IN Readers Theater: The Case of the Candy Cottage 4:00 SO Happy Hour & Trivia	10:00 VO Food Committee Meeting 5 11:00 VO Resident Council Meeting 1:00 SP TRYathlon Competition 3:00 SO Meet Our New Chaplain, Russell!	10:30 EM Pet Visits with Gus & Ranger 6 11:00 SO Girl Scout Cookie Sale! 1:00 SP Competition Results Show! 2:00 VO Bus Outing: Shopping at Target 3:00 PH Cardio Drumming	SO Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area 7	
SO Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area 8	10:00 SP Catholic Mass (TV) and Communion 9 11:15 PH Chair Aerobics 2:30 EM Music with Kristin [MC]	10:00 SP Protestant Church Service (TV) 10 11:15 PH Seated Stretches 3:00 SO Candy Bingo	10:00 SO "Gabbing Gals" with Peggy 11 11:15 PH Chair Yoga 4:00 EM Puppy Party with Hank & Charlie!	11:00 VO Lunch Outing: Willy McCoy's 12 2:00 IN Armchair Travel: Ireland (Part 1) 3:30 PH Cardio Drumming	10:30 EM Pet Visits with Gus & Ranger 13 11:15 PH Sit and Be Fit with Bethany 3:30 VO Let's Make: Irish Nachos	SO Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area 14	
SO Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area 15	10:00 SP Catholic Mass (TV) and Communion 16 11:15 PH Chair Aerobics 2:30 EM Music with Kristin [MC] 3:30 IN Coffee with Megan	St. Patrick's Day March Madness Begins 17 11:15 PH Seated Stretches 2:00 IN Armchair Travel: Ireland (Part 2) 4:00 SO St. Patty's Day Happy Hour	10:00 SO "Gabbing Gals" with Peggy 18 11:00 SP Church & Communion with Pastor Cullen 6:00 EM Pet Visits with Jax & Claire	9:00 IN COVID Vaccine Clinic 19 11:15 PH Seated Tai Chi 3:30 SO Manicures	10:30 EM Pet Visits with Gus & Ranger 20 11:15 PH Sit and Be Fit with Bethany 4:00 SP Mindfulness & Meditation	SO Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area 21	
SO Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area 22	10:00 SP Catholic Mass (TV) and Communion 23 11:15 PH Chair Aerobics 2:30 EM Music with Kristin [MC]	Stu's Birthday! 24 10:00 SP Church Service (TV) 11:15 PH Seated Stretches 2:30 SO Crafternoon: Patchwork Quilting Project with Mindy!	10:00 EM "Gabbing Gals" with Peggy 25 10:30 PH Chair Yoga with Allison 3:00 SO Candy Bingo	11:15 PH Seated Tai Chi 26 2:00 VO Bus Outing: QCTV Station Tour with Jimmy! 4:00 SP Rest & Relaxation	10:30 EM Pet Visits with Gus & Ranger 27 11:15 PH Sit and Be Fit with Bethany 3:00 SO March Birthday Party with Bryce Hegge	SO Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area 28	
SO Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area 29	10:00 SP Catholic Mass (TV) and Communion 30 11:15 PH Chair Aerobics 2:30 EM Music with Kristin (MC) 4:00 SO Jimmy's Gentleman's Club	11:15 PH Seated Stretches 31 3:00 SO Candy Bingo 4:00 EM 1:1 Visits with Bethany	 <p>Schedule is subject to change.</p>			EM Emotional IN Intellectual PH Physical VO Vocational SO Social SP Spiritual	MC Memory Care Happy Birthday to 3/3 130 Dorothy 130 Jorgensen-Hansen 3/24 136 Stewart "Stu" 136 Bartholomaeus