

# March 2026 - The Hearth

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
8:30 Care & Confidence [H] <b>1</b> 9:00 Walking Group [L] 10:00 Virtual Church Service [H] 11:30 Oshibori [H] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>2</b> 11:00 Exercise: Light Weights [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 2:00 <b>Manicures&amp;Snacks [H]</b> 3:15 Jenga [SH] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>3</b> 11:00 Exercise: Therapy Ball [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 2:30 Snacks&Movie [H] 3:15 Dice: SEVENS [SH] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>4</b> 11:00 Exercise: Light Weights [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 1:00 Pictionary [H] 2:15 St Patrick Crafting [DR] 3:15 BINGO [DR] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>5</b> 11:00 Linked Senior Exercise [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 12:45 <b>Spark: Cranking [SH]</b> 2:00 Lifelong Learning: Marine Rescue [H] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>6</b> 11:00 Exercise: Chair Zumba [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 1:00 <b>Really Big Show [H]</b> 1:30 Sing-along [H] 3:00 <b>Happy Hour [DR]</b> 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>7</b> 9:00 Linked Senior: Exercise Range of Motion [H] 11:00 Games: HHA Choice [H] 2:00 Adult Coloring [H] 4:15 Oshibori [H]	
8:30 Care & Confidence [H] <b>8</b> 9:00 Walking Group [L] 10:00 Virtual Church Service [H] 11:30 Oshibori [H] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>9</b> 11:00 Exercise: Light Weights [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 3:15 Jenga [SH] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>10</b> 11:00 Exercise: Therapy Ball [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 12:30 <b>Outing: Learn Maple Syrup [L]</b> 2:30 Snacks&Movie [H] 3:15 Dice: SEVENS [SH] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>11</b> 10:30 <b>Coffee&amp;Cops [DR]</b> 11:00 Exercise: Light Weights [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 1:00 Pictionary [H] 2:15 St Patrick Crafting [DR] 3:15 BINGO [DR] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>12</b> 11:00 Linked Senior Exercise [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 1:00 Reading Circle [H] 2:15 Puzzles [H] 3:15 Cards: Learning Cribbage [DR] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>13</b> 11:00 Exercise: Chair Zumba [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 1:30 Sing-along [H] 3:00 <b>Happy Hour [DR]</b> 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>14</b> 9:00 Linked Senior: Exercise Range of Motion [H] 11:00 Games: HHA Choice [H] 2:00 Adult Coloring [H] 4:15 Oshibori [H]	
8:30 Care & Confidence [H] <b>15</b> 9:00 Walking Group [L] 10:00 Virtual Church Service [H] 11:30 Oshibori [H] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>16</b> 11:00 Exercise: Light Weights [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 2:00 <b>Manicures&amp;Snacks [H]</b> 3:15 Jenga [SH] 4:15 Oshibori [H] 5:30 <b>Word of Peace Ensemble [DR]</b>	<b>St. Patrick's Day 17</b> 8:30 Care & Confidence [H] 11:00 Exercise: Therapy Ball [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 1:30 St Patrick Floats [H] 2:30 Snacks&Movie [H] 3:15 <b>Green Party [SH]</b> 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>18</b> 11:00 Exercise: Light Weights [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 1:00 Pictionary [H] 2:00 Timeslip stories [H] 3:15 BINGO [DR] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>19</b> 11:00 Linked Senior Exercise [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 1:00 Reading Circle [H] 2:30 <b>Chef's Snack&amp;Chats [DR]</b> 3:15 Cards: Learning Cribbage [DR] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>20</b> 11:00 Exercise: Chair Zumba [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 1:30 Sing-along [H] 3:00 <b>Millie 105th Birthday [DR]</b> 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>21</b> 9:00 Linked Senior: Exercise Range of Motion [H] 11:00 Games: HHA Choice [H] 2:00 Adult Coloring [H] 4:15 Oshibori [H]	
8:30 Care & Confidence [H] <b>22</b> 9:00 Walking Group [L] 10:00 Virtual Church Service [H] 11:30 Oshibori [H] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>23</b> 11:00 Exercise: Light Weights [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 2:00 <b>Manicures&amp;Snacks [H]</b> 3:15 Jenga [SH] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>24</b> 11:00 Exercise: Therapy Ball [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 2:30 Snacks&Movie [H] 3:15 Dice: SEVENS [SH] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>25</b> 11:00 Exercise: Light Weights [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 1:00 Pictionary [H] 2:00 Timeslip stories [H] 3:15 BINGO [DR] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>26</b> 11:00 Linked Senior Exercise [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 1:00 <b>Horse Races [DR]</b> 2:15 Puzzles [H] 3:15 Cards: Learning Cribbage [DR] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>27</b> 11:00 Exercise: Chair Zumba [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 1:30 Sing-along [H] 3:00 <b>Happy Hour [DR]</b> 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>28</b> 9:00 Linked Senior: Exercise Range of Motion [H] 11:00 Games: HHA Choice [H] 2:00 Adult Coloring [H] 4:15 Oshibori [H]	
8:30 Care & Confidence [H] <b>29</b> 9:00 Walking Group [L] 10:00 Virtual Church Service [H] 11:30 Oshibori [H] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>30</b> 11:00 Exercise: Light Weights [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 2:00 <b>Manicures&amp;Snacks [H]</b> 3:15 Jenga [SH] 4:15 Oshibori [H]	8:30 Care & Confidence [H] <b>31</b> 11:00 Exercise: Therapy Ball [H] 11:30 Linked Senior [H] 11:45 Oshibori [H] 2:30 Snacks&Movie [H] 3:15 Dice: SEVENS [SH] 4:15 Oshibori [H]	 <small>Schedule is subject to change.</small>			DR Dining Room H The Hearth L Lobby SH Spark Hall	<b>Happy Birthday to</b> <b>3/20 Millie Sevigny</b>