

NorBella Centerville



March Newsletter

Hello all,

Spring is right around the corner and with the changing seasons brings warmer weather and updates for the new month.

We will be creating a mail system for residents that have loved ones, who pick up their mail. It will be set up by the alcove back in memory care on March 2nd and have folders for resident rooms. Any mail received will be in those folders for families to check when they are visiting their loved ones. For residents in AL, this system is available upon request.

We are also asking for the help of family and friends to help maintain the cleanliness in resident apartments. We ask that clutter be removed from apartments that could be a tripping hazard or impact their health and to follow state requirements. We will start reaching out to families individually to make sure that safety is a priority.

Lastly, mark your calendars for our Easter meal on Sunday, March 22nd at 12:00 noon. I will send out more information to families the first week of March. We look forward to having you join us.

Our next family council meeting will be March 5th at 5:30 p.m.

***Deborah Ashamu
Executive Director***

March is here and we are hoping for a great month ahead

We have noticed that some residents have a large amount of snacks/bingo prizes stacking up in their cupboards and stash areas. Please encourage them to eat their snacks, send them home with family, or they can donate them to the coffee bar area in the dining room. These items have expiration dates and we don't want to see anyone get sick from expired treats.

We go on 2 trips per month. For our outings, the sign up sheets are on the counter by the bingo tables. There is also a suggestion box on the counter there where you can give us your ideas for future trips, games, or anything else you would like to suggest.

We are having a guess that baby contest for March. Pictures are posted by the nurses office. The person with the most right guesses gets a \$5 Target gift card. Contest ends on March 25th.

I hope you all have a great month, and whether you're Irish or not, I hope you all have a great St. Patricks day and enjoy some fun...

***Mindy La Clair
Community Life Director***

Entertainment

***The Flora's - Friday, March
13th at 2:30***

***Joanne Bolles - Tuesday,
March 17th at 10:45***

***Rob Ellos presentation on
Space Shuttle Challenger &
Columbia - Tuesday, March
31st at 2:00***

***Rockin' with Tony in
Memory Care on Thursday,
March 12th at 2:30***

Resident Council

***Thursday, March 5th at
3:15***

Family Council

***Thursday, March 5th at
5:30***

Outings

***Dollar Tree - Thursday,
March 12th at 2:30***

***Target - Thursday, March
26th at 2:30***

Midweek Matinee's

***Dirty Dancing March 4th at
2:30***

***The Parent Trap March
11th at 2:30***

***The Cutting Edge March
18th at 2:30***

***Hotel for Dogs March 25th
at 2:30***

Special Events

***Family Easter meal
Sunday, March 22nd at
12:00 noon.***



*Happy
Birthday
to You*

Residents

Nancy R. 3/9

Tom H. 3/15

Staff

Hayley L. 3/4

Lila W. 3/4

Shukri 3/9

Tanya F. 3/10

Arianna T. 3/10

Doreen A. 3/12

Khadija S. 3/17

Resident Referral Program



Pick Your Neighbor

REFER A FRIEND TO NORBELLA CENTERVILLE & WHEN THEY MOVE IN

you
will receive \$500 off
one month's rent

&

your friend
will receive \$500 off
one month's rent

*friend must mention you during our first conversation



NorBella
CENTERVILLE

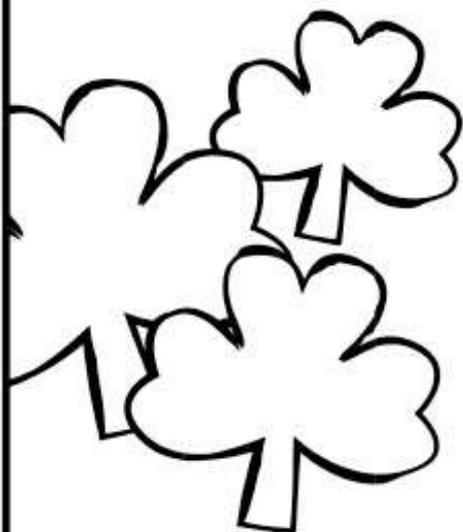
Name: _____

HAPPY

St. Patrick's Day!



Can you find the words in the word search below? They can be horizontal or vertical, and forward or backward.



luck	March	gold
Ireland	leprechaun	rainbow
clover	jig	potato
green	shamrock	limerick
holiday	tradition	celebrate

