

March 2026 - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p>8:00 Exercise equipment available in the T.V. lounge 1</p> <p>8:00 Cards, games, puzzles, etc. are available</p> <p>9:00 Church Service on T.V.</p>	<p>9:45 Sit & Be Fit 2</p> <p>10:15 Hymns with Jim</p> <p>11:00 Bingo</p> <p>2:30 Manicures</p> <p>3:30 Pet visit with Pete & Deb</p>	<p>9:45 Morning Stretches 3</p> <p>10:15 Armchair travel to Washington</p> <p>11:15 Linked Sr. Games</p> <p>1:00 Try-athlon-Walking</p> <p>3:00 The Lucy Show</p> <p>5:45 BINGO with Hayley</p>	<p>9:45 Chair exercise 4</p> <p>10:15 Mini Massages & Scenic Relaxation</p> <p>11:00 Communion</p> <p>11:00 BINGO with Brenda</p> <p>1:00 Book Club with Dr. Bill</p> <p>2:30 Midweek Matinee - Dirty Dancing</p> <p>4:00 Deer Cams</p>	<p>9:15 Chair exercise 5</p> <p>10:00 Resident Choice</p> <p>11:00 BINGO with Linda</p> <p>1:00 Try-athlon-Arms/Legs</p> <p>2:00 Life Learning Art & History</p> <p>3:15 Resident Council</p> <p>5:30 Family Council</p> <p>5:45 Activity with Hayley</p>	<p>9:45 Zumba 6</p> <p>10:15 Trivia</p> <p>11:00 BINGO</p> <p>1:00 Spark Results Show</p> <p>3:00 Karaoke sing along</p> <p>5:45 Activities with Hayley</p>	<p>8:00 Exercise equipment available in the T.V. lounge 7</p> <p>8:00 Cards, games, puzzles, etc. are available</p> <p>1:30 Movie & Snack</p>		
<p>8:00 Exercise equipment available in the T.V. lounge 8</p> <p>8:00 Cards, games, puzzles, etc. are available</p> <p>9:00 Church Service on T.V.</p>	<p>9:45 Sit & Be Fit 9</p> <p>10:15 Hymns with Jim</p> <p>11:00 Bingo</p> <p>2:30 Manicures</p> <p>3:30 Classic T.V. Shows</p> <p>5:45 Cards with Hayley</p>	<p>9:45 Morning Stretches 10</p> <p>10:15 Armchair travel to Montana</p> <p>11:15 Linked Sr. Games</p> <p>3:00 Irish trivia</p> <p>5:45 BINGO with Hayley</p>	<p>9:45 Chair exercise 11</p> <p>10:15 Mini Massages & Scenic Relaxation</p> <p>11:00 Communion</p> <p>11:00 BINGO with Brenda</p> <p>1:00 Book Club with Dr. Bill</p> <p>2:30 Midweek Matinee - The Parent Trap</p> <p>5:45 Crafts with Hayley</p>	<p>9:15 Chair exercise 12</p> <p>10:00 Resident Choice</p> <p>11:00 BINGO with Linda</p> <p>2:30 Dollar Tree Trip</p> <p>5:45 Activity with Hayley</p>	<p>9:45 Zumba 13</p> <p>10:15 Trivia</p> <p>11:00 BINGO</p> <p>2:30 The Flora's performing</p> <p>3:00 March Birthday Cupcakes</p> <p>5:45 Activities with Hayley</p>	<p>8:00 Exercise equipment available in the T.V. lounge 14</p> <p>8:00 Cards, games, puzzles, etc. are available</p> <p>10:00 Activities with Brenda</p> <p>1:30 Movie & Snack</p>		
<p>8:00 Exercise equipment available in the T.V. lounge 15</p> <p>8:00 Cards, games, puzzles, etc. are available</p> <p>9:00 Church Service on T.V.</p>	<p>9:45 Sit & Be Fit 16</p> <p>10:15 Hymns with Jim</p> <p>11:00 Bingo</p> <p>2:30 Manicures</p> <p>3:30 Classic T.V. Shows</p> <p>5:45 Cards with Hayley</p>	<p>9:45 Morning Stretches 17</p> <p>10:45 Joanne Bowles performing Irish tunes</p> <p>1:00 Irish Dance on YouTube</p> <p>3:00 Armchair travel to Ireland</p> <p>5:45 BINGO with Hayley</p>	<p>9:45 Chair exercise 18</p> <p>10:15 Mini Massages & Scenic Relaxation</p> <p>11:00 Communion</p> <p>11:00 BINGO with Brenda</p> <p>1:00 Book Club with Dr. Bill</p> <p>2:30 Midweek Matinee - The Cutting Edge</p> <p>5:45 Crafts with Hayley</p>	<p>9:15 Chair exercise 19</p> <p>10:00 Resident Choice</p> <p>11:00 BINGO with Linda</p> <p>2:00 Chef Chat with Ashley</p> <p>5:45 Activity with Hayley</p>	<p>9:45 Zumba 20</p> <p>10:15 Trivia</p> <p>11:00 BINGO</p> <p>2:30 50's T.V. performances</p> <p>5:45 Activities with Hayley</p>	<p>8:00 Exercise equipment available in the T.V. lounge 21</p> <p>8:00 Cards, games, puzzles, etc. are available</p> <p>10:00 Activities with Hayley</p> <p>1:30 Movie & Snack</p>		
<p>8:00 Exercise equipment available in the T.V. lounge 22</p> <p>8:00 Cards, games, puzzles, etc. are available</p> <p>9:00 Church Service on T.V.</p> <p>12:00 Family Easter meal</p>	<p>9:45 Sit & Be Fit 23</p> <p>10:15 Hymns with Jim</p> <p>11:00 Bingo</p> <p>2:30 Manicures</p> <p>3:30 Classic T.V. Shows</p> <p>5:45 Cards with Hayley</p>	<p>9:45 Morning Stretches 24</p> <p>10:15 Armchair travel to Georgia</p> <p>11:00 Linked Sr. Games</p> <p>1:30 Baking with Ashley</p> <p>3:00 I Love Lucy</p> <p>5:45 BINGO with Hayley</p>	<p>9:45 Chair exercise 25</p> <p>10:15 Mini Massages & Scenic Relaxation</p> <p>11:00 Communion</p> <p>11:00 BINGO with Brenda</p> <p>1:00 Book Club with Dr. Bill</p> <p>2:30 Midweek Matinee - Hotel for Dogs</p> <p>5:45 Crafts with Hayley</p>	<p>9:15 Chair exercise 26</p> <p>10:00 Resident Choice</p> <p>11:00 BINGO with Linda</p> <p>2:00 Target Trip</p> <p>5:45 Activity with Hayley</p>	<p>9:45 Zumba 27</p> <p>10:15 Trivia</p> <p>11:00 BINGO</p> <p>3:00 Karaoke sing along</p> <p>5:45 Activities with Hayley</p>	<p>8:00 Exercise equipment available in the T.V. lounge 28</p> <p>8:00 Cards, games, puzzles, etc. are available</p> <p>1:30 Movie & Snack</p>		
<p>8:00 Exercise equipment available in the T.V. lounge 29</p> <p>8:00 Cards, games, puzzles, etc. are available</p> <p>9:00 Church Service on T.V.</p>	<p>9:45 Sit & Be Fit 30</p> <p>10:15 Hymns with Jim</p> <p>11:00 Bingo</p> <p>2:30 Manicures</p> <p>3:30 Pet visit with Pete & Deb</p> <p>5:45 Cards with Hayley</p>	<p>9:45 Morning Stretches 31</p> <p>10:15 Armchair travel to Maine</p> <p>11:00 Robot Car Practice</p> <p>2:00 Space Shuttle presentation</p> <p>5:45 BINGO with Hayley</p>	 <p>Schedule is subject to change.</p>				<p>Happy Birthday to 3/9 Nancy Roth 3/15 Thomas Hetland</p>	