

# February 2026 - Assisted Living Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
'Bored Board' Activities & Games Available! <b>1</b> Adult Coloring & Table Games Available in Activity Area 1:30 Pokeno w/ Ginny! 3:00 Left Center Right 3:45 Beach Ball Toss!	10:30 Morning Exercise! <b>2</b> 11:00 Linked Senior Games / Family Feud! 1:30 Manicures! 3:00 Movie Monday!	9:30 Beach Ball Toss! <b>3</b> 10:00 Card Games 11:00 Spiritual Eldercare 1:00 TRYathlon! 2:00 Travel Tuesday! 3:00 Roll a Heart!	9:30 Walking Group! <b>4</b> 10:00 Book Club Spark Notes 10:30 Adult Coloring 11:00 Meet & Greet w/ Erin (Aegis Therapies) 1:00 Book Club! 2:00 Bingo w/ Mystery!	9:30 Chair Zumba! <b>5</b> 10:00 Roll a Heart! 11:00 Bible Study w/ Pastor Nate 1:00 TRYathlon! 2:00 Lifelong Learning!	Podiatry Visit! <b>6</b> 10:30 Games w/ Mystery! 1:00 TRYathlon Recap! 2:00 Music w/ Side Tracked Acoustic!	Adult Coloring & Table Games Available in Activity Area <b>7</b> 10:00 Walking Group 10:30 Linked Senior Games & Trivia 1:00 Ice Cream & Bingo!
'Bored Board' Activities & Games Available! <b>8</b> Adult Coloring & Table Games Available in Activity Area 2:00 Football Bingo & Tailgate w/ Ginny! 3:00 Left Center Right 3:45 Balloon Swat!	10:30 Morning Exercise! <b>9</b> 11:00 Linked Senior Games / Family Feud! 1:30 Manicures! 3:00 Movie Monday!	9:30 Beach Ball Toss! <b>10</b> 10:30 Left Center Right 11:00 Spiritual Eldercare 1:00 TRYathlon! 2:00 Show & Tell: Wedding Day Stories 3:00 Travel Tuesday!	9:30 Walking Group! <b>11</b> 10:00 Valentine's Activity Book! 11:00 Book Club Spark Notes 1:00 Book Club! 2:00 Bingo w/ Mystery! 3:00 Bingo Store!	9:30 Chair Zumba! <b>12</b> 10:00 Kings in the Corner 11:00 Pet Therapy Visit w/ Rolo! 1:00 TRYathlon! 2:00 Valentine's Craft! 3:00 Valentine Photo Shoot!	10:00 Valentine's Bingo & Social Hour w/ Primrose Daycare! <b>13</b> 1:00 TRYathlon Recap! 2:00 Chef Chat w/ Culinary Director, Gina! 2:45 Roll a Heart!	Valentine's Day <b>14</b> Adult Coloring & Table Games Available in Activity Area 10:30 Valentine's Bingo! 12:00 Valentine's Music w/ Darcy, Harpist! 1:00 Left Center Right!
'Bored Board' Activities & Games Available! <b>15</b> Adult Coloring & Table Games Available in Activity Area 1:30 Pokeno w/ Ginny! 3:00 Left Center Right 3:45 Beach Ball Toss!	Washington's Birthday <b>16</b> 10:30 Morning Exercise! 11:00 Linked Senior Games / Family Feud! 1:30 Manicures! 3:00 Movie Monday!	9:30 Beach Ball Toss! <b>17</b> 10:00 Mardi Gras Dice Game 11:00 Spiritual Eldercare 1:00 TRYathlon! 2:00 Mardi Gras Craft 3:00 Documentary: History of Mardi Gras	9:30 Walking Group! <b>18</b> 10:00 Roll a Heart! 11:00 Book Club Spark Notes 1:00 Book Club! 1:45 Resident Council Meeting! 2:00 Bingo w/ Mystery!	9:30 Chair Zumba! <b>19</b> 10:00 Roll a Heart! 11:00 Uno / Card Games 1:00 TRYathlon! 2:45 Outing: Apple Valley High School - Broadway Play!	10:30 Games w/ Mystery! <b>20</b> 1:00 TRYathlon Recap! 2:00 February Birthday Celebration & Music w/ Ukulady, Gigi!	Adult Coloring & Table Games Available in Activity Area <b>21</b> 10:00 Walking Group 10:30 Linked Senior Games & Trivia 1:00 Ice Cream & Bingo!
'Bored Board' Activities & Games Available! <b>22</b> Adult Coloring & Table Games Available in Activity Area 1:30 Pokeno w/ Ginny! 3:00 Left Center Right 3:45 Balloon Swat!	10:30 Morning Exercise! <b>23</b> 11:00 Linked Senior Games / Family Feud! 1:30 Manicures! 3:00 Movie Monday!	9:30 Beach Ball Toss! <b>24</b> 10:30 Left Center Right 11:00 Spiritual Eldercare 1:00 TRYathlon! 2:00 Heartwarming Storytelling! 2:30 Travel Tuesday!	9:30 Walking Group! <b>25</b> 10:00 Linked Senior Games & Trivia 11:00 Book Club Spark Notes 1:00 Book Club! 2:00 Bingo w/ Mystery!	9:30 Chair Zumba! <b>26</b> 10:00 Kings in the Corner! 11:00 Wheel of Fortune / Family Feud! 1:00 TRYathlon! 2:00 Valentine's Craft!	10:30 Games w/ Mystery! <b>27</b> 1:00 TRYathlon Recap! 2:00 Music w/ Barsolo Brothers!	Adult Coloring & Table Games Available in Activity Area <b>28</b> 10:00 Walking Group 10:30 Linked Senior Games & Trivia 1:00 Ice Cream & Bingo!



Schedule is subject to change.

Happy Birthday to  
2/8 Jerry Fifield  
2/18 Donald Meaden  
2/24 Helen Sidur