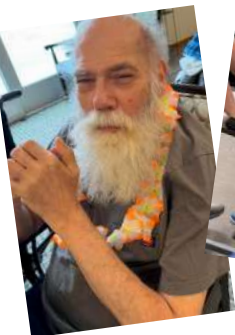




## NorBella News!

*February 2026*



***Discover a Warm and Caring Home at NorBella  
– Memory Care Openings Available***

*If you have a loved one in search of a beautiful and supportive home, I invite you to consider NorBella. We are proud to offer a compassionate, enriching environment where every resident is treated like family. At NorBella, we provide both Assisted Living and Memory Care services, each thoughtfully tailored to meet the unique needs of every individual. Our mission is to ensure comfort, security, and a high quality of life through personalized care that supports independence and dignity.*

*With a dedicated and experienced team, we create a vibrant community where meaningful relationships flourish, and engaging activities fill each day with purpose and joy. Most importantly, we want every resident—and their family—to feel truly at home. Currently, we have an opening in our Memory Care & Assisted Living communities. I would be honored to personally show you around and answer any questions you may have. Feel free to contact me directly at 763-235-8151 or email me at [vince.price@lifesparksl.com](mailto:vince.price@lifesparksl.com) for more information or to schedule your visit.*

*Warm regards,  
Vince Price  
Community Sales and Marketing Director  
Norbella Senior Living*



**-Annie H.**



**2/2 - Susan F.  
2/9 - Barb B.  
2/14 - Sandy N.  
2/22 - Elaine E.  
2/25 - Ayelech M.**

## **\*PODIATRY\***

### **April 9th!**

- **Resident Council Meeting:**  
-Tuesday, February 24th - 10AM
- **Bingo Store:**  
-Tuesday, February 10th - 11:30AM
- **Chef Chat w/ Culinary Director, Gina:**  
-Friday, February 27th - 3PM
- **Meet & Greet w/ Erin (Aegis Therapies):**  
-Wednesday, February 11th - 11AM
- **Lifelong Learning:**  
-Thursday, February 5th - 2PM
- **Pet Therapy Visit w/ Cocoa:**  
-Every Thursday - 11AM

#### **UPCOMING EVENTS:**

**Thursday, February 12th - 10AM**  
**Valentine's Bingo & Social Hour**  
**w/ Primrose Daycare!**

**Friday, February 13th - 2PM**  
**Valentine's Social Hour & Music w/ Bree!**

**Friday, February 20th - 2PM**  
**February Birthday Celebration**  
**& Music w/ Colleen!**

**Friday, February 27th - 2PM**  
**Comedy Show w/ Calvin!**

## **Spark Performances**

We are currently a few weeks into our  
TRYathlon! Keep up the great work  
Boomerangs!

*Join us every Tuesday & Thursday at 1PM!*  
**Tuesdays - Walking,**  
**Thursday - Arm & Leg Crank**

**Don't forget to join us Fridays @ 1PM**  
**for our TRYathlon Recap!**

#### **UPCOMING OUTINGS:**

**Tuesday, February 10th - 2PM**  
**Dollar Tree!**

**Thursday, February 19th - 2:45PM**  
**Apple Valley High School 'Broadway' Play**

**Wednesday, February 25th - 10:30AM**  
**Lunch Outing: Culver's!**

- **Pet Therapy Visit w/ Willow:**  
-Friday, February 13th, 20th, 27th - 10:30AM
- **Book Club:**  
-Every Wednesday - 1PM
- **TRYathlon Pep Fest:**  
-Tuesday, February 17th - 12:30PM
- **Church Service, Communion & Bible Study w/ Pastor Larry:**  
-Sunday, February 1st & 15th - 10AM

## **Spiritual Update:**

We have good news to share! We will soon have a Chaplain, Britta, joining us 1x a week starting mid-February! We're excited for this opportunity to grow our spiritual care with all of you in our community. More updates to come!

**Our hairstylist, Bunny, is here with us every Monday! Please call the number below to schedule an appointment:  
612-707-3121**

## **'Adventures w/ Fred & Harley in Minnesota'**



Elderly man, Fred, and his grandson Harley, are enjoying time in their cabin in Bemidji, MN. They brought their white and brown doggie, Bob, with them on their hitchhike from Florida! They brought along sweaters and rugs from Aunt Bee. Fred and Harley picked up 2 more dogs, Bud and Jeff, on the way. They're enjoying each others companionship by praying, holding hands, and sharing stories. Inside the cabin they're also enjoying the warmth of the fire while spending time on the warm rug. They started up a campfire for smores and sloppy joes! Outside, the land is covered in trees and snow. Ralph, Fred's horse, is out in the barn on standby to take Fred and Harley on an adventure in the snow. Their neighbor, Gary, parties all night long! During the day, all he does is sleep! When Gary's awake, watch out! He tends to make his way into the barn and take off with the snowmobile! They're having a nice time together in Bemidji, MN for a week before heading back to Florida.

-NorBella Prior Lake Residents



## **Note from Lifespark Chaplain:**

"I understand once again that the greatness of God  
always reveals itself in the simple things."  
- Paulo Coelho

So often we look for the divine in the big moments. We watch for earth-changing miracles that we cannot explain outside of faith. And yet, every day each one of us has the same number of moments – hours, minutes, seconds – in which to experience meaning and purpose. When you consider your own spiritual journey, have you experienced sacred moments or holy encounters in the simple things? What brings a smile to your face when you see it? Who brightens your day with a simple word of greeting? What scripture or poem or song brings peace to your soul? These are the simple things. May we recognize them with gratitude and find our purpose all around us.



*What did one skunk say to the other?  
You're so stinkin' cute!*

*Why do melons get married in church?  
Because they cantaloupe!*

*Why are only girls born on Valentine's Day?  
Because there's no mail delivery on holidays!*

**'A Patchwork of Tall Tales'**  
***In February, Let's Wander Into the Valley of Big Feelings!***  
***This month, join us in the following activities:***  
***Heartwarming Storytelling!***  
***Valentine's Crafts!***  
***Show & Tell: Wedding Day Stories!***

The background of the poster is a light cream color with a pattern of small, semi-transparent red hearts of various sizes scattered across it. On the left side, there is a large, solid red heart with a white string tied around its top, hanging down like a decoration.

# **VALENTINE'S SPIRIT WEEK**

**MONDAY, FEBRUARY 9TH**

**POLKA DOTS & STRIPES DAY**

**TUESDAY, FEBRUARY 10TH**

**VALENTINE HEAD GEAR!**

*Get festive and wear valentine hats, headbands, etc.*

**WEDNESDAY, FEBRUARY 11TH**

**ON WEDNESDAYS WE WEAR  
PINK (& RED & PURPLE)!**

**THURSDAY, FEBRUARY 12TH**

**KINDNESS DAY!**

*Leave a kind note to a friend in the community!*

**FRIDAY, FEBRUARY 13TH**

**HEARTS DAY!**

Name: \_\_\_\_\_ Date: \_\_\_\_\_



AQUARIUS  
 CANDLELIGHT  
 CARNATION  
 CHOCOLATE  
 COZY  
 CUPID  
 FEBRUARY  
 FIREPLACE  
 FRIENDSHIP  
 GROUNDHOG DAY  
 HEART  
 HUG  
 KISS  
 LEAP YEAR  
 LOVE  
 MARDI GRAS  
 PINK  
 PISCES  
 PRESIDENTS DAY  
 RED  
 ROMANCE  
 ROSES  
 SKIING  
 SNOW  
 SWEETHEART  
 VALENTINE  
 WINTER

WORD SEARCH DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

