

NorBella Centerville



February Newsletter

Hello all,

The past few weeks have been challenging times for Minnesota in many ways. Despite the impact that its had on our caregivers, they remain focused on providing quality care and safety to our residents. We recognize how upsetting world events can be to our residents and we are asking that families refrain from discussing it with them. We have taken measures such as continuing not toturn on news channels in any common areas and locking our front door at all times now.

We have noticed a lot of clutter in some of the apartments and in an effort to prevent and reduce falls we are asking friends and family to remove any clutter that could become a hazard. We appreciate your help with this.

Our next family council meeting will be Thursday February 5th at 5:30 p.m.

***Deborah Ashamu
Executive Director***

February is here.

Let's hope the bitter cold weather is behind us.

We have podiatry coming to our building on Friday February 13th.

Housekeeping would like to remind everyone to clean out your refrigerators regularly to dispose of outdated food. We don't want anyone to get sick.

Our first Spark performance for 2026 is underway. We have started the Try-athlon, where we walk on Tuesday and do arm and leg crank on Thursday. We are always looking for new residents to join our Centerville Cranes team. We play against other Lifespark communities. It's a fun and friendly competition for all.

I would love to hear suggestions on future outings that you want to go on, also ideas for games, prizes or anything else you would like to suggest.

I hope you all have a great month ahead.

Mindy La Clair

Community Life Director

Entertainment

**Tim Patrick performing
2/6 @ 2:30**

**Karaoke Sing Along in
the T.V. lounge 2/13 @
3:00**

**Phil Kitze performing
2/20 @ 2:30**

**Jenni Thyng performing
2/27 @ 2:30**

**Rockin' with Tony
performing in memory
care on 2/24 @ 2:30**

Resident Council

Thursday 2/5 @ 3:15

Family Council

Thursday 2/5 @ 5:30

Outings

**Home Goods Store
Thursday 2/12 @ 2:30**

**Goodwill
Thursday 2/26 @ 2:30**

Midweek Matinee's

**Peggy Sue Got Married
2/4 @ 2:30**

Ever After 2/11 @ 2:30

**Grumpy Old Men 2/18 @
2:30**

**The Money Pit 2/25 @
2:30**

Special Events

**Holly the Alpaca
Tuesday 2/17 @ 2:00**

**Chocolate Tasting
Tuesday 2/24 @ 2:00**



Resident Referral Program

Pick Your Neighbor

REFER A FRIEND TO NORBELLA CENTERVILLE & WHEN THEY MOVE IN

you
will receive \$500 off
one month's rent

&

your friend
will receive \$500 off
one month's rent

*friend must mention you during our first conversation



NorBella
CENTERVILLE



Residents

Patti Jo 2/3

Ron 2/11

Staff

Margitu 2/5

Herane 2/15

Tefeck 2/17

Brenda 2/21

Delaney 2/22

Monique 2/28

Name: _____

HAPPY Valentine's Day!



Can you find the words in the word search below? They can be horizontal or vertical, and forward or backward.



valentine

friendship

hug

love

sweet

chocolate

cupid

candy

pink

happy

February

arrow

red

heart

bouquet