

# February 2026 - Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Walking Group [L] <b>1</b> 10:00 Virtual Church Service W/Marsha [H] 1:00 Movie Matinee [TVL] 3:00 Puzzle Club [SH]	10:00 Exercise: Light Weights [SH] <b>2</b> 11:00 Exercise: Light Weights [H] 1:00 <b>Manicures&amp;Snacks [H]</b> 2:30 Book Club: Choosing a Book [TVL] 3:15 Dominos [GR]	10:00 Exercise: Therapy Ball [SH] <b>3</b> 11:00 Exercise: Therapy Ball [H] 1:00 <b>Spark: Walking [SH]</b> 2:30 Timeslips [H] 3:30 Dice: PIG [GR]	10:00 Exercise: Light Weights [SH] <b>4</b> 11:00 Exercise: Light Weights [H] 12:30 <b>Outing: Rogers Library [L]</b> 2:30 <b>Crochet Club [TVL]</b> 3:00 <b>Bingo [DR]</b> 5:30 Documentary: Our Oceans Ep. 1 [TVL]	10:00 Exercise: Therapy Ball [SH] <b>5</b> 10:30 Bible Study W/Kathy [DR] 1:00 <b>Spark: Cranking [SH]</b> 2:00 LifeLong Learning [H] 3:00 Cards [DR]	10:00 Exercise: Chair Zumba [SH] <b>6</b> 11:00 Exercise: Chair Zumba [H] 1:00 <b>Really Big Show [H]</b> 1:30 Snacks&Sing-Along [H] 3:00 <b>Happy Hour [DR]</b> 5:30 <b>Nails W/Belle [DR]</b>	10:00 Exercise: Katherine's Choice [FH] <b>7</b> 11:00 Games W/Katherine [H] 2:00 Adult Coloring [H]
9:00 Walking Group [L] <b>8</b> 10:00 Virtual Church Service W/Marsha [H] 1:00 Movie Matinee [TVL] 3:00 Puzzle Club [SH]	<b>Spirit Week: Wear Red 9</b> 10:00 Exercise: Light Weights [SH] 11:00 Exercise: Light Weights [H] 1:00 <b>Manicures&amp;Snacks [H]</b> 2:30 Resident/Staff Chapel Discussion [SH] 3:15 Dominos [GR]	<b>Spirit Week: Wear Floral 10</b> 10:00 Exercise: Therapy Ball [SH] 11:00 Exercise: Therapy Ball [H] 1:00 <b>Spark: Walking [SH]</b> 2:30 <b>Flowers W/Angie [DR]</b> 3:30 Dice: PIG [GR]	<b>Spirit Week: Wear Pink 11</b> 10:00 Exercise: Light Weights [SH] 11:00 Exercise: Light Weights [H] 3:00 <b>Bingo [DR]</b> 5:30 Documentary: Our Oceans Ep. 2 [TVL]	<b>Spirit Week: Twinning 12</b> 10:00 Exercise: Therapy Ball [SH] 10:30 Bible Study W/Kathy [DR] 1:00 <b>Spark: Cranking [SH]</b> 3:30 <b>Galentines W/Angie [GR]</b> 6:00 Family Council [TVL]	<b>Spirit Week: Wear Hearts 13</b> 10:00 Exercise: Chair Zumba [SH] 11:00 Exercise: Chair Zumba [H] 1:00 <b>Really Big Show [H]</b> 1:30 Snacks&Sing-Along [H] 3:00 <b>Valentine's Party [DR]</b> 5:30 <b>Nails W/Belle [DR]</b>	<b>Valentine's Day 14</b> 10:00 Exercise: Katherine's Choice [FH] 11:00 Games W/Katherine [H] 2:00 Adult Coloring [H]
9:00 Walking Group [L] <b>15</b> 10:00 Virtual Church Service W/Marsha [H] 1:00 Movie Matinee [TVL] 3:00 Puzzle Club [SH]	<b>Washington's Birthday 16</b> 10:00 Exercise: Light Weights [SH] 11:00 Exercise: Light Weights [H] 12:30 <b>Outing: MN State Capital Tour [L]</b> 2:30 Book Club [TVL] 3:15 Dominos [GR]	10:00 Exercise: Therapy Ball [SH] <b>17</b> 11:00 Exercise: Therapy Ball [H] 1:00 <b>Spark: Walking [SH]</b> 2:30 Timeslips [H] 3:30 Dice: PIG [GR]	10:00 Exercise: Light Weights [SH] <b>18</b> 11:00 Exercise: Light Weights [H] 2:30 <b>Crochet Club [TVL]</b> 3:00 <b>Bingo [DR]</b> 5:30 Documentary: Our Oceans Ep. 3 [TVL]	10:00 Exercise: Therapy Ball [SH] <b>19</b> 10:30 Bible Study W/Kathy [DR] 1:00 <b>Spark: Cranking [SH]</b> 2:30 <b>Chef's Snack&amp;Chats [DR]</b> 3:00 Cards [DR]	10:00 Exercise: Chair Zumba [SH] <b>20</b> 11:00 Exercise: Chair Zumba [H] 1:00 <b>Really Big Show [H]</b> 1:30 Snacks&Sing-Along [H] 3:00 <b>Happy Hour [DR]</b> 5:30 <b>Nails W/Belle [DR]</b>	10:00 Exercise: Katherine's Choice [FH] <b>21</b> 11:00 Games W/Katherine [H] 2:00 Adult Coloring [H]
9:00 Walking Group [L] <b>22</b> 10:00 Virtual Church Service W/Marsha [H] 1:00 Movie Matinee [TVL] 3:00 Puzzle Club [SH]	10:00 Exercise: Light Weights [SH] <b>23</b> 11:00 Exercise: Light Weights [H] 1:00 <b>Manicures&amp;Snacks [H]</b> 2:30 Book Club [TVL] 3:15 Dominos [GR]	10:00 Exercise: Therapy Ball [SH] <b>24</b> 11:00 Exercise: Therapy Ball [H] 1:00 <b>Spark: Walking [SH]</b> 2:30 Timeslips [H] 3:30 Dice: PIG [GR]	10:00 Exercise: Light Weights [SH] <b>25</b> 11:00 Exercise: Light Weights [H] 1:00 Gazelle Interview [SH] 2:30 <b>Crochet Club [TVL]</b> 3:00 <b>Bingo [DR]</b> 4:00 Resident Council [TVL] 5:30 Documentary: Our Oceans Ep. 4 [TVL]	10:00 Exercise: Therapy Ball [SH] <b>26</b> 10:30 Bible Study W/Kathy [DR] 1:00 <b>Spark: Cranking [SH]</b> 2:30 <b>Crafts W/Kassie [DR]</b> 3:00 Cards [DR]	10:00 Exercise: Chair Zumba [SH] <b>27</b> 11:00 Exercise: Chair Zumba [H] 1:00 <b>Really Big Show [H]</b> 1:30 Snacks&Sing-Along [H] 3:00 <b>Birthday Party [DR]</b> 5:30 <b>Nails W/Belle [DR]</b>	10:00 Exercise: Katherine's Choice [FH] <b>28</b> 11:00 Games W/Katherine [H] 2:00 Adult Coloring [H]



**NorBella**  
ROGERS

Schedule is subject to change.

- DR Dining Room
- FH Fitness Hall
- GR Game Room
- H The Hearth
- L Lobby
- SH Spark Hall
- TVL TV Lounge