

February 2026 - Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Black History Month Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 1	10:00 SP Catholic Mass (TV) and Communion 2 11:15 IN Daily Chronicles 11:30 PH Chair Aerobics 2:30 EM Music with Kristin [AL] 3:30 SO Timeless TV Reruns	10:00 IN Daily Chronicles 3 10:15 PH Seated Stretches 1:00 SP TRYathlon Competition 3:00 SO Candy Bingo	9:30 SO Morning Movie 4 11:00 VO Lunch Outing: Sparky's Cafe 2:45 IN Daily Chronicles 3:00 PH Walkin' and Rollin' Club 3:30 EM Funniest Pet Videos	10:00 IN Daily Chronicles 5 10:15 VO Resident Council Meeting 12:30 SO Pep Fest Celebration! 1:00 SP TRYathlon Competition 2:00 IN Lifelong Learning	Linda's Birthday! 6 10:00 EM Pet Visits 10:30 PH Sit & Be Fit 11:45 IN Daily Chronicles 12:50 OT Olympic Opening Ceremonies 1:00 SP Competition Results Show! 3:00 SO Olympic Torch Game	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 7
Superbowl Sunday! Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 8	10:00 SP Catholic Mass (TV) and Communion 9 11:15 IN Daily Chronicles 11:30 PH Chair Aerobics 2:30 EM Music with Kristin 3:30 SO Superbowl Post-Game	10:00 IN Daily Chronicles 10 10:15 PH Seated Stretches 10:30 VO Valentine's Craft Start 1:00 SP TRYathlon Competition 2:30 VO Valentine's Craft Finish	10:00 EM Love Song Sing-A-Long 11 10:30 PH Chair Yoga with Allison 11:30 IN Daily Chronicles 3:00 SO Meet and Greet our New Nurse, Jenny! 4:00 IN Finish the Phrase: Famous Couples	9:00 SO Morning Game Shows 12 10:00 VO Bus Tour: Valentine's Delivery 1:00 SP TRYathlon Competition 3:00 IN Hospice 101 with AccentCare 4:15 PH Walkin' and Rollin' Club	John Rollin's Birthday! 13 10:00 EM Pet Visits with Sam or Gus! 10:30 PH Sit & Be Fit 11:45 IN Daily Chronicles 1:00 SP Competition Results Show! 2:30 SO Face Painting 3:00 SO Valentine's Day Party	Valentine's Day Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 14
Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 15	Washington's Birthday 16 10:00 SP Catholic Mass 11:15 IN Daily Chronicles 11:30 PH Chair Aerobics 2:30 EM Music with Kristin 3:00 SO Presidents Day A-Z	Mardi Gras 17 10:00 IN Daily Chronicles 10:15 PH Seated Stretches 10:30 EM Mardi Gras Game 1:00 SP TRYathlon Competition 3:00 SO MARDI Bingo	10:30 SO Hymn Sing-A-Long 18 11:00 SP Church & Communion with Pastor Cullen 3:00 IN Daily Chronicles 3:45 PH Cardio Drumming 6:30 EM Pet Visits with Jax & Claire	11:30 IN Daily Chronicles 19 11:45 PH Walkin' and Rollin' Club 1:00 SP TRYathlon Competition 3:00 EM February Trivia 4:00 SO The Price is Right (TV)	10:00 EM Pet Visits with Sam or Gus! 20 10:30 PH Sit & Be Fit 11:45 IN Daily Chronicles 1:00 SP Competition Results Show! 3:00 SO Chinese New Year Bingo	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 21
Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 22	10:00 SP Catholic Mass (TV) and Communion 23 11:15 IN Daily Chronicles 11:30 PH Chair Aerobics 2:30 EM Music with Kristin 4:00 SO Jimmy's Gentleman's Club	10:00 IN Daily Chronicles 24 10:15 PH Seated Stretches 10:30 SP Church Service (TV) 1:00 SP TRYathlon Competition 3:00 SO Candy Bingo	10:00 EM Patriotic Sing-A-Long 25 10:30 PH Chair Yoga with Allison 11:30 IN Daily Chronicles 2:00 SO Reader's Theater: Be My Valentine 3:00 VO Armchair Travel: Paris	10:00 IN Daily Chronicles 26 10:15 PH Chair Dancing 10:30 SO Snowball Fight 1:00 SP TRYathlon Competition 2:45 VO Let's Bake: Mini Heart Pizzas	10:00 EM Pet Visits with Sam or Gus! 27 10:30 PH Sit & Be Fit 11:45 IN Daily Chronicles 1:00 SP Competition Results Show! 4:00 SP Mindfulness & Meditation	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 28



- EM** Emotional
- IN** Intellectual
- PH** Physical
- VO** Vocational
- SO** Social
- SP** Spiritual

AL Assisted Living

Schedule is subject to change.