

February 2026 - Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Black History Month</div> <div>SO</div> <div>Exercise Equipment in TV Lounge, Table Games &amp; Adult Coloring Available in Activity Area</div> <div>1</div>	<div>10:00</div> <div>SP</div> <div>Catholic Mass (TV) and Communion</div> <div>2</div> <div>11:15</div> <div>PH</div> <div>Chair Aerobics</div> <div>2:30</div> <div>EM</div> <div>Music with Kristin</div>	<div>11:15</div> <div>PH</div> <div>Seated Stretches</div> <div>3</div> <div>1:00</div> <div>SP</div> <div>TRYathlon Competition</div> <div>3:00</div> <div>SO</div> <div>Candy Bingo</div>	<div>10:00</div> <div>EM</div> <div>"Gabbing Gals" with Peggy</div> <div>4</div> <div>11:00</div> <div>VO</div> <div>Lunch Outing: Sparky's Cafe</div> <div>4:00</div> <div>SO</div> <div>Happy Hour &amp; Trivia</div>	<div>10:00</div> <div>VO</div> <div>Food Committee Meeting</div> <div>5</div> <div>11:00</div> <div>VO</div> <div>Resident Council Meeting</div> <div>12:30</div> <div>SO</div> <div>Pep Fest Celebration!</div> <div>1:00</div> <div>SP</div> <div>TRYathlon Competition</div> <div>2:00</div> <div>IN</div> <div>Lifelong Learning</div>	<div>Linda's Birthday!</div> <div>6</div> <div>Olympics Opening Ceremony @ 1PM (Ch. 11)</div> <div>10:30</div> <div>EM</div> <div>Pet Visits with Gus &amp; Ranger</div> <div>11:15</div> <div>PH</div> <div>Sit and Be Fit with Bethany</div> <div>1:00</div> <div>SP</div> <div>Competition Results Show!</div>	<div>SO</div> <div>Exercise Equipment in TV Lounge, Table Games &amp; Adult Coloring Available in Activity Area</div> <div>7</div>
<div>Superbowl Sunday!</div> <div>SO</div> <div>Exercise Equipment in TV Lounge, Table Games &amp; Adult Coloring Available in Activity Area</div> <div>8</div>	<div>10:00</div> <div>SP</div> <div>Catholic Mass (TV) and Communion</div> <div>9</div> <div>11:15</div> <div>PH</div> <div>Chair Aerobics</div> <div>2:30</div> <div>EM</div> <div>Music with Kristin [MC]</div>	<div>10:00</div> <div>SP</div> <div>Protestant Church Service</div> <div>10</div> <div>11:15</div> <div>PH</div> <div>Seated Stretches</div> <div>1:00</div> <div>SP</div> <div>TRYathlon Competition</div> <div>3:30</div> <div>SO</div> <div>Crafternoon: DIY Heart String Art</div>	<div>10:00</div> <div>EM</div> <div>"Gabbing Gals" with Peggy</div> <div>11</div> <div>10:30</div> <div>PH</div> <div>Chair Yoga with Allison</div> <div>3:00</div> <div>SO</div> <div>Meet and Greet our New Nurse, Jenny!</div>	<div>10:00</div> <div>VO</div> <div>Bus Tour: Valentine's Delivery</div> <div>12</div> <div>1:00</div> <div>SP</div> <div>TRYathlon Competition</div> <div>3:00</div> <div>IN</div> <div>Hospice 101 with AccentCare</div>	<div>John Rollin's Birthday!</div> <div>13</div> <div>10:30</div> <div>EM</div> <div>Pet Visits</div> <div>11:15</div> <div>PH</div> <div>Sit and Be Fit with Bethany</div> <div>1:00</div> <div>SP</div> <div>Competition Results Show!</div> <div>2:30</div> <div>SO</div> <div>Face Painting</div> <div>3:00</div> <div>SO</div> <div>Valentine's Day Party</div>	<div>SO</div> <div>Exercise Equipment in TV Lounge, Table Games &amp; Adult Coloring Available in Activity Area</div> <div>14</div>
<div>SO</div> <div>Exercise Equipment in TV Lounge, Table Games &amp; Adult Coloring Available in Activity Area</div> <div>15</div>	<div>Washington's Birthday</div> <div>16</div> <div>10:00</div> <div>SP</div> <div>Catholic Mass</div> <div>11:15</div> <div>PH</div> <div>Chair Aerobics</div> <div>2:30</div> <div>EM</div> <div>Music with Kristin [MC]</div> <div>3:30</div> <div>IN</div> <div>Coffee with Megan</div>	<div>Mardi Gras</div> <div>17</div> <div>11:15</div> <div>PH</div> <div>Seated Stretches</div> <div>1:00</div> <div>SP</div> <div>TRYathlon Competition</div> <div>3:00</div> <div>SO</div> <div>MARDI Bingo</div>	<div>10:00</div> <div>EM</div> <div>"Gabbing Gals" with Peggy</div> <div>18</div> <div>11:00</div> <div>SP</div> <div>Church &amp; Communion with Pastor Cullen</div> <div>3:45</div> <div>PH</div> <div>Cardio Drumming</div> <div>6:00</div> <div>EM</div> <div>Pet Visits with Jax &amp; Claire</div>	<div>11:15</div> <div>PH</div> <div>Seated Tai Chi</div> <div>19</div> <div>1:00</div> <div>SP</div> <div>TRYathlon Competition</div> <div>4:00</div> <div>EM</div> <div>Manicures</div>	<div>10:30</div> <div>EM</div> <div>Pet Visits with Gus &amp; Ranger</div> <div>20</div> <div>11:15</div> <div>PH</div> <div>Sit and Be Fit with Bethany</div> <div>1:00</div> <div>SP</div> <div>Competition Results Show!</div>	<div>SO</div> <div>Exercise Equipment in TV Lounge, Table Games &amp; Adult Coloring Available in Activity Area</div> <div>21</div>
<div>SO</div> <div>Exercise Equipment in TV Lounge, Table Games &amp; Adult Coloring Available in Activity Area</div> <div>22</div>	<div>10:00</div> <div>SP</div> <div>Catholic Mass (TV) and Communion</div> <div>23</div> <div>11:15</div> <div>PH</div> <div>Chair Aerobics</div> <div>2:30</div> <div>EM</div> <div>Music with Kristin [MC]</div> <div>4:00</div> <div>SO</div> <div>Jimmy's Gentleman's Club</div>	<div>11:15</div> <div>PH</div> <div>Seated Stretches</div> <div>24</div> <div>1:00</div> <div>SP</div> <div>TRYathlon Competition</div> <div>3:00</div> <div>SO</div> <div>Candy Bingo</div>	<div>10:00</div> <div>EM</div> <div>"Gabbing Gals" with Peggy</div> <div>25</div> <div>10:30</div> <div>PH</div> <div>Chair Yoga with Allison</div> <div>3:30</div> <div>VO</div> <div>Let's Bake: Mini Heart Pizzas</div>	<div>11:15</div> <div>PH</div> <div>Seated Tai Chi</div> <div>26</div> <div>1:00</div> <div>SP</div> <div>TRYathlon Competition</div> <div>4:00</div> <div>SP</div> <div>Rest &amp; Relaxation</div>	<div>10:30</div> <div>EM</div> <div>Pet Visits with Gus &amp; Ranger</div> <div>27</div> <div>11:15</div> <div>PH</div> <div>Sit and Be Fit with Bethany</div> <div>1:00</div> <div>SP</div> <div>Competition Results Show!</div>	<div>SO</div> <div>Exercise Equipment in TV Lounge, Table Games &amp; Adult Coloring Available in Activity Area</div> <div>28</div>



- EM Emotional
- IN Intellectual
- PH Physical
- VO Vocational
- SO Social
- SP Spiritual

MC Memory Care