

February 2026 - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 Exercise equipment available in the T.V. lounge 8:00 Cards, Games, Puzzles, etc. available to use. 9:00 Church service on T.V.	1 9:45 Hymns with Jim 10:15 Sit & Be Fit 11:00 Bingo 2:00 Manicures 3:30 Pet visit with Pete & Deb 5:45 Cards with Hayley	2 9:45 Morning Stretches 10:15 Armchair Travel 11:15 Linked Senior Games 1:00 Tryathlon-walking 2:30 Groundhog Documentary 5:45 BINGO with Hayley	3 9:45 Chair Exercise 10:15 Mini Massage & Scenic Relaxation 11:00 Communion 11:00 BINGO with Brenda 1:00 Book Club 2:30 Midweek Matinee Peggy Sue Got Married 5:45 Crafts with Hayley	4 9:15 Chair Exercise 10:00 Resident Choice 11:00 BINGO with Linda 1:00 Tryahlon-Arm/Leg Crank 2:00 Life Learning-T.V. lounge 3:15 Resident Council 5:30 Family Council 5:45 Activity with Hayley	5 9:45 Zumba 10:15 Trivia 11:00 BINGO 1:00 Spark Results Show 2:30 Tim Patrick Performing 5:45 Activity with Hayley	8:00 Cards, Games, Puzzles, etc. are available. 8:00 Exercise Equipment available in the T.V. lounge 10:00 Activities with Hayley 1:30 Movie & Snack
8:00 Exercise equipment available in the T.V. lounge 8:00 Cards, Games, Puzzles, etc. available to use. 9:00 Church service on T.V.	8 9:45 Hymns with Jim 10:15 Sit & Be Fit 11:00 Bingo 2:00 Manicures 3:30 Pet visit with Pete & Deb 5:45 Cards with Hayley	9 9:45 Morning Stretches 10:15 Armchair Travel 11:15 Linked Senior Games 1:00 Tryathlon-walking 2:00 Baking with Ashley 5:45 BINGO with Hayley	10 9:45 Chair Exercise 10:15 Mini Massage & Scenic Relaxation 11:00 Communion 11:00 BINGO with Brenda 1:00 Book Club 2:30 Midweek Matinee Ever After 5:45 Crafts with Hayley	11 9:15 Chair Exercise 10:00 Resident Choice 11:00 BINGO with Linda 1:00 Tryahlon-Arm/Leg Crank 2:30 Home Goods Outing 5:45 Activity with Hayley	12 9:30 Podiatry Visits 9:45 Zumba 10:15 Trivia 11:00 BINGO 1:00 Spark Results Show 3:00 Karaoke Sing Along 5:45 Activity with Hayley	13 Valentine's Day 8:00 Cards, Games, Puzzles, etc. are available. 8:00 Exercise Equipment available in the T.V. lounge 10:00 Activities with Brenda 1:30 Movie & Snack
8:00 Exercise equipment available in the T.V. lounge 8:00 Cards, Games, Puzzles, etc. available to use. 9:00 Church service on T.V.	15 Washington's Birthday 9:45 Hymns with Jim 10:15 Sit & Be Fit 11:00 Bingo 2:00 Manicures 3:30 Pet visit with Pete & Deb 5:45 Cards with Hayley	16 9:45 Morning Stretches 10:15 Armchair Travel 11:15 Linked Senior Games 1:00 Tryathlon-walking 2:00 Holly the Alpaca 3:30 Mardi Gras Documentary 5:45 BINGO with Hayley	17 9:45 Chair Exercise 10:15 Mini Massage & Scenic Relaxation 11:00 Communion 11:00 BINGO with Brenda 1:00 Book Club 2:30 Midweek Matinee Grumpy Old Men 5:45 Crafts with Hayley	18 9:15 Chair Exercise 10:00 Resident Choice 11:00 BINGO with Linda 1:00 Tryahlon-Arm/Leg Crank 2:00 Chef Chat with Ashley 5:45 Activity with Hayley	19 9:45 Zumba 10:15 Trivia 11:00 BINGO 1:00 Spark Results Show 2:30 Phil Kitze Performing 3:00 February Birthday Cupcakes 5:45 Activity with Hayley	8:00 Cards, Games, Puzzles, etc. are available. 8:00 Exercise Equipment available in the T.V. lounge 1:30 Movie & Snack
8:00 Exercise equipment available in the T.V. lounge 8:00 Cards, Games, Puzzles, etc. available to use. 9:00 Church service on T.V.	22 9:45 Hymns with Jim 10:15 Sit & Be Fit 11:00 Bingo 2:00 Manicures 3:30 Pet visit with Pete & Deb 5:45 Cards with Hayley	23 9:45 Morning Stretches 10:15 Armchair Travel 11:15 Linked Senior Games 1:00 Tryathlon-walking 2:00 Chocolate Tasting 3:00 The History of America 5:45 BINGO with Hayley	24 9:45 Chair Exercise 10:15 Mini Massage & Scenic Relaxation 11:00 Communion 11:00 BINGO with Brenda 1:00 Book Club 2:30 Midweek Matinee The Money Pit 5:45 Crafts with Hayley	25 9:15 Chair Exercise 10:00 Resident Choice 11:00 BINGO with Linda 1:00 Tryahlon-Arm/Leg Crank 2:30 Goodwill Outing 5:45 Activity with Hayley	26 9:45 Zumba 10:15 Trivia 11:00 BINGO 1:00 Spark Results Show 2:30 Jenni Thyng Performing 5:45 Activity with Hayley	8:00 Cards, Games, Puzzles, etc. are available. 8:00 Exercise Equipment available in the T.V. lounge 10:30 Activities with Marcia 1:30 Movie & Snack

Happy Birthday to
2/3 Patti Dwyer-Woods
2/11 Ronald Otterson

