

January 2026 - Assisted Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>NorBella PRIOR LAKE</p> <p>Schedule is subject to change.</p>	<p>EM Emotional SP Spark Performance IN Intellectual PH Physical VO Vocational SO Social SP Spiritual OT Other</p>	<p>Happy Birthday to 1/3 Mary Jane "MJ" Casey 1/10 Lang Le 1/20 Kathleen Schlangen</p>		<p>New Year's Day 1 9:15 SP Spiritual Eldercare 10:00 SO Bingo! 1:00 VO Craft: New Year's Collage! 3:00 IN New Year Documentary</p>	<p>10:00 PH Resident Led Exercise 2 1:30 SO Resident Choice: Card / Dice Games! 3:00 SO Winter Coloring</p>	<p>Adult Coloring & Table Games 3 Available in Activity Area Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available!</p>
<p>Adult Coloring & Table Games Available in Activity Area Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available!</p> <p>10:00 SP Church Service & Communion w/ Pastor Larry! 10:45 SP Bible Study w/ Pastor Larry! 1:30 SO Resident Led BINGO!</p>	<p>10:00 PH Chair Zumba! 5 10:30 IN Linked Senior Games & Trivia! 1:30 SO Yahtzee! 2:30 SO Movie Monday!</p>	<p>9:00 SP Communion w/ St. Michael's! 9:15 SP Spiritual Eldercare 10:00 PH Sit & Stretch! 10:45 SO Hangman! 1:30 SO Bingo! 3:00 IN Travel Tuesday!</p>	<p>10:00 PH Wii Wednesday! 6 11:00 EM Winter Storytelling! 1:00 PH Balance & Grip Strength Clinic w/ Aegis Therapies 10:45 SO Hangman! 1:30 SO Bingo! 2:30 SO Pokeno!</p>	<p>9:15 SP Spiritual Eldercare 8 10:00 SO Elvis Bingo! 11:00 EM Pet Therapy Visit w/ Cocoa! 1:00 SP Winter League Meeting (TRYathlon)! 2:00 IN Lifelong Learning & Root Beer Floats!</p>	<p>10:30 EM Manicures & Music! 9 3:00 SO January Birthday Celebration & Music w/ Joanne Bolles!</p>	<p>Adult Coloring & Table Games 10 Available in Activity Area Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available!</p>
<p>Adult Coloring & Table Games Available in Activity Area Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available!</p> <p>9:45 PH Sit & Stretch! 10:30 SO Bingo! 2:00 SO Resident Led Games</p>	<p>10:00 PH Chair Zumba! 12 10:30 SO Left Center Right 1:00 SP Coaches & Captain TRYathlon Meeting! 2:30 SO Movie Monday!</p>	<p>9:00 SP Communion w/ St. Michael's! 9:15 SP Spiritual Eldercare 10:30 SO Bingo! 1:00 SP TRYathlon Scrimmage! 2:00 IN Travel Tuesday!</p>	<p>10:00 PH Wii Wednesday! 13 11:00 IN Name That Tune! 1:30 SO Pokeno! 2:30 VO Winter Watercolor Craft! 2:00 IN Travel Tuesday!</p>	<p>9:15 SP Spiritual Eldercare 14 10:30 SO Freddy's Lunch Outing! 11:00 EM Pet Therapy Visit w/ Cocoa! 1:00 SP TRYathlon Scrimmage! 2:00 SO Bingo!</p>	<p>10:30 EM Manicures & Music! 15 1:00 SP TRYathlon Recap! 2:00 SO Hawaiian Luau & Music w/ Ukulady, Gigi!</p>	<p>Adult Coloring & Table Games 17 Available in Activity Area Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available!</p>
<p>Adult Coloring & Table Games Available in Activity Area Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available!</p> <p>10:00 SP Church Service w/ Pastor Larry! 10:45 SP Bible Study w/ Pastor Larry! 1:30 SO Resident Led BINGO!</p>	<p>Martin Luther King Jr. Day 19 10:00 PH Chair Zumba! 10:30 IN Linked Senior Games & Trivia! 1:30 SO Yahtzee! 2:30 SO Movie Monday!</p>	<p>9:00 SP Communion w/ St. Michael's! 9:15 SP Spiritual Eldercare 10:00 SO Resident Council Meeting! 10:30 SO Bingo! 1:00 SP TRYathlon! 2:00 VO Outing: Raptor Center Tour @ 3PM!</p>	<p>10:00 PH Wii Wednesday! 20 11:00 EM Winter Storytelling! 1:00 SO Pokeno! 2:00 EM Lifespark Annual Memorial!</p>	<p>9:15 SP Spiritual Eldercare 21 10:00 SO Bingo! 11:00 EM Pet Therapy Visit w/ Cocoa! 1:00 SP TRYathlon! 2:15 SO Left Center Right 3:15 IN My 2 Cents!</p>	<p>10:30 EM Manicures & Music! 22 1:00 SP TRYathlon Recap! 2:00 SO Hot Chocolate Social Hour!</p>	<p>Adult Coloring & Table Games 24 Available in Activity Area Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available!</p>
<p>Adult Coloring & Table Games Available in Activity Area Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available!</p> <p>9:45 PH Sit & Stretch! 10:30 SO Bingo! 2:00 SO Resident Led Games</p>	<p>10:00 PH Chair Zumba! 26 10:30 SO Left Center Right 1:30 IN Linked Senior Games & Trivia! 2:30 SO Movie Monday!</p>	<p>9:00 SP Communion w/ St. Michael's! 9:15 SP Spiritual Eldercare 10:00 SO Bingo! 11:00 VO Bingo Store! 1:00 SP TRYathlon! 2:00 IN Travel Tuesday!</p>	<p>10:00 PH Wii Wednesday! 27 11:00 IN Name That Tune! 1:30 SO Pokeno! 2:30 VO Winter Craft!</p>	<p>9:15 SP Spiritual Eldercare 28 10:00 SO Bingo! 11:00 EM Pet Therapy Visit w/ Cocoa! 1:00 SP TRYathlon! 2:00 SO Outing: Little Six / Mystic Lake Casino!</p>	<p>10:30 EM Manicures & Music! 29 1:00 SP TRYathlon Recap! 2:00 SO Music w/ Dale!</p>	<p>Adult Coloring & Table Games 31 Available in Activity Area Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available!</p>