


January 2026 - Assisted Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><p>Schedule is subject to change.</p></div>	<div><div>EM Emotional</div><div>SP Spark Performance</div><div>IN Intellectual</div><div>PH Physical</div><div>VO Vocational</div><div>SO Social</div><div>SP Spiritual</div><div>OT Other</div></div>	<div>Happy Birthday to 1/3 Mary Jane "MJ" Casey 1/10 Lang Le 1/20 Kathleen Schlangen</div>		<div>New Year's Day 1 9:15 SP Spiritual Eldercare 10:00 SO Bingo! 1:00 VO Craft: New Year's Collage! 3:00 IN New Year Documentary</div>	<div>10:00 PH Resident Led Exercise 2 1:30 SO Resident Choice: Card / Dice Games! 3:00 SO Winter Coloring</div>	<div>Adult Coloring & Table Games Available in Activity Area 3 Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available!</div>
<div>Adult Coloring & Table Games Available in Activity Area 4 Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available! 10:00 SP Church Service & Communion w/ Pastor Larry! 10:45 SP Bible Study w/ Pastor Larry! 1:30 SO Resident Led BINGO!</div>	<div>10:00 PH Chair Zumba! 5 10:30 IN Linked Senior Games & Trivia! 1:30 SO Yahtzee! 2:30 SO Movie Monday!</div>	<div>9:00 SP Communion w/ St. Michael's! 6 9:15 SP Spiritual Eldercare 10:00 PH Sit & Stretch! 10:45 SO Hangman! 1:30 SO Bingo! 3:00 IN Travel Tuesday!</div>	<div>10:00 PH Wii Wednesday! 7 11:00 EM Winter Storytelling! 1:00 PH Balance & Grip Strength Clinic w/ Aegis Therapies 2:30 SO Pokeno!</div>	<div>9:15 SP Spiritual Eldercare 8 10:00 SO Elvis Bingo! 11:00 EM Pet Therapy Visit w/ Cocoa! 1:00 SP Winter League Meeting (TRYathlon)! 2:00 IN Lifelong Learning & Root Beer Floats!</div>	<div>10:30 EM Manicures & Music! 9 3:00 SO January Birthday Celebration & Music w/ Joanne Bolles!</div>	<div>Adult Coloring & Table Games Available in Activity Area 10 Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available!</div>
<div>Adult Coloring & Table Games Available in Activity Area 11 Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available! 9:45 PH Sit & Stretch! 10:30 SO Bingo! 2:00 SO Resident Led Games</div>	<div>10:00 PH Chair Zumba! 12 10:30 SO Left Center Right 1:00 SP Coaches & Captain TRYathlon Meeting! 2:30 SO Movie Monday!</div>	<div>9:00 SP Communion w/ St. Michael's! 13 9:15 SP Spiritual Eldercare 10:30 SO Bingo! 1:00 SP TRYathlon Scrimmage! 2:00 IN Travel Tuesday!</div>	<div>10:00 PH Wii Wednesday! 14 11:00 IN Name That Tune! 1:30 SO Pokeno! 2:30 VO Winter Watercolor Craft!</div>	<div>9:15 SP Spiritual Eldercare 15 10:30 SO Freddy's Lunch Outing! 11:00 EM Pet Therapy Visit w/ Cocoa! 1:00 SP TRYathlon Scrimmage! 2:00 SO Bingo!</div>	<div>10:30 EM Manicures & Music! 16 1:00 SP TRYathlon Recap! 2:00 SO Hawaiian Luau & Music w/ Ukulady, Gigi!</div>	<div>Adult Coloring & Table Games Available in Activity Area 17 Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available!</div>
<div>Adult Coloring & Table Games Available in Activity Area 18 Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available! 10:00 SP Church Service w/ Pastor Larry! 10:45 SP Bible Study w/ Pastor Larry! 1:30 SO Resident Led BINGO!</div>	<div>Martin Luther King Jr. Day 19 10:00 PH Chair Zumba! 10:30 IN Linked Senior Games & Trivia! 1:30 SO Yahtzee! 2:30 SO Movie Monday!</div>	<div>9:00 SP Communion w/ St. Michael's! 20 9:15 SP Spiritual Eldercare 10:00 SO Resident Council Meeting! 10:30 SO Bingo! 1:00 SP TRYathlon! 2:00 VO Outing: Raptor Center Tour @ 3PM!</div>	<div>10:00 PH Wii Wednesday! 21 11:00 EM Winter Storytelling! 1:00 SO Pokeno! 2:00 EM Lifespark Annual Memorial!</div>	<div>9:15 SP Spiritual Eldercare 22 10:00 SO Bingo! 11:00 EM Pet Therapy Visit w/ Cocoa! 1:00 SP TRYathlon! 2:15 SO Left Center Right 3:15 IN My 2 Cents!</div>	<div>10:30 EM Manicures & Music! 23 1:00 SP TRYathlon Recap! 2:00 SO Hot Chocolate Social Hour!</div>	<div>Adult Coloring & Table Games Available in Activity Area 24 Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available!</div>
<div>Adult Coloring & Table Games Available in Activity Area 25 Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available! 9:45 PH Sit & Stretch! 10:30 SO Bingo! 2:00 SO Resident Led Games</div>	<div>10:00 PH Chair Zumba! 26 10:30 SO Left Center Right 1:30 IN Linked Senior Games & Trivia 2:30 SO Movie Monday!</div>	<div>9:00 SP Communion w/ St. Michael's! 27 9:15 SP Spiritual Eldercare 10:00 SO Bingo! 11:00 VO Bingo Store! 1:00 SP TRYathlon! 2:00 IN Travel Tuesday!</div>	<div>10:00 PH Wii Wednesday! 28 11:00 IN Name That Tune! 1:30 SO Pokeno! 2:30 VO Winter Craft!</div>	<div>9:15 SP Spiritual Eldercare 29 10:00 SO Bingo! 11:00 EM Pet Therapy Visit w/ Cocoa! 1:00 SP TRYathlon! 2:00 SO Outing: Little Six / Mystic Lake Casino!</div>	<div>10:30 EM Manicures & Music! 30 1:00 SP TRYathlon Recap! 2:00 SO Music w/ Dale!</div>	<div>Adult Coloring & Table Games Available in Activity Area 31 Exercise Equipment Available in TV Lounge 'Bored Board' Activities & Games Available!</div>