



Our Community Newsletter

Discover what's going on in our community.

Resident Birthdays

1/11 Mardene Eichhorn, Apt 135
1/16 Donna DeMars, Apt 126

Staff Birthdays

1/01 Edwina Giadya, HHA	1/04 Faith Cheaye, CNA
1/03 Bethany Swan, LE Dir.	1/13 Zipporah Ongeta, CNA
1/04 Kebeh Beyan, HHA	1/31 Beatrice Kindarara, CNA

Executive Director

Happy New Year! As we begin 2025, I want to thank you for being such an engaged and supportive community. I'm looking forward to another year of partnership and open communication. As a reminder, rent increase will take effect on January 1st. If you have any questions or would like to discuss this further, please don't hesitate to reach out—I'm always happy to connect.

I will be out on vacation December 25th through January 5th. During this time, please contact Garrett Bothun, Regional Director of Operations, at gbothun@lifespark.com for any immediate needs.

Additionally, Maintenance Director Alex will continue to be out on paternity leave, so we kindly ask that any maintenance concerns be directed to the other members of the leadership team during this time.

Lastly, I want to express my appreciation for the ongoing communication we receive from residents and families. Your feedback—both compliments and concerns—is incredibly valuable and helps us continue to support this community thoughtfully and effectively. We're always happy to hear your feedback and appreciate you sharing it with us. Keep the communication coming!

Wishing everyone a happy, healthy, and peaceful start to the new year!

A large, stylized, gold-colored text "Happy New Year" is centered on the page. The text is written in a flowing, cursive font with small gold stars and sparkles integrated into the letters. On either side of the text are two large, gold-colored fireworks or sparkler illustrations, one on the left and one on the right, both with radiating lines and small stars.

*Norbella Champlin offers space for Family Council Meetings each month.

Please reach out to Executive Director Megan Beck
(megan.beck@lifesparksl.com) if you would like additional information.

Nursing

We're excited to share a quick update from NorBella Champlin! We're currently working to fill a full-time nurse position dedicated to our Memory Care community, and we've already met with several wonderful, highly qualified candidates. It's been encouraging to see so much interest and experience from those who are passionate about this work. Our leadership team is taking great care in selecting the right fit—someone who brings strong clinical skills along with a warm, compassionate approach for our Memory Care residents. We're feeling very hopeful and look forward to welcoming a new nurse to our team in the coming weeks as we continue to support our residents and families with exceptional care.

Community Life

Happy New Year! 🎉 I wanted to share a schedule update as we head into January. I'll be out of town on January 1st–2nd, Friday the 16th, and January 25th–31st. That being said—never fear! We're packing the three middle weeks of the month full of fun, cozy, and creative activities. Think snowy crafts, warm and homey baking, a Dollar Tree shopping trip, and a tasty lunch outing to Pizza Ranch!

We're also bringing back our highly competitive TRYathlon challenge — and families are encouraged to join in on the fun! The holidays may be over, but things around here are anything but dull. I can't wait to kick off the new year with lots of laughter, creativity, and great memories together!



Resident Referral Program



Pick Your Neighbor

REFER A FRIEND TO NORBELLA CHAMPLIN & WHEN THEY MOVE IN

you
will receive \$500 off
one month's rent



your friend
will receive \$500 off
one month's rent

*friend must mention you during our first conversation



NorBella
CHAMPLIN

Culinary

Thank you all for making our Christmas dinner such a joyful and memorable celebration—it was truly our pleasure to prepare it for you! Seeing everyone gathered around the table enjoying good food and great company is what makes our work so rewarding.

As we step into the new year, we're looking forward to serving up many more delicious meals ahead. If you'd like to share your thoughts, ideas, or favorite dishes, please join us for our Food Committee meeting on January 8th at 10:00 AM. Your feedback helps us keep the menu fresh, flavorful, and just the way you like it.

Here's to a new year full of comfort food, smiling faces, and happy plates! 

Spiritual Life

A new year can be a time of joy and celebration, as we look back on all that has been and look forward to what lies ahead. At the same time, we may find ourselves carrying heaviness as we reflect on feelings of loss, loneliness, or worry about the future. This is part of being human – experiencing complicated and sometimes contradictory feelings. A wise person somewhere once said that when we share our joys we multiply them, and when we share our sorrows, we divide them. Living in community together affords us many opportunities to share our stories and memories, as well as to make new memories and build new stories together. In this new year, whatever has been and whatever will be, may you find companions among you who will receive your story. May you also be blessed as you receive the stories of others. May we find acceptance, affirmation, and belonging in community.

Life at a Glance



Management Directory

Executive Director: 763-235-2137

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Nursing Office: 763-235-2136

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Director of Sales & Marketing: 763-235-2131

Mindy Frost, mindy.frost@lifesparksl.com

Director of Community Life: 763-235-2138

Bethany Swan, bethany.swan@lifesparksl.com

Director of Maintenance, Alex Guck, alex.guck@lifesparksl.com

Director of Dining Services, David Garner, david.garner@lifesparksl.com

