


January 2026 - Assisted Living						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><p>Schedule is subject to change.</p></div>	DR Dining Room GR Game Room H The Hearth L Fireplace Lounge PN Puzzle Nook SH Spark Hall TVL TV Lounge	Happy Birthday to 1/7 Gerald Sterzinger 1/22 Nancy Strong		New Year's Day 1 10:30 Bible Study W/Kathy [DR] 12:00 New Years Activity Packet [L] 2:00 Snacks&Coloring [H] 3:00 Cards: Resident Choice [DR]	10:00 Exercise: Chair Zumba [SH] 2 11:00 Exercise: Chair Zumba [H] 1:00 Spark: Become a Gazelle [SH] 2:00 Snacks&Sing-Along [H] 3:00 Happy Hour [DR] 5:30 Movie Night: Thursday Murder Club [TVL]	10:00 Exercise: Light Stretching [SH] 3 10:30 UNO [H] 1:00 Ball Toss [H] 2:00 Puzzle Club [PN] 3:00 Poker Night [GR]
9:00 Walking Group [L] 4 10:00 Virtual Church Service W/Marsha [H] 1:00 Movie Matinee [TVL] 3:00 Adult Coloring [H]	10:00 Exercise: Light Weights [SH] 5 11:00 Exercise: Light Weights [H] 1:00 Manicures&Snacks [H] 3:00 Rummicube [GR] 4:15 Evening News [TVL]	10:00 Exercise: Therapy Ball [SH] 6 11:00 Exercise: Therapy Ball [H] 2:30 TimeSlips&Snack [H] 3:00 FARKLE! [GR] 4:15 Evening News [TVL]	10:00 Exercise: Light Weights [SH] 7 11:00 Exercise: Light Weights [H] 1:30 Live Music: J&J [DR] 3:00 Bingo [DR] 4:15 Evening News [TVL]	10:00 Exercise: Therapy Ball [SH] 8 10:30 Bible Study W/Kathy [DR] 11:00 Exercise: Therapy Ball [H] 2:00 LifeLong Learning [H] 2:30 Chef's Snack&Chats [DR] 3:00 Cards: Resident Choice [DR] 4:15 Evening News [TVL]	Law Enforcement Appr'n Day 9 10:00 Exercise: Chair Zumba [SH] 11:00 Exercise: Chair Zumba [H] 1:00 Law Enforcement Trivia [H] 2:00 Snacks&Sing-Along [H] 3:00 Happy Hour [DR] 4:15 Evening News [TVL] 5:30 Movie Night: NYAD [TVL]	10:00 Exercise: Light Stretching [SH] 10 10:30 UNO [H] 1:00 Ball Toss [H] 2:00 Puzzle Club [PN] 3:00 Poker Night [GR]
9:00 Walking Group [L] 11 10:00 Virtual Church Service W/Marsha [H] 1:00 Movie Matinee [TVL] 3:00 Adult Coloring [H]	Spirit Week: Occupation 12 10:00 Exercise: Light Weights [SH] 11:00 Exercise: Light Weights [H] 1:00 Manicures&Snacks [H] 3:00 Rummicube [GR] 4:15 Evening News [TVL]	Spirit Week: Childhood 13 10:00 Exercise: Therapy Ball [SH] 11:00 Exercise: Therapy Ball [H] 1:00 Spark: Walking [SH] 2:00 Flowers W/Angie [H] 3:00 FARKLE! [GR] 4:15 Evening News [TVL]	Spirit Week: Decade 14 10:00 Exercise: Light Weights [SH] 11:00 Exercise: Light Weights [H] 12:30 Outing: Target [L] 2:00 Puzzles&Snack [H] 3:00 Bingo [DR] 4:15 Evening News [TVL] 6:00 Family Council [TVL]	Spirit Week: Classic Character 15 10:00 Exercise: Therapy Ball [SH] 10:30 Bible Study W/Kathy [DR] 11:00 Exercise: Therapy Ball [H] 1:00 Spark: Cranking [SH] 2:00 Walker Clinic W/Liberty [DR] 3:00 Cards: Resident Choice [DR] 4:15 Evening News [TVL]	Spirit Week: Dress Your Best 16 10:00 Exercise: Chair Zumba [SH] 11:00 Exercise: Chair Zumba [H] 1:00 Really Big Show 2:00 Snack&Sing-Along [H] 3:00 Happy Hour [DR] 4:15 Evening News [TVL] 5:30 Movie Night: Cast Away [TVL]	10:00 Exercise: Light Stretching [SH] 17 10:30 UNO [H] 1:00 Ball Toss [H] 2:00 Puzzle Club [PN] 3:00 Poker Night [GR]
9:00 Walking Group [L] 18 10:00 Virtual Church Service W/Marsha [H] 1:00 Movie Matinee [TVL] 3:00 Adult Coloring [H]	Martin Luther King Jr. Day 19 10:00 Exercise: Light Weights [SH] 11:00 Exercise: Light Weights [H] 1:00 Manicures&Snacks [H] 3:00 Rummicube [GR] 4:15 Evening News [TVL]	10:00 Exercise: Therapy Ball [SH] 20 11:00 Exercise: Therapy Ball [H] 1:00 Spark: Walking [SH] 2:30 TimeSlips&Snack [H] 3:00 FARKLE! [GR] 4:15 Evening News [TVL]	10:00 Exercise: Light Weights [SH] 21 11:00 Exercise: Light Weights [H] 1:00 Live Music: Vinnie Rose [DR] 2:00 Annual Memorial Service [DR] 3:00 Bingo [DR] 4:15 Evening News [TVL] 5:00 Resident Council [TVL]	10:00 Exercise: Therapy Ball [SH] 22 10:30 Bible Study W/Kathy [DR] 11:00 Exercise: Therapy Ball [H] 1:00 Spark: Cranking [SH] 2:00 Crafts W/Kassie [DR] 3:00 Cards: Resident Choice [DR] 4:15 Evening News [TVL]	10:00 Exercise: Chair Zumba [SH] 23 11:00 Exercise: Chair Zumba [H] 1:00 Really Big Show 2:00 Snacks&Sing-Along [H] 3:00 Birthday Party [DR] 4:15 Evening News [TVL] 5:30 Movie Night: As Good As It Gets [TVL]	10:00 Exercise: Light Stretching [SH] 24 10:30 UNO [H] 1:00 Ball Toss [H] 2:00 Puzzle Club [PN] 3:00 Poker Night [GR]

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9:00 Walking Group [L] 10:00 Virtual Church Service W/Marsha [H] 1:00 Movie Matinee [TVL] 3:00 Adult Coloring [H]	10:00 Exercise: Light Weights [SH] 11:00 Exercise: Light Weights [H] 12:30 Outing: Quilted Treasures Fabric [L] 1:00 Manicures&Snacks [H] 3:00 Rummicube [GR] 4:15 Evening News [TVL]	10:00 Exercise: Therapy Ball [SH] 11:00 Exercise: Therapy Ball [H] 1:00 Spark: Walking [SH] 2:30 TimeSlips&Snack [H] 3:00 FARKLE! [GR] 4:15 Evening News [TVL]	10:00 Exercise: Light Weights [SH] 11:00 Exercise: Light Weights [H] 2:00 Puzzles&Snack [H] 3:00 Bingo [DR] 4:15 Evening News [TVL]	10:00 Exercise: Therapy Ball [SH] 10:30 Bible Study W/ Kathy [DR] 11:00 Exercise: Therapy Ball [H] 1:00 Spark: Cranking [SH] 2:00 Art&Snacks [H] 2:30 Winter Wonderland Tea Party W/Traci 4:15 Evening News [TVL]	10:00 Exercise: Chair Zumba [SH] 11:00 Exercise: Chair Zumba [H] 1:00 Really Big Show 2:00 Snacks&Sing-Along [H] 3:00 Happy Hour [DR] 4:15 Evening News [TVL] 5:30 Movie Night: Ghost [TVL]	10:00 Exercise: Light Stretching [SH] 10:30 UNO [H] 1:00 Ball Toss [H] 2:00 Puzzle Club [PN] 3:00 Poker Night [GR]