

January 2026 - The Hearth

| Sunday                                                                                                                                                                                                 | Monday                                                                                                                                                                                                                   | Tuesday                                                                                                                                                                                                                                      | Wednesday                                                                                                                                                                                                                           | Thursday                                                                                                                                                                                                                                                                                                        | Friday                                                                                                                                                                                                                                                                                     | Saturday                                                                                                                                                 |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div><p>Schedule is subject to change.</p></div>                                                                      | DR Dining Room<br>GR Game Room<br>H The Hearth<br>L Lobby<br>SH Spark Hall<br>TVL TV Lounge                                                                                                                              | Happy Birthday to<br>1/7 Gerald Sterzinger<br>1/22 Nancy Strong                                                                                                                                                                              |                                                                                                                                                                                                                                     | New Year's Day 1<br>10:30 Bible Study W/Kathy [DR]<br>11:30 Oshibori [H]<br>2:00 Snacks&Coloring [H]<br>3:00 Cards: Resident Choice [DR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H]                                                                                                                          | 8:45 Care & Confidence [H] 2<br>11:00 Exercise: Chair Zumba [H]<br>11:30 Oshibori [H]<br>2:00 Snacks&Sing-Along [H]<br>3:00 Happy Hour [DR]<br>4:30 Oshibori [H]<br>4:30 Evening News [H]<br>5:30 Movie Night: Thursday Murder Club [TVL]                                                  | 10:00 Exercise: Light Stretching [SH] 3<br>10:30 UNO [H]<br>11:30 Oshibori [H]<br>1:00 Ball Toss [H]<br>4:30 Oshibori [H]                                |
| 9:00 Walking Group [L] 4<br>10:00 Virtual Church Service W/Marsha [H]<br>11:30 Oshibori [H]<br>1:00 Movie Matinee [TVL]<br>3:00 Adult Coloring [H]<br>4:30 Oshibori [H]                                | 8:45 Care & Confidence [H] 5<br>11:00 Exercise: Light Weights [H]<br>11:30 Oshibori [H]<br>1:00 Manicures&Snacks [H]<br>3:00 Rummicube [GR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H]                                | 8:45 Care & Confidence [H] 6<br>11:00 Exercise: Therapy Ball [H]<br>11:30 Oshibori [H]<br>2:30 TimeSlips&Snack [H]<br>3:00 FARKLE! [GR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H]                                                        | 8:45 Care & Confidence [H] 7<br>11:00 Exercise: Light Weights [H]<br>11:30 Oshibori [H]<br>1:30 Live Music: J&J [DR]<br>3:00 Bingo [DR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H]                                               | 8:45 Care & Confidence [H] 8<br>10:30 Bible Study W/Kathy [DR]<br>11:00 Exercise: Therapy Ball [H]<br>11:30 Oshibori [H]<br>2:00 LifeLong Learning [H]<br>2:30 Chef's Snack&Chats [DR]<br>3:00 Cards: Resident Choice [DR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H]                                        | Law Enforcement Appr'n Day 9<br>8:45 Care & Confidence [H]<br>11:00 Exercise: Chair Zumba [H]<br>11:30 Oshibori [H]<br>1:00 Law Enforcement Trivia [H]<br>2:00 Snacks&Sing-Along [H]<br>3:00 Happy Hour [DR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H]<br>5:30 Movie Night: NYAD [TVL] | 8:45 Care & Confidence [H] 10<br>10:00 Exercise: Light Stretching [SH]<br>10:30 UNO [H]<br>11:30 Oshibori [H]<br>1:00 Ball Toss [H]<br>4:15 Oshibori [H] |
| 8:45 Care & Confidence [H] 11<br>9:00 Walking Group [L]<br>10:00 Virtual Church Service W/Marsha [H]<br>11:30 Oshibori [H]<br>1:00 Movie Matinee [TVL]<br>3:00 Adult Coloring [H]<br>4:30 Oshibori [H] | Spirit Week: Occupation 12<br>8:45 Care & Confidence [H]<br>11:00 Exercise: Light Weights [H]<br>11:30 Oshibori [H]<br>1:00 Manicures&Snacks [H]<br>3:00 Rummicube [GR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H]    | Spirit Week: Childhood 13<br>8:45 Care & Confidence [H]<br>11:00 Exercise: Therapy Ball [H]<br>11:30 Oshibori [H]<br>1:00 Spark: Walking [SH]<br>2:00 Flowers W/Angie [H]<br>3:00 FARKLE! [GR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H] | Spirit Week: Decade 14<br>8:45 Care & Confidence [H]<br>11:00 Exercise: Light Weights [H]<br>11:30 Oshibori [H]<br>2:00 Puzzles&Snack [H]<br>3:00 Bingo [DR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H]                          | Spirit Week: Classic Character 15<br>8:45 Care & Confidence [H]<br>10:30 Bible Study W/Kathy [DR]<br>11:00 Exercise: Therapy Ball [H]<br>11:30 Oshibori [H]<br>1:00 Spark: Cranking [SH]<br>2:00 Walker Clinic W/Liberty [DR]<br>3:00 Cards: Resident Choice [DR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H] | Spirit Week: Dress Your Best 16<br>8:45 Care & Confidence [H]<br>11:00 Exercise: Chair Zumba [H]<br>11:30 Oshibori [H]<br>1:00 Really Big Show<br>2:00 Snack&Sing-Along [H]<br>3:00 Happy Hour [DR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H]<br>5:30 Movie Night: Cast Away [TVL]     | 8:45 Care & Confidence [H] 17<br>10:00 Exercise: Light Stretching [SH]<br>10:30 UNO [H]<br>11:30 Oshibori [H]<br>1:00 Ball Toss [H]<br>4:15 Oshibori [H] |
| 8:45 Care & Confidence [H] 18<br>9:00 Walking Group [L]<br>10:00 Virtual Church Service W/Marsha [H]<br>11:30 Oshibori [H]<br>1:00 Movie Matinee [TVL]<br>3:00 Adult Coloring [H]<br>4:30 Oshibori [H] | Martin Luther King Jr. Day 19<br>8:45 Care & Confidence [H]<br>11:00 Exercise: Light Weights [H]<br>11:30 Oshibori [H]<br>1:00 Manicures&Snacks [H]<br>3:00 Rummicube [GR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H] | 8:45 Care & Confidence [H] 20<br>11:00 Exercise: Therapy Ball [H]<br>11:30 Oshibori [H]<br>1:00 Spark: Walking [SH]<br>2:30 TimeSlips&Snack [H]<br>3:00 FARKLE! [GR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H]                           | 8:45 Care & Confidence [H] 21<br>11:00 Exercise: Light Weights [H]<br>11:30 Oshibori [H]<br>1:00 Live Music: Vinnie Rose [DR]<br>2:00 Annual Memorial Service [DR]<br>3:00 Bingo [DR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H] | 8:45 Care & Confidence [H] 22<br>10:30 Bible Study W/Kathy [DR]<br>11:00 Exercise: Therapy Ball [H]<br>11:30 Oshibori [H]<br>1:00 Spark: Cranking [SH]<br>2:00 Crafts W/Kassie [DR]<br>3:00 Cards: Resident Choice [DR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H]                                           | 8:45 Care & Confidence [H] 23<br>11:00 Exercise: Chair Zumba [H]<br>11:30 Oshibori [H]<br>1:00 Really Big Show<br>2:00 Snacks&Sing-Along [H]<br>3:00 Birthday Party [DR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H]<br>5:30 Movie Night: As Good As It Gets [TVL]                       | 8:45 Care & Confidence [H] 24<br>10:00 Exercise: Light Stretching [SH]<br>10:30 UNO [H]<br>11:30 Oshibori [H]<br>1:00 Ball Toss [H]<br>4:15 Oshibori [H] |

| Sunday                                                                                                                                                                                                         | Monday                                                                                                                                                                                                       | Tuesday                                                                                                                                                                                                                          | Wednesday                                                                                                                                                                                         | Thursday                                                                                                                                                                                                                                                                                      | Friday                                                                                                                                                                                                                                                                          | Saturday                                                                                                                                                        |
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| 8:45 Care & Confidence [H] <b>25</b><br>9:00 Walking Group [L]<br>10:00 Virtual Church Service W/ Marsha [H]<br>11:30 Oshibori [H]<br>1:00 Movie Matinee [TVL]<br>3:00 Adult Coloring [H]<br>4:30 Oshibori [H] | 8:45 Care & Confidence [H] <b>26</b><br>11:00 Exercise: Light Weights [H]<br>11:30 Oshibori [H]<br>1:00 <b>Manicures&amp;Snacks [H]</b><br>3:00 Rummicube [GR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H] | 8:45 Care & Confidence [H] <b>27</b><br>11:00 Exercise: Therapy Ball [H]<br>11:30 Oshibori [H]<br>1:00 <b>Spark: Walking [SH]</b><br>2:30 TimeSlips&Snack [H]<br>3:00 FARKLE! [GR]<br>4:30 Evening News [H]<br>4:30 Oshibori [H] | 8:45 Care & Confidence [H] <b>28</b><br>11:00 Exercise: Light Weights [H]<br>11:30 Oshibori [H]<br>2:00 Puzzles&Snack [H]<br>3:00 <b>Bingo [DR]</b><br>4:30 Evening News [H]<br>4:30 Oshibori [H] | 8:45 Care & Confidence [H] <b>29</b><br>10:30 Bible Study W/ Kathy [DR]<br>11:00 Exercise: Therapy Ball [H]<br>11:30 Oshibori [H]<br>1:00 <b>Spark: Cranking [SH]</b><br>2:00 Art&Snacks [H]<br>2:30 <b>Winter Wonderland Tea Party W/Traci</b><br>4:30 Evening News [H]<br>4:30 Oshibori [H] | 8:45 Care & Confidence [H] <b>30</b><br>11:00 Exercise: Chair Zumba [H]<br>11:30 Oshibori [H]<br>1:00 <b>Really Big Show</b><br>2:00 Snacks&Sing-Along [H]<br>3:00 <b>Happy Hour [DR]</b><br>4:30 Evening News [H]<br>4:30 Oshibori [H]<br>5:30 <b>Movie Night: Ghost [TVL]</b> | 8:45 Care & Confidence [H] <b>31</b><br>10:00 Exercise: Light Stretching [SH]<br>10:30 UNO [H]<br>11:30 Oshibori [H]<br>1:00 Ball Toss [H]<br>4:15 Oshibori [H] |