


December 2025 - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday to 12/7 114 Betty 114 Fischer	10:00 <span>SP</span> Catholic Mass (TV) and Communion <b>1</b> 11:30 <span>PH</span> Chair Aerobics 2:30 <span>EM</span> Music with Kristin	11:30 <span>PH</span> Seated Stretches <b>2</b> 1:00 <span>SP</span> Deep Dive "Lifeguard" Training 3:00 <span>SO</span> Candy Bingo	10:00 <span>EM</span> "Gabbing Gals" with Peggy <b>3</b> 1:00 <span>SP</span> Spark Challenge 3:00 <span>SO</span> Holiday Happy Hour	10:00 <span>VO</span> Food Committee Meeting <b>4</b> 11:00 <span>VO</span> Resident Council Meeting 2:00 <span>IN</span> Lifelong Learning 3:00 <span>IN</span> Grief & Loss Hospice Presentation	10:30 <span>EM</span> Pet Visits with Gus & Ranger <b>5</b> 11:30 <span>PH</span> Sit and Be Fit with Bethany 1:00 <span>SP</span> Spark Challenge Results Show	<span>SO</span> Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area <b>6</b>
Betty Fischer's Birthday! <span>SO</span> <b>7</b> Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area	10:00 <span>SP</span> Catholic Mass (TV) and Communion <b>8</b> 11:30 <span>PH</span> Chair Aerobics 2:30 <span>EM</span> Music with Kristin [MC]	10:00 <span>SP</span> Protestant Church Service <b>9</b> 11:30 <span>PH</span> Seated Stretches 3:00 <span>SO</span> Candy Bingo	10:00 <span>EM</span> "Gabbing Gals" with Peggy <b>10</b> 11:30 <span>PH</span> Range of Motion Exercise 3:00 <span>IN</span> Health Care Directives & POAs with Bolt Law Firm	10:30 <span>PH</span> Chair Yoga with Allison <b>11</b> 1:00 <span>EM</span> Movie Matinee: Christmas Vacation 3:30 <span>VO</span> Crafternoon: Floating Candles	10:30 <span>EM</span> Pet Visits with Gus & Ranger <b>12</b> 11:30 <span>PH</span> Sit and Be Fit with Bethany 5:30 <span>VO</span> Holiday Lights Bus Tour	<span>SO</span> Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area <b>13</b>
<span>SO</span> Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area <b>14</b>	10:00 <span>SP</span> Catholic Mass (TV) and Communion <b>15</b> 11:30 <span>PH</span> Chair Aerobics 2:30 <span>EM</span> Music with Kristin [MC] 3:30 <span>IN</span> Coffee with Megan	11:30 <span>PH</span> Seated Stretches <b>16</b> 3:00 <span>SO</span> Candy Bingo 6:00 <span>EM</span> Girl Scouts Caroling!	10:00 <span>EM</span> "Gabbing Gals" with Peggy <b>17</b> 11:00 <span>SP</span> Church with Pastor Cullen 3:00 <span>SO</span> Nutcracker Performance by North Ballet 6:00 <span>EM</span> Pet Visits	11:30 <span>PH</span> Chair Yoga <b>18</b> 2:00 <span>VO</span> Bus Outing: Shopping at Target (Coon Rapids) 4:15 <span>EM</span> Rest & Relaxation	10:30 <span>EM</span> Pet Visits with Gus & Ranger <b>19</b> 11:30 <span>PH</span> Sit and Be Fit with Bethany 5:30 <span>SO</span> Family Holiday Party with Santa!	<span>SO</span> Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area <b>20</b>
<span>SO</span> Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area <b>21</b>	10:00 <span>SP</span> Catholic Mass (TV) and Communion <b>22</b> 11:30 <span>PH</span> Chair Aerobics 2:30 <span>EM</span> Music with Kristin [MC]	10:00 <span>SP</span> Christmas Church Service (TV) <b>23</b> 11:30 <span>PH</span> Seated Stretches 3:00 <span>SO</span> Holiday Music Bingo	Christmas Eve <b>24</b> 10:00 <span>EM</span> "Gabbing Gals" with Peggy 11:30 <span>PH</span> Santa Stretches 2:00 <span>VO</span> Cookie Dough Cutting 3:30 <span>VO</span> Cookie Decorating!	Christmas Day <b>25</b>	Kwanzaa <b>26</b> 10:30 <span>EM</span> Pet Visits with Gus & Ranger 11:30 <span>PH</span> Sit and Be Fit with Bethany 3:00 <span>SO</span> Prize Bingo	<span>SO</span> Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area <b>27</b>
<span>SO</span> Exercise Equipment in TV Lounge, Table Games & Adult Coloring Available in Activity Area <b>28</b>	10:00 <span>SP</span> Catholic Mass (TV) and Communion <b>29</b> 11:30 <span>PH</span> Chair Aerobics 4:00 <span>SO</span> Jimmy's Gentleman's Club	10:00 <span>SP</span> Church Service (TV) <b>30</b> 11:30 <span>PH</span> Seated Stretches 3:00 <span>SO</span> Candy Bingo	New Year's Eve <b>31</b> 10:00 <span>EM</span> "Gabbing Gals" with Peggy 12:00 <span>SO</span> Noon-Years Eve Cheers! 4:00 <span>IN</span> Heart to Heart Visits with Bethany	<div><div><div><span>EM</span> Emotional</div><div><span>IN</span> Intellectual</div><div><span>PH</span> Physical</div><div><span>VO</span> Vocational</div><div><span>SO</span> Social</div><div><span>SP</span> Spiritual</div></div><div>MC Memory Care</div></div> <div>Schedule is subject to change.</div>		