November 2025 - Memory Care Sappy Thanksgiving						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Betty Powley's Birthday! 30 Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request	NorBella CHAMPLIN November continued	EM Emotional  IN Intellectual  PH Physical  VO Vocational  SO Social  SP Spiritual	AL Assisted Living	Happy Birthday to 11/7 123 Marlys 123 Kopen 11/15 105 Sharon 105 Blackhawk 11/30 102 Betty 102 Powley		Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request
Daylight Saving Time Ends - Set Your Clocks Back 1 Hour! Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request	10:00 SP Catholic Mass (TV) and Communion 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin [AL] 3:30 SO Timeless TV Reruns	10:00 IN Daily Chronicles 4 10:15 PH Seated Stretches 10:30 VO Reminisce Thanksgiving Food 1:00 SP Deep Dive "Lifeguard" Training 3:00 SO Candy Bingo	10:00 IN Daily Chronicles 5 10:15 PH Chair Yoga 10:30 SP Church Service (TV) 1:00 SP Spark Challenge 2:30 SO Gratefulness Tree Leaves	10:00 IN Daily Chronicles 10:15 VO Resident Council Meeting 2:00 IN Lifelong Learning 3:30 PH Cardio Drumming 5:30 SO Thursday Night Football Rerun	Marlys' Birthday!  9:45 IN Daily Chronicles  10:00 EM Pet Visits  10:30 PH Sit & Be Fit  1:00 SP Spark Challenge Results Show  3:00 SO Fill in the Cornucopia Art	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request
Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request	10:00 SP Catholic Mass (TV) and Communion 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin 3:30 SO Timeless TV Reruns	Veterans Day 10:00 IN Daily Chronicles 10:15 PH Seated Stretches 11:00 SP Veterans Recognition Service 1:00 SP Deep Dive "Lifeguard" Training 3:00 SO November Trivia	10:00 IN Daily Chronicles 10:30 PH Chair Yoga with Allison 11:30 EM Sing-A-Long 1:00 SP Spark Challenge 3:00 SO Candy Bingo	10:00 IN Daily Chronicles 13 10:15 PH Walkin' and Rollin' Club 10:30 EM November Pair-Up 2:30 VO Bus Outing: Eastman Nature Center 5:30 SO Thursday Night Football Rerun	9:45 IN Daily Chronicles 14  10:00 EM Pet Visits with Ranger & Gus  10:30 PH Sit & Be Fit  1:00 SP Spark Challenge Results Show  3:00 IN Fire Safety Training with Alex	Sharon's Birthday!  Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request
Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request	10:00 SP Catholic Mass (TV) and Communion 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin 3:30 SO Timeless TV Reruns	10:00 IN Daily Chronicles 10:15 PH Seated Stretches 10:30 EM Thanksgiving Family Feud 1:00 SP Deep Dive "Lifeguard" Training 3:00 SO Candy Bingo	10:00 IN Daily Chronicles 19 11:00 SP Church & Communion with Pastor Cullen 1:00 SP Spark Challenge 3:30 PH Cardio Drumming 6:30 EM Pet Visits with Jax & Claire	10:00 EM Morning Movie 20 11:30 VO Lunch Outing: Dehn's Country Manor 2:00 SP Church Service (TV) 3:00 PH Walkin' & Rollin Club 5:30 SO Thursday Night Football Rerun	9:45 IN Daily Chronicles 21  10:00 EM Pet Visits with Ranger & Gus  10:30 PH Sit & Be Fit  1:00 SP Spark Challenge Results Show  2:00 IN Walker & Wheelchair Clinic	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request
Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request	10:00 SP Catholic Mass (TV) and Communion 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin 4:00 SO Jimmy's Gentleman's Club	10:00 IN Daily Chronicles 10:15 PH Seated Stretches 10:30 EM True or "Fowl" Game 3:00 SO November Birthday Party with The Floras 4:30 SP Rest & Relaxation	10:00 N Daily Chronicles 10:15 PH Turkey Training 10:30 EM Thanksgiving A-Z 2:00 VO Let's Make: Thanksgiving Treats 5:30 SO Thanksgiving Classic Football Rerun	Thanksgiving Day 27	Day after Thanksgiving Day 9:45 IN Daily Chronicles 10:00 EM Pet Visits with Ranger & Gus 10:30 PH Sit & Be Fit 3:00 SO Prize Bingo	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request  Continued at top