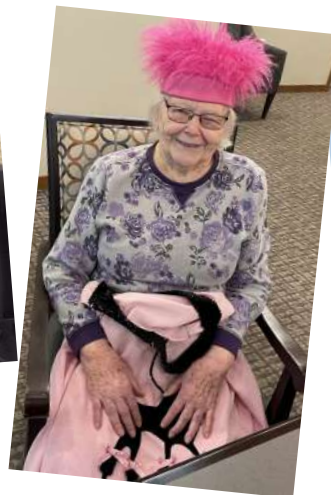




## NorBella News!

*October 2025*



**Discover a Warm and Caring Home at Norbella  
– Memory Care Openings Available**

*If you have a loved one in search of a beautiful and supportive home, I invite you to consider Norbella. We are proud to offer a compassionate, enriching environment where every resident is treated like family. At NorBella, we provide both Assisted Living and Memory Care services, each thoughtfully tailored to meet the unique needs of every individual. Our mission is to ensure comfort, security, and a high quality of life through personalized care that supports independence and dignity.*

*With a dedicated and experienced team, we create a vibrant community where meaningful relationships flourish, and engaging activities fill each day with purpose and joy. Most importantly, we want every resident—and their family—to feel truly at home. Currently, we have 3 openings in our Memory Care community. I would be honored to personally show you around and answer any questions you may have. Feel free to contact me directly at 763-235-8151 or email me at vince.price@lifesparksll.com for more information or to schedule your visit.*

Warm regards,  
Vince Price  
Community Sales and Marketing Director  
Norbella Senior Living

**PODIATRY VISIT:  
Thursday, October 30th**



**5th - Bob S.**

**Welcome to NorBella!**

Miguel, Chef  
Parker, Chef

**Follow us on Facebook!**



**UPCOMING OUTINGS:****Wednesday, October 8th - 2:15PM***Fall Scenic Drive & Dairy Queen!***Thursday, October 16th - 1:30PM***TWOcan Bike Rides @ NorBella!***Tuesday, October 28th - 12:30PM***Ferguson's Orchards!**\*Bring Money\**

- **Resident Council Meeting**  
-Thursday, October 16th - 9:45AM
- **Bingo Store:**  
-Tuesday, October 14th - 11AM
- **Church Service & Bible Study w/ Pastor Larry:**  
-Sunday, October 5th - 10AM  
-Sunday, October 19th - 10AM
- **Pet Therapy Visit w/ Cocoa:**  
-Weekly on Thursdays at 11AM
- **Pet Therapy Visit w/ Willow:**  
-Friday, October 3rd - 10:30AM
- **Fraud Prevention Education & Bingo w/ Holli:**  
-Wednesday, October 29th - 2PM

**\*REMINDER:**

**St. Michael's will be joining us every Tuesday at 9AM in the dining room for communion. Please be present at 9AM.**  
**Thank you!**

**UPCOMING EVENTS:****Thursday, October 2nd - 2PM****Music w/ Jim!****Thursday, October 9th - 3PM****Music w/ Joanne!****Tuesday, October 21st - 2:30PM****Oktoberfest Celebration  
& Music w/ Norma!****Thursday, October 23rd - 2PM****October Birthday Celebration  
& Music w/ Bjorn!****Thursday, October 30th - 1:30PM****Music w/ Red Hat Chorus!****Friday, October 31st - 2PM****Halloween Party: Costume Contest,  
Games & Treats!****BONFIRE & SMORES:****Thursday, October 9th - 5:45PM**

## Note from Lifespark Chaplain:

Gratitude in Troubled Times (adapted from Chaplain K. McCauley)

We certainly speak often about the importance of gratitude. And yet, so often social distress might hinder our ability feel grateful. Knowing that societal discord is a common occurrence in history, let us turn our attention to the holy people of history to help show us the way of hope and grace.

We see with D. Bonhoeffer in concentration camp WWII, M. Gandhi in British Rule & oppression, N. Mandela in South Africa Apartheid and MLK, Jr's work for civil rights in the United States, that God's grace can be found in unrest. The gratitude we have at these times, comes from knowing that God with us. The Divine Presence is with us, even if at times we might have to look harder, forgive more or abandon our judgement to keep our awareness of this Presence alive and well. But at the end of each day our gratitude will be that we know who we are in the eyes of God and that God walks with us always.

## SPARK PERFORMANCES

Our next Spark Challenge, Quiz Show, is starting this month! Please join us on Tuesday, October 7th at 1PM for our initial meeting to our new challenge!

Tuesdays at 1PM, we will 'Deep Dive' with Dr. Bill!

Wednesdays at 1PM we will use the information we learned & take a QUIZ, as well as a physical test (walking, arm/ leg crank).



- What kind of underwear do mummies buy?
- Fruit of the tomb!
- Why do ghosts go on diets?
- So they can keep their ghoulish figures!
- How do you know if a mummy is sick?
- He can't stop coffin!

### ***'Mindful Moments - Reflection & Spiritual Growth'***

*This month we are going to focus on exploring our spirituality. Take a look at the calendar and join us for communion, spiritual eldercare, and time with Pastor Larry on September 5th & 19th at 10AM!*



# Autumn

## WORD SEARCH



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- ACORN
- BONFIRE
- CANDLE
- HALLOWEEN
- APPLE PIE

- CHESTNUT
- HARVEST
- SWEATER
- CORN
- RAKE

- SCARF
- PUMPKIN
- CIDER
- PUDDLE
- SCARECROW

