


October 2025 - Assisted Living						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Schedule is subject to change.</p>	Happy Birthday to 10/5 Diane Lightbody 10/12 Arthur Godfrey 10/22 Elizabeth Meyer James		9:15 Chair Exercise with Jules 1 10:00 BINGO 11:00 St. Genevieve Catholic Mass 11:45 Communion 2:00 Midweek Matinee - Practical Magic 4:00 Coffee & Daily Chronicle	9:15 Chair Exercise with Jules 2 10:00 Duck Race 11:00 Game with Linda 2:15 Pine Tree Apple Orchard Trip 4:00 Scenic Relaxation	9:40 Zumba - Exercise 3 10:15 Trivia 11:00 BINGO 2:00 Sing along in the T.V. lounge 4:00 Scenic Relaxation	8:00 Cards, Puzzles, Games, etc. are available 4 8:00 Exercise equipment available in the T.V. lounge 1:30 Movie & Snack
8:00 Cards, Puzzles, Games, etc. are available 5 8:00 Exercise equipment available in the T.V. lounge 9:00 Church Service on T.V.	9:45 Hymn's with Jim 6 10:15 Sit & Be Fit 11:00 Bingo 2:30 Manicures 4:00 Coffee & The Daily Chronicle	9:30 Morning Stretches 7 10:15 Garden Tour on YouTube 11:15 UNO 1:00 Spark Challenge Quiz Show 3:00 Card Groups 4:00 Coffee & The Daily Chronicle	9:40 Chair Exercise 8 10:15 Mini Massages & Scenic Relaxation 11:00 BINGO with Brenda 11:00 Communion 1:00 Spark Challenge Competition 3:00 Fall Leaves Craft 4:00 Coffee & Daily Chronicle	9:15 Chair Exercise with Jules 9 10:00 Linked Sr. Games 11:00 Game with Linda 2:00 Resident Council 4:00 Coffee & The Daily Chronicle	9:40 Zumba - Exercise 10 10:15 Funny Videos 11:00 BINGO 1:00 Spark Results Show 2:30 Auction Time with Kim 4:00 Scenic Relaxation	8:00 Cards, Puzzles, Games, etc. are available 11 8:00 Exercise equipment available in the T.V. lounge 10:00 Activities with Brenda 1:30 Movie & Snack
8:00 Cards, Puzzles, Games, etc. are available 12 8:00 Exercise equipment available in the T.V. lounge 9:00 Church Service on T.V.	Columbus Day 13 9:45 Hymn's with Jim 10:15 Sit & Be Fit 11:00 Bingo 2:30 Manicures 4:00 Coffee & The Daily Chronicle	9:30 Morning Stretches 14 10:15 Armchair Travel to Savannah Georgia 11:15 Quick Pick 1:00 Spark Challenge Quiz Show 3:00 Card Groups 4:00 Coffee & The Daily Chronicle	9:40 Chair Exercise 15 10:15 Mini Massages & Scenic Relaxation 11:00 BINGO with Brenda 11:00 Communion 1:00 Spark Challenge Competition 2:00 Midweek Matinee - Ghost Busters 4:00 Coffee & Daily Chronicle	9:15 Chair Exercise with Jules 16 10:00 6 Squares 11:00 Game with Linda 2:15 Ross dress for less outing 4:00 Scenic Relaxation 5:30 Bonfire & Smores	9:40 Zumba - Exercise 17 10:15 Trivia 11:00 BINGO 1:00 Spark Results Show 2:30 Music by Charles 4:00 Scenic Relaxation	8:00 Cards, Puzzles, Games, etc. are available 18 8:00 Exercise equipment available in the T.V. lounge 1:30 Movie & Snack
8:00 Cards, Puzzles, Games, etc. are available 19 8:00 Exercise equipment available in the T.V. lounge 9:00 Church Service on T.V.	9:45 Hymn's with Jim 20 10:15 Sit & Be Fit 11:00 Bingo 2:30 Manicures 4:00 Coffee & The Daily Chronicle	9:30 Morning Stretches 21 10:15 Cooking Show 11:15 Yahtzee 1:00 Spark Challenge Quiz Show 3:00 Card Groups 4:00 Coffee & The Daily Chronicle	9:40 Chair Exercise 22 10:15 Mini Massages & Scenic Relaxation 11:00 BINGO with Brenda 11:00 Communion 1:00 Spark Challenge Competition 2:00 Holly the Alpaca visit 4:00 Coffee & Daily Chronicle	9:15 Chair Exercise with Jules 23 10:00 Linked Sr. Games 11:00 Game with Linda 2:00 Spelling Bee 4:00 Coffee & The Daily Chronicle	9:40 Zumba - Exercise 24 10:15 Funny Videos 11:00 BINGO 1:00 Spark Results Show 2:30 NorBella's 3rd Birthday Celebration & Open House Ross McLeod performing 4:00 Scenic Relaxation	8:00 Cards, Puzzles, Games, etc. are available 25 8:00 Exercise equipment available in the T.V. lounge 10:00 Activities with Marcia 1:30 Movie & Snack
8:00 Cards, Puzzles, Games, etc. are available 26 8:00 Exercise equipment available in the T.V. lounge 9:00 Church Service on T.V.	9:45 Hymn's with Jim 27 10:15 Sit & Be Fit 11:00 Bingo 2:30 Manicures 4:00 Coffee & The Daily Chronicle	9:30 Morning Stretches 28 10:15 Armchair Travel to Salem 11:15 UNO 1:00 Spark Challenge Quiz Show 3:00 Card Groups 4:00 Coffee & The Daily Chronicle	9:40 Chair Exercise 29 10:15 Mini Massages & Scenic Relaxation 11:00 BINGO with Brenda 11:00 Communion 1:00 Spark Challenge Competition 2:00 Midweek Matinee - Hocus Pocus 4:00 Coffee & Daily Chronicle	9:15 Chair Exercise with Jules 30 10:00 Horse Race 11:00 Game with Linda 2:30 Halloween Crafts 4:00 Coffee & The Daily Chronicle	Halloween 31 9:15 Zumba - Exercise 10:00 Apple Academy Kids Trick or Treat 11:00 BINGO 1:00 Spark Results Show 1:30 Costume Contest 2:30 Jenni Thyng performing 4:00 Scenic Relaxation	