


September 2025 - Memory Care						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day 1 	Moving Medications to Cabinets! 2 10:00 SP Catholic Mass (TV) and Communion 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 1:00 SP Grip Games Competition 3:00 SO Tlmeless TV Reruns	Howard's Birthday! 3 10:00 IN Daily Chronicles 10:15 PH Chair Yoga 10:45 EM Hand Spa Treatment 2:00 VO Face Grooming 5:00 SO Vikings Preseason Replay	NFL Kickoff Day 4 10:00 IN Daily Chronicles 10:15 VO Resident Council Meeting 2:00 IN Lifelong Learning 3:00 PH Cardio Drumming 5:00 SO Kickoff Day Movie: Varsity Blues	5 9:45 IN Daily Chronicles 10:00 EM Pet Visits with Ranger & Gus 10:30 PH Sit & Be Fit with Bethany 1:00 SP Grip Games Results Show! 3:00 SO Manicures	6 Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request
SO Grandparents Day! 7 Ken's Birthday! Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request	SO 7:15 Vikings @ Bears 8 10:00 SP Catholic Mass (TV) and Communion 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin 3:30 SO Timeless TV Reruns	10:00 IN Daily Chronicles 9 10:15 PH Seated Stretches 10:45 SP Church Service (TV) 3:00 SO Candy Bingo 4:15 EM Rest & Relaxation	10:00 IN Daily Chronicles 10 10:30 PH Chair Yoga with Allison 2:30 VO Crafternoon: Pinecone Bouquets 5:00 SO Let's Watch: Wheel of Fortune 7:00 EM Pet Visits with Jax & Claire	Survey Prep 11 10:30 IN Daily Chronicles 10:45 EM Heart to Hearts with Bethany 2:00 SO Visits with Jimmy 3:00 PH Chair Exercise (TV)	10:00 EM Pet Visits with Ranger & Gus 12 11:45 VO Lunch Outing: Pancheros 50% Off Meal! 2:45 IN Daily Chronicles 3:00 PH Sit & Be Fit with Bethany 5:00 SO MN Vikings Game Replay	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 13
Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 14 7:20 SO Vikings vs. Falcons	10:00 SP Catholic Mass (TV) and Communion 15 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin 3:30 SO Timeless TV Reruns	9-11:30 Bethany in Training 16 9:00 EM Morning Game Shows 2:00 IN Daily Chronicles 2:15 PH Seated Stretches 3:00 SO Candy Bingo	10:00 IN Daily Chronicles 17 10:45 EM Hymn Sing-A-Long 11:00 SP Church & Communion with Pastor Cullen 3:00 PH Cardio Drumming 5:00 SO MN Vikings Replay	Bethany Out of Town Wedding 18 10:00 PH Chair Yoga (TV) 1:00 SO Movie Matinee	Bethany Out of Town Wedding (cont.) 19 10:30 PH Sit & Be Fit (TV) 1:00 SO Movie Matinee	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 20
Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 21 12:00 SO Vikings vs. Bengals	Tom's Birthday! 22 10:00 SP Catholic Mass 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin 3:30 SO Timeless TV Reruns	10:00 IN Daily Chronicles 23 10:15 PH Seated Stretches 10:45 EM Monthly Theme: Explore the Outdoors 3:00 SO Candy Bingo 4:15 SP Music & Meditation	10:00 IN Daily Chronicles 24 10:30 PH Chair Yoga with Allison 2:00 EM Funniest Baby Videos 3:00 VO Bus Tour: Trip to the Park 5:00 SO MN Vikings Replay	10:00 IN Daily Chronicles 25 10:30 PH Practice for the Next Competition! 1:45 VO Let's Make: Fall Treats 3:30 SO September Birthday Party with Dale Martell 5:00 SP Rest & Relaxation	Bethany Out of Town 26 10:00 EM Pet Visits with Ranger & Gus 10:30 PH Sit & Be Fit (TV) 1:00 SO Movie Matinee	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 27
Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 28 8:30 SO Vikings vs. Steelers	10:00 SP Catholic Mass (TV) and Communion 29 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin 4:00 SO Jimmy's Gentlemen's Club	Bethany at Training 30 10:15 PH Seated Stretches (TV) 1:00 SO Movie Matinee	<div>  </div> <div> EM Emotional IN Intellectual PH Physical VO Vocational SO Social SP Spiritual </div> <div> AL Assisted Living </div>			Happy Birthday to 9/3 139 Howard 139 Sickle 9/7 108 Ken 108 Milley 9/22 112 Thomas 112 Thompson

Schedule is subject to change.