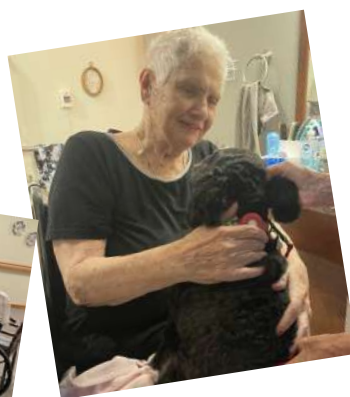




NorBella News!

August 2025



**Discover a Warm and Caring Home at Norbella
– Memory Care Openings Available**

If you have a loved one in search of a beautiful and supportive home, I invite you to consider Norbella. We are proud to offer a compassionate, enriching environment where every resident is treated like family. At NorBella, we provide both Assisted Living and Memory Care services, each thoughtfully tailored to meet the unique needs of every individual. Our mission is to ensure comfort, security, and a high quality of life through personalized care that supports independence and dignity.

With a dedicated and experienced team, we create a vibrant community where meaningful relationships flourish, and engaging activities fill each day with purpose and joy. Most importantly, we want every resident—and their family—to feel truly at home. Currently, we have 1 opening in our Memory Care community. I would be honored to personally show you around and answer any questions you may have. Feel free to contact me directly at 763-235-8151 or email me at vince.price@lifesparksll.com for more information or to schedule your visit.

Warm regards,
Vince Price
Community Sales and Marketing Director
Norbella Senior Living

Welcome to NorBella!

Dina, HHA
Fatou, HHA
Zaratu, HHA
Farhiyo, HHA
Dallyce, HHA



- Diane D.
- Gerry S.



23rd - Pat F.
25th - Lois D.
26th - Gerry P.
29th - Harlan O.

Follow us on Facebook!



***REMINDER:**

**St. Michael's will be joining us
every Tuesday at 9AM in the
dining room for communion.
Thank you!**

- **Chef Chat w/ Culinary Director, Tod:**
-Thursday, August 21st - 2:30PM
- **Resident Council Meeting:**
-Friday, August 15th - 10AM
- **Bingo Store:**
-Thursday, August 21st - 3:30PM
- **Church Service & Bible Study
w/ Pastor Larry:**
-Sunday, August 3rd - 10AM
-Sunday, August 17th - 10AM
- **Pet Therapy Visit w/ Howie:**
-Monday, August 11th - 11AM
- **Pet Therapy Visit w/ Cocoa:**
-Weekly on Thursdays at 11AM
- **Pet Therapy Visit w/ Willow:**
-Weekly on Fridays at 10:30AM

UPCOMING OUTINGS:

Wednesday, August 13th - 1PM
TWOcan Bike Rides @ Cleary Lake

Thursday, August 21st - 9AM
*Let's Go Fishing & Picnic Lunch
@ Cedar Lake*

UPCOMING EVENTS:

Friday, August 1st - 2PM
Music w/ Philip Kitze!

Friday, August 8th - 2PM
Hawaiian Luau & Music w/ Ukulady, Gigi!

Thursday, August 14th - 2PM
**August Birthday Celebration &
Music w/ Bjorn!**

Friday, August 22nd - 2PM
Music w/ Twin Cities Ukulele Club!

Community Market

Walk to End Alzheimer's
Friday, August 29th 1-4PM

We are raising money this month for the Alzheimer's Association! We will be crafting throughout the month of August & donating these items into our Community Market. Please join us on Friday, August 29th 1-4PM to purchase a variety of goodies! If you would like to donate directly to our team, or find further information on participating in the Twin Cities Walk, please utilize the QR code posted below. Thank you!



Note from Lifespark Chaplain:

'Water is the driving force of all nature.' - Leonardo da Vinci

In the hot, dry stretches of summer, we can be deeply grateful for the gift of water: for water to cool our faces on a warm day, water to clean our bodies, water to quench our thirst. In many faiths and spiritual traditions, water holds great meaning. It is a symbol of life, of cleansing, of forgiveness, of community, and of wisdom. Here in the upper Midwest, bodies of water reveal to us the beauty of life, from trees and native plants growing on the banks of the river to ducklings and loon babies following behind their mothers across the glassy surface of a lake. Do you have spiritual practices or meaningful memories that are centered around water? How might you remember and find spiritual grounding in water this month?

SPARK PERFORMANCES

Our current spark challenge, Grip Games, is continuing on!

Join us every Tuesday at 1PM!



- Why did the robot go on vacation?
- It needed to recharge its batteries!
- How do you know if a pool is safe for diving?
- It deep ends.
- What does a frog drink in the summer?
- Croak-a Cola.

'Play, Compete, and Connect - A month of Games with Opticons'

This month we will be competing against our neighbors, NorBella Centerville & NorBella Savage, Mondays at 10:30AM! We have a variety of games lined up including a spelling bee, TRYathlon Crank, Finish the Phrase, and a Ball Drop! See you then!

STATE FAIR

WORD SEARCH PUZZLE



BALLOONS

BOOTHS

CAKES

COMPETITION

CONCERTS

COWS

ENTRIES

FARMERS

FLOWERS

FRUIT

GAMES

JAMS

JUDGES

LIVESTOCK

LOCAL

MIDWAY

MUSIC

PIES

PIGS

PONIES

PRIZES

QUILTS

RACES

RIDES

SNACKS

SPORTS

STANDS

TRINKETS

N	K	C	O	T	S	E	V	I	L	S	P	B	Y
F	O	R	A	C	E	S	X	N	I	M	O	U	F
B	F	I	S	D	D	A	S	K	C	A	N	S	S
S	A	S	T	L	I	U	Q	Y	H	J	I	T	S
T	R	W	A	I	R	S	A	A	X	W	E	A	E
R	M	S	N	S	T	G	T	W	W	K	S	L	G
E	E	E	D	E	B	E	U	D	N	P	T	A	D
C	R	Z	S	K	A	A	P	I	F	I	C	C	U
N	S	I	F	A	L	N	R	M	U	G	O	O	J
O	E	R	C	C	L	T	U	R	O	S	W	L	C
C	I	P	G	X	O	F	F	O	D	C	S	V	I
N	P	S	H	T	O	O	B	S	P	O	R	T	S
S	Z	V	X	B	N	S	E	I	R	T	N	E	U
A	G	A	M	E	S	R	E	W	O	L	F	C	M

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY.
Find and circle each word.

