

July 2025 - Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AL Assisted Living	Happy Birthday to 7/7 Scott 121 Liptak 7/13 Arleen 103 Meyer	10:00 IN Daily Chronicles 1 10:15 PH Seated Stretches 10:45 SP Church Service (TV) 4:00 EM Calming Stories	10:00 IN Daily Chronicles 2 10:15 PH Chair Yoga 2:30 SP Memorial Service 3:00 EM Grief and Loss Support Group 3:30 SP 1:1 Support with Chaplain Rachael	10:00 IN Daily Chronicles 3 10:15 VO Resident Council Meeting 1:45 SO 4th of July Party on the Patio 2:45 PH Shoot for the Stars Bean Bag Toss 5:30 EM Watering Plants on the Patio	Independence Day 4 	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 5
Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 6	Scott's Birthday! 7 10:00 SP Catholic Mass 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin [AL] 3:30 SO Timeless TV Reruns	10:00 IN Daily Chronicles 8 10:15 PH Seated Stretches 10:45 EM Water Balloon Fight!! 2:30 SO Candy Bingo 4:00 VO Grip Games Training!	10:00 IN Daily Chronicles 9 10:15 EM Patriotic Sing-A-Long 11:00 PH Chair Yoga with Allison 2:00 SO Let's Play: The Price is Right 4:00 SP Rest & Relaxation	9:30 EM Morning Movie 10 10:00 SO Bus Tour: Riverfront Memorial Park 2:00 IN Lifelong Learning 3:00 PH Cardio Drumming 3:45 SP Church Service (TV)	9:45 IN Daily Chronicles 11 10:00 EM Pet Visits with Ranger & Gus 10:30 PH Sit & Be Fit with Bethany 2:00 IN Grip Games Rules Training! 3:00 SO Bird Feeders on the Patio	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 12
Arleen's Birthday! Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 13	10:00 SP Catholic Mass (TV) and Communion 14 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin 3:30 SO Timeless TV Reruns	10:00 IN Daily Chronicles 15 10:15 PH Seated Stretches 10:45 EM Tattoo Party 1:00 SP Grip Games Competition 3:00 SO Candy Bingo	10:00 IN Daily Chronicles 16 10:15 PH Chair Yoga 11:00 SP Church & Communion with Pastor 1:30 VO T-Shirt Tie Dye Event with Allina Health! 7:00 EM Pet Visits with Jax & Claire	10:30 EM Holly the Alpaca Returns! 17 2:30 IN Daily Chronicles 2:45 PH Walking Club on the Patio 3:00 VO Let's Make: S'mores 4:30 SP Mindfulness & Meditation	9:45 IN Daily Chronicles 18 10:00 EM Pet Visits with Ranger & Gus 10:30 PH Sit & Be Fit with Bethany 1:00 SP Grip Games Results Show! 2:30 SO Movie Matinee	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 19
Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 20	10:00 SP Catholic Mass (TV) and Communion 21 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin 3:30 SO Timeless TV Reruns	10:00 IN Daily Chronicles 22 10:15 PH Seated Stretches 10:45 SO Stitch it Up Game 1:00 SP Grip Games Competition 2:30 EM Picture the Lyrics Game	10:00 IN Daily Chronicles 23 10:15 PH Chair Yoga 10:30 EM What's the Scoop? Game 2:00 SO Bubbles on the Patio 3:00 SP Hymn Sing-A-Long	10:00 SO Morning Movie 24 11:00 VO Lunch Outing: Paris Baguette 2:45 IN Daily Chronicles 3:00 PH Cardio Drumming 5:15 EM Rerun: MN Sports Team's Greatest Games	9:45 IN Daily Chronicles 25 10:00 EM Pet Visits with Ranger & Gus 10:30 PH Sit & Be Fit with Bethany 1:00 SP Grip Games Results Show! 3:00 SO Prize Bingo	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 26
Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 27	Podiatry on Site 28 10:00 SP Catholic Mass 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin 3:30 SO Timeless TV Reruns	10:00 IN Daily Chronicles 29 10:15 PH Seated Stretches 11:00 EM Music with James Shaw 1:00 SP Grip Games Competition 3:00 SO Candy Bingo	10:00 IN Daily Chronicles 30 10:15 VO Reminisce: Occupation Trivia 11:00 PH Chair Yoga with Allison 3:00 SO July Birthday Party with Jenni Thyng 4:15 EM Funniest Animal Videos	10:00 IN Daily Chronicles 31 10:15 PH Walkin' and Rollin' Club 10:30 SO Gardening on the Patio 2:00 EM Heart to Hearts with Bethany 3:45 SP Rest & Relaxation	 EM Emotional IN Intellectual PH Physical VO Vocational SO Social SP Spiritual Schedule is subject to change.	