

July 2025 NorBella Rogers Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A Assisted Living AL Assisted Living DR Dining Room FA Fitness Area FR Fitness Room G Game Room GR Game Room M Memory Care M Memory Care MC Memory Care P Patio TV TV Room	Happy Birthday to 7/20 Margaret Lunacek	10:00 PH Cardio Drumming [AL] 1 11:00 IN Linked Senior [A] 11:30 EM Oshibori with HHA's [DR] 2:00 IN Lawrence Welk Show [A] 4:30 EM Oshibori [MC]	10:00 PH Silver Sneakers Exercise [FR] 2 11:00 IN Uno Card Game [A] 11:30 EM Oshibori with HHA's [DR] 1:00 IN Trivia [A] 4:30 EM Oshibori [MC]	10:00 PH Chair Yoga [FA] 3 10:30 SP Bible Study with Kathy [GR] 11:30 EM Oshibori with HHA's [DR] 1:00 EM Movie Matinee [A] 3:00 SO Patio Social [P] 4:30 EM Oshibori [MC] 6:00 IN Cribbage & Cards Night [GR]	Independence Day 4 10:00 PH Cardio Drumming [AL] 11:30 EM Oshibori with HHA's [DR] 1:00 IN Movie Matinee [A] 3:00 Coffee Time [A] 4:30 EM Oshibori [MC]	10:00 PH Walking Group [AL] 5 11:30 EM Oshibori with HHA's [DR] 1:00 EM Movie Matinee [A] 3:00 IN Games & Cards [M] 4:30 EM Oshibori [MC]
9:00 PH Walking Group [AL] 6 11:00 SP Word of Peace Lutheran Church Streaming Service [TV] 11:30 EM Oshibori with HHA's [DR] 3:00 IN Adult Coloring [M] 4:30 EM Oshibori [MC]	10:00 PH Walking Group [FR] 7 11:30 EM Oshibori with HHA's [DR] 1:00 EM Manicures [M] 3:00 SO Card Games [GR] 4:30 EM Oshibori [MC]	10:00 PH Cardio Drumming [AL] 8 11:00 IN Linked Senior [A] 11:30 EM Oshibori with HHA's [DR] 1:30 IN Dice Game [A] 4:30 EM Oshibori [MC]	10:00 PH Silver Sneakers Exercise [FR] 9 11:30 EM Oshibori with HHA's [DR] 1:00 IN Trivia [A] 2:00 SO Root Beer Floats with Moments Hospice [P] 4:30 EM Oshibori [MC]	10:00 PH Chair Yoga [FA] 10 10:30 SP Bible Study with Kathy [GR] 11:30 EM Oshibori with HHA's [DR] 1:00 IN Bingo [DR] 4:30 EM Oshibori [MC] 6:00 IN Cribbage & Cards Night [GR]	10:00 PH Cardio Drumming [AL] 11 11:30 EM Oshibori with HHA's [DR] 2:00 SO Happy Hour [A] 4:30 EM Oshibori [MC] 6:00 EM Movie Night [AL]	10:00 PH Walking Group [AL] 12 11:30 EM Oshibori with HHA's [DR] 1:00 EM Movie Matinee [A] 3:00 IN Games & Cards [M] 4:30 EM Oshibori [MC]
9:00 PH Walking Group [AL] 13 11:00 SP Word of Peace Lutheran Church Streaming Service [TV] 11:30 EM Oshibori with HHA's [DR] 3:00 IN Adult Coloring [M] 4:30 EM Oshibori [MC]	10:00 PH Walking Group [FR] 14 10:30 SO Manicures With Heather [MC] 11:30 EM Oshibori with HHA's [DR] 1:00 SO Board Games [GR] 3:00 SO Patio Time [P] 4:30 EM Oshibori [MC]	10:00 PH Cardio Drumming [AL] 15 11:00 IN Linked Senior [A] 11:30 EM Oshibori with HHA's [DR] 1:00 SP Spark Challenge: Grip Games [A] 2:00 IN Card Games [A] 4:30 EM Oshibori [MC]	10:00 PH Silver Sneakers Exercise [FR] 16 11:30 EM Oshibori with HHA's [DR] 1:00 IN Trivia [A] 2:00 IN Bingo [A] 3:00 SO Ice Cream/ Patio Time [P] 4:30 EM Oshibori [MC]	10:00 PH Chair Yoga [FA] 17 10:30 SP Bible Study with Kathy [GR] 11:30 EM Oshibori with HHA's [DR] 1:30 IN Trivia [DR] 4:30 EM Oshibori [MC] 6:00 IN Cribbage & Cards Night [GR]	10:00 PH Cardio Drumming [AL] 18 11:30 EM Oshibori with HHA's [DR] 1:00 SP Really Big Show [A] 2:00 SO Happy Hour [A] 4:30 EM Oshibori [MC] 6:00 EM Movie Night [AL]	10:00 PH Walking Group [AL] 19 11:30 EM Oshibori with HHA's [DR] 1:00 EM Movie Matinee [A] 3:00 IN Games & Cards [M] 4:30 EM Oshibori [MC]
9:00 PH Walking Group [AL] 20 11:00 SP Word of Peace Lutheran Church Streaming Service [TV] 11:30 EM Oshibori with HHA's [DR] 3:00 IN Adult Coloring [M] 4:30 EM Oshibori [MC]	10:00 PH Walking Group [FR] 21 10:30 SO Manicures [A] 11:30 EM Oshibori with HHA's [DR] 1:00 IN Painting [A] 3:00 SO Card Games [GR] 4:30 EM Oshibori [MC]	10:00 PH Cardio Drumming [AL] 22 11:00 IN Linked Senior [A] 11:30 EM Oshibori with HHA's [DR] 1:00 SP Spark Challenge: Grip Games [A] 2:00 SO Patio Time [P] 4:30 EM Oshibori [MC]	10:00 PH Silver Sneakers Exercise [FR] 23 11:00 IN Linked Senior [A] 11:30 EM Oshibori with HHA's [DR] 1:00 IN Bingo [A] 4:30 EM Oshibori [MC] 6:00 SO Family Council [AL]	10:00 PH Chair Yoga [FA] 24 10:30 SP Bible Study with Kathy [GR] 11:30 EM Oshibori with HHA's [DR] 3:30 VO QT Talk with Jessica [DR] 4:30 EM Oshibori [MC] 6:00 IN Cribbage & Cards Night [GR]	10:00 PH Cardio Drumming [AL] 25 11:30 EM Oshibori with HHA's [DR] 1:00 SP Really Big Show [A] 2:00 SO Happy Hour [A] 4:30 EM Oshibori [MC] 6:00 EM Movie Night [AL]	10:00 PH Walking Group [AL] 26 11:30 EM Oshibori with HHA's [DR] 1:00 EM Movie Matinee [A] 3:00 IN Games & Cards [M] 4:30 EM Oshibori [MC]
9:00 PH Walking Group [AL] 27 11:00 SP Word of Peace Lutheran Church Streaming Service [TV] 11:30 EM Oshibori with HHA's [DR] 3:00 IN Adult Coloring [M] 4:30 EM Oshibori [MC]	10:00 PH Walking Group [FR] 28 10:30 SO Manicures With Heather [MC] 11:30 EM Oshibori with HHA's [DR] 1:00 SO Board Games [GR] 4:30 EM Oshibori [MC]	10:00 PH Cardio Drumming [AL] 29 11:00 IN Linked Senior [A] 11:30 EM Oshibori with HHA's [DR] 1:00 SP Spark Challenge: Grip Games [A] 2:00 SO Patio Time [P] 4:30 EM Oshibori [MC]	10:00 PH Silver Sneakers Exercise [FR] 30 11:30 EM Oshibori with HHA's [DR] 1:00 IN Bingo [A] 1:30 SO Lemonade Social [A] 4:30 EM Oshibori [MC]	10:00 PH Chair Yoga [FA] 31 10:30 SP Bible Study with Kathy [GR] 11:30 EM Oshibori with HHA's [DR] 2:30 VO Tea with Traci, Executive Director [DR] 4:30 EM Oshibori [MC] 6:00 IN Cribbage & Cards Night [GR]	 Schedule is subject to change. EM Emotional SP Spark Performance IN Intellectual PH Physical VO Vocational SO Social SP Spiritual OT Other	