


June 2025 - Assisted Living						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area 1:00 <span>SO</span> Ken Milley's Movie Matinee!	10:00 <span>SP</span> Catholic Mass (TV) and Communion 2 11:30 <span>PH</span> Chair Aerobics 2:30 <span>EM</span> Music with Kristin	11:30 <span>PH</span> Seated Stretches 3 1:00 <span>SP</span> Forklift Competition 2:30 <span>SO</span> Candy Bingo	10:00 <span>EM</span> "Gabbing Gals" with Peggy 4 11:30 <span>PH</span> Chair Yoga 3:30 <span>SO</span> Happy Hour and Trivia	10:00 <span>VO</span> Food Committee Meeting 5 11:00 <span>VO</span> Resident Council Meeting 2:00 <span>IN</span> Lifelong Learning 4:00 <span>PH</span> Cardio Drumming	10:30 <span>EM</span> Pet Visits with Gus & Ranger 6 11:30 <span>PH</span> Sit and Be Fit with Bethany 1:00 <span>SP</span> Results Show From Competition!	Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area 7
Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area 8	10:00 <span>SP</span> Catholic Mass (TV) and Communion 9 11:30 <span>PH</span> Chair Aerobics 2:30 <span>EM</span> Music with Kristin [MC]	10:00 <span>SP</span> Protestant Church Service (TV) 10 11:30 <span>PH</span> Seated Stretches 2:30 <span>SO</span> Candy Bingo	10:00 <span>EM</span> "Gabbing Gals" with Peggy 11 11:00 <span>PH</span> Chair Yoga with Allison 3:30 <span>SO</span> Manicures	11:30 <span>EM</span> Music with Shannon - Last Performance! :( 12 2:30 <span>VO</span> Shopping at Dollar Tree 4:30 <span>PH</span> Seated Core Exercises	10:30 <span>EM</span> Pet Visits with Gus & Ranger 13 11:30 <span>PH</span> Sit and Be Fit with Bethany 2:30 <span>SO</span> Father's Day at the Ballpark	Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area 14
Father's Day Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area 15	10:00 <span>SP</span> Catholic Mass (TV) and Communion 16 11:30 <span>PH</span> Chair Aerobics 2:30 <span>EM</span> Music with Kristin [MC] 3:30 <span>IN</span> Coffee with Megan	10:00 <span>EM</span> Resident Led Gardening on the Patio 17 11:30 <span>PH</span> Seated Stretches 2:30 <span>SO</span> Candy Bingo	10:00 <span>SO</span> "Gabbing Gals" with Peggy 18 11:00 <span>SP</span> Church & Communion with Pastor Cullen 3:30 <span>VO</span> Let's Make: Summer Jello Cups 6:30 <span>EM</span> Pet Visits with Jax & Claire	11:00 <span>VO</span> Lunch Outing: 3 Squares 19 4:00 <span>PH</span> Cardio Drumming 5:45 <span>IN</span> Juneteenth Video: Faith & Freedom (TV)	10:30 <span>EM</span> Pet Visits with Gus & Ranger 20 11:30 <span>PH</span> Sit and Be Fit with Bethany 3:00 <span>SO</span> June Birthday Party with Jenni Thyng	John Meister's Birthday! Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area 21
Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area 22	10:00 <span>SP</span> Catholic Mass (TV) and Communion 23 11:30 <span>PH</span> Chair Aerobics 2:30 <span>EM</span> Music with Kristin [MC]	10:00 <span>SP</span> Church Service (TV) 24 11:30 <span>PH</span> Seated Stretches 2:30 <span>SO</span> Candy Bingo	10:00 <span>EM</span> "Gabbing Gals" with Peggy 25 11:00 <span>PH</span> Chair Yoga with Allison 3:30 <span>SO</span> Happy Hour & Trivia	10:00 <span>SO</span> Resident Led Gardening on the Patio 26 12:45 <span>PH</span> Walking Club 3:30 <span>EM</span> Crafternoon: 4th of July Decor	10:30 <span>EM</span> Pet Visits with Gus & Ranger 27 11:30 <span>PH</span> Sit and Be Fit with Bethany 4:00 <span>IN</span> Nature and Bird Watching on the Patio	Kathy Koon's Birthday! Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area 28
Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area 29	Adele Tonsager's Birthday! 30 10:00 <span>SP</span> Catholic Mass (TV) and Communion 11:30 <span>PH</span> Chair Aerobics 4:00 <span>VO</span> Jimmy's Gentleman's Club	<div><p>Schedule is subject to change.</p></div> <div><div><span>EM</span> Emotional</div><div><span>SP</span> Spark Performance</div><div><span>IN</span> Intellectual</div><div><span>PH</span> Physical</div><div><span>VO</span> Vocational</div><div><span>SO</span> Social</div><div><span>SP</span> Spiritual</div></div> <div><div>MC</div>Memory Care</div> <div>Happy Birthday to 6/21 John 125 Meister 6/28 Kathleen 109 Koon 6/30 Adele 134 Tonsager</div>				