May 2025 -	Assisted Living			The state of the s		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NorBella CHAMPLIN Schedule is subject to change.	EM Emotional SP Spark Performance IN Intellectual PH Physical VO Vocational SO Social SP Spiritual OT Other	MC Memory Care		7:30 EM Sunshine for Seniors May Day Baskets! 11:00 VO Resident Council Meeting 2:00 IN Lifelong Learning 4:00 PH Cardio Drumming	10:30 EM Pet Visits with Lilly & Ranger 11:30 PH Sit and Be Fit with Bethany 1:00 SP Results Show From Competition! 3:00 SO Prize Bingo	Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area 2:30 The Kentucky Derby (NBC 11 & USA 242)
Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area	Cinco de Mayo 10:00 SP Catholic Mass (TV) and Communion 11:30 PH Chair Aerobics 2:30 EM Music with Kristin	Jan Bartosch's Birthday! 11:30 PH Seated Stretches 1:00 SP Forklift Competition 2:30 SO Candy Bingo	6 10:00 EM "Gabbing Gals" with Peggy 11:30 PH Chair Yoga 3:30 IN Happy Hour & Trivia 4:30 SO Visits with Kim	11:30 EM Music with Shannon 1:30 VO Manicures & Reminisce 4:15 PH Chair Exercise	10:30 EM Pet Visits with Lilly & Ranger 11:30 PH Sit and Be Fit with Bethany 1:00 SP Results Show From Competition! 2:30 SO Mother's Day Girls & Pearls	Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area
Mother's Day Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area	Bonnie Paquin's 12 National Nurses Day 10:00 SP Catholic Mass (TV) and Communion 11:30 PH Chair Aerobics 2:30 EM Music with Kristin [MC]	11:30 PH Seated Stretches 1:00 SP Forklift Competition 2:30 SO Candy Bingo	13 10:00 EM "Gabbing Gals" 14 with Peggy 11:00 PH Chair Yoga with Allison 4:00 IN Gentleman's Game Club 4:30 SO Visits with Kim	Meeting with Chef Levi	10:30 EM Pet Visits with Lilly & Ranger 11:30 PH Sit and Be Fit with Bethany 1:00 SP Results Show From Competition! 3:30 VO Let's Bake: Fruit Pizza	Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area
Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area	10:00 SP Catholic Mass 1 (TV) and Communion 11:30 PH Chair Aerobics 2:30 EM Music with Kristin [MC] 3:30 IN Coffee with Mega	1:00 SP Forklift Competition 2:30 SO Candy Bingo	10:00 SO "Gabbing Gals" 21 with Peggy 11:00 SP Church with Pastor Cullen 4:00 PH Cardio Drumming 6:30 EM Pet Visits with Jax & Claire	11:00 SP Gardening on the Patio 3:00 SO May Birthday Party with Ross McLeod 4:30 EM Norbella News Story Watch Party!	11:00 VO Lunch Outing: Culver's 1:00 SP Results Show From Competition! 3:30 EM Pet Visits with Lilly & Ranger	Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area
Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area	5 Memorial Day 20	5 11:30 PH Seated Stretches 1:00 SP Forklift Competition 2:30 SO Candy Bingo	27 10:00 EM "Gabbing Gals" with Peggy 11:30 PH Chair Aerobics 2:30 VO Bus Outing: Shopping at Target & Goodwill	Tricia York's Birthday! 10:00 SP Church Service (TV) 11:30 EM Music with Shannon 2:00 PH Chair Yoga with Allison	Maynard H.'s Birthday! 30 10:30 EM Pet Visits with Ranger 11:30 PH Sit and Be Fit with Bethany 1:00 SP Results Show From Competition!	Annabel C.'s Birthday! Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area