

Norbella Weekly Menu

Week 1

BREAKFAST	MON – 7	TUE- 8	WED – 9	THUR -10	FRI -11	SAT – 12	SUN –13
Breakfast	Oatmeal Scrambled eggs Sausage patty	Oatmeal Scrambled eggs Toast	Oatmeal Pancakes bacon	Oatmeal Denver scrambled eggs toast	Oatmeal Spanish Scramble sausage	Oatmeal Scrambled eggs Breakfast muffin	Oatmeal Scrambled eggs W/cheese bacon
LUNCH							
Entrée	Boursin grilled cheese Seasoned green beans	Chicken fritters Tater tots Coleslaw	Ham & cheese melt Cucumber salad	Turkey reuben Tomato onion salad	Egg salad sandwich Carrot raisin salad	Sloppy joe Roasted potato carrots	Chicken ceasar Salad Sauteed spinach
Dessert	Cinnamon banana	pineapple	Mandarin orange	peaches	cantaloupe	pears	watermelon
DINNER							
Entrée	Beef & garlic sauce Whipped pOtaoe Buttered carrots	Braised pork Roasted sweet potato Zucchini & squash	BBQ chicken Mashed potato Green beans	Beef taco Roasted corn	Baked tilapia Rice pilaf Mixed veg	Roasted turkey Whipped potato peas	Beef stew Mashed potato broccoli
Dessert	Brownie	Lemon cake	Ice Cream	Carrot cake	Cookie	Apple pie	Pudding parfait

Breakfast 8:00 am - 9:00 am Lunch 12:00 pm - 1:00 pm Dinner 5:00 pm – 6:00 pm

Norbella Weekly Menu

Week 2

BREAKFAST	MON – 14	TUES – 15	WED – 16	THURS – 17	FRI -18	SAT – 19	SUN- 20
Breakfast	Oatmeal Spanish scramble Toast	Oatmeal Blueberry pancake Sausage patty	Oatmeal Scrambled Egg Ranchero Toast	Oatmeal French toast bacon	Oatmeal Scrambled Eggs Breakfast Muffin	Oatmeal Pancakes Sausage link	Oatmeal Scrambled eggs Breakfast muffin
LUNCH							
Entrée	Chicken Salad Sandwich Paprika roasted potato coleslaw	Turkey and swiss melt Roasted potato Broccoli Raisin Salad	BBQ pork on a bun Potato chip Baked Beans	Turkey burger Potato salad	Fish Sandwich W/ TarTar sauce Mac & Cheese Peas	Hamburger Steak Garlic Red Bliss Potato Sauteed Onions & Peppers	Grilled Chicken Sandwich W/ honey Mustard Rice Pilaf Tomato & Cucumber Salad
Dessert	Cinnamon banana	pineapple	Mandarin orange	peaches	cantaloupe	pears	watermelon
DINNER							
Entrée	Hotdog on a bun Baked Beans Corn	Ham Mac & Cheese Casserole Carrots	Meatloaf Scalloped Potato Zucchini	Chicken teriyaki Stir Fry White rice	Tortellini w/ marinara Broccoli	Pork loin Orzo Pasta carrots	Beef roast Mashed potato Green beans
Dessert	Chocolate Cake	Peaches & cream	cookie	Ice cream	Maple Pecan Apple Yogurt	lemon bar	Raspberry white cake

Breakfast 8:00 am – 9:00 am Lunch 12:00 pm - 1:00 pm Dinner 5:00 pm - 6:00 pm

Norbella Weekly Menu

Week 3

BREAKFAST

MON – 21

TUES – 22

WED -23

THURS -24

FRI -25

SAT -26

SUN – 27

Breakfast

Oatmeal
French toast
Bacon

Oatmeal
Spanish scramble
Toast

Oatmeal
Pancakes
Sausage patty

Oatmeal
Scrambled Egg &
cheese
Breakfast Muffin

Oatmeal
Scrambled Egg
Home fries
Toast

Oatmeal
Egg & cheese Biscuit

Oatmeal
Ranchero Scrambled
Eggs

LUNCH

Entrée

Philly Cheesesteak
French Fries

Ham & cheese Melt
Green beans

Grilled Chicken &
Swiss Sandwich
Chips
Broccoli Slaw

Beef & Mac Casserole
Texas Toast
Roasted Cauliflower

Grilled Cheese
Tomato Soup

Chicken Fajitas
Mexican Rice

Turkey reuben
Fries
Coleslaw

Dessert

Cinnamin Banana

pioneapple

Mandarin Orange

Peaches

cantaloupe

pears

Watermelon

DINNER

Entrée

Turkey Salsisbury
Steak
Mashed Potatoes
Corn

Beef & Broccoli
Veggie Fried Rice

Roasted Turkey
Stuffing
Carrots

Glazed Ham
Mashed Potato
Corn

BBQ Pork Loin
Baked Potato
Green Beans

Turkey Sloppy Joe
Red Roasted Potato
peas

Rosemary Chicken
Mashed potato
Yellow Squash

Dessert

Pudding Parfait

Lemon Cake

Cookie

Peach Cobbler

Brownie

Ice Cream

Chocolate Cake

Breakfast 8:00 am – 9:00 am Lunch 12:00 pm - 1:00 pm Dinner 5:00 pm - 6:00 pm

Norbella Weekly Menu

Week 4

BREAKFAST	MON -28	TUES - 29	WED - 30	THURS -1	FRI -2	SAT -3	SUN- 4
Breakfast	Oatmeal Pancake Toast	Oatmeal Scrambled Egg Toast	Oatmeal French Toast Sausage Patty	Oatmeal Pancakes Bacon	Oatmeal Biscuits & Gravy	Oatmeal Spanish Scrambled Eggs Breakfast Muffin	Oatmeal Ranchero Scrambled Eggs Toast
LUNCH							
Entrée	Turkey Commercial Mashed Potato Corn	Tuna Salad Sandwich Carrot Slaw W/ Honey Mustard	BLT Sandwich Tomato & cucumber Salad	Cheeseburger Fries LTO	Fish Sandwich Tater tots coleslaw	Sloppy Joe Sweet potato Fries Broccoli Raisin Salad	Bratwurst German Potato Salad Sauerkraut
Dessert	Cinnamon banana	pineapple	Mandarin orange	peaches	cantaloupe	pears	watermelon
Entrée	Salisbury Steak Mashed Potato Broccoli	Chicken Sesame Veggie Fried Rice Carrots	Beef Lasagna Zucchini	Turkey and cheese Sandwich Vegetable Beef Soup	Swedish Meatballs Egg Noodles Mixed Veggies	Turkey a la King Broccoli	Chicken Parmesan Spaghetti zucchini
Dessert	cookie	Raspberry white cake	Pudding Parfait	Cookie	Ice Cream	pie	Strawberry Cloud cake

Breakfast 8:00 am – 9:00 am Lunch 12:00 pm - 1:00 pm Dinner 5:00 pm - 6:00 pm

