

# Age Magnificently



































# **GET TO KNOW:** Executive Director, Tom!

My name is Tom Sandberg. I am the new Director at Norbella in Prior Lake. A little about me; I grew up and graduated from high school in Owatonna. I graduated from Concordia College in Moorhead, MN. I have worked in human services since graduating from college. I have worked with individuals with developmental disabilities, mental health issues, children and families and the senior population. I have worked in county social services for a number of years; as a case manager for people with developmental disabilities and as a supervisor for child protection, children's mental health, foster care and day care licensing, adoption and chemical dependency. Prior to joining Lifespark, I was the Director at two Assisted living facilities in Motley and Brainerd and most recently I was the Director at another Assisted Living facility in Prior Lake. I currently live in Burnsville. I have four adult children. Each of them has two children. So, I have 8 grandchildren all under the age of 6. I enjoy spending time with family and being outdoors. I have coached youth baseball, softball and hockey. I served on the city council and was the mayor in Lafayette, MN. I am excited to be here at Norbella. I am looking forward to getting to know the residents and families.

### **Community Updates:**

- Resident Council Meeting:
  - -Friday, April 18th 10:30AM
- Bingo Store:
  - -Tuesday, April 15th 11:30AM
  - -Tuesday, April 29th 11:30AM
- Church Service & Bible Study w/ Pastor Larry:
  - -Sunday, April 6th 10AM
  - -Sunday, April 20th 9:30AM
- Pet Therapy Visit w/ Howie:
  - -Wednesday, April 2nd 11AM
- Pet Therapy Visit w/ Bergen & Oslo:
  - -Wednesday, April 23rd 11AM
- Pet Therapy Visit w/ Cocoa:
  - -Weekly on Thursdays at 11AM
- Pet Therapy Visit w/ Willow:
  - -Friday, April 4th 10:30AM
- Chef Chat w/ Culinary Director, Tod:
  - -Thursday, April 17th 2:30PM
- Wellness Chat w/ Aegis Therapies:
  - -Tuesday, April 22nd 2:30PM
- Easter Craft & Treats w/ Primrose:
  - -Monday, April 14th 10AM

#### **UPCOMING OUTINGS:**

**Thursday, April 10th - 1:30PM**Dollar Tree!

**Tuesday, April 22nd - 10AM**Ze's Diner!

#### **UPCOMING EVENTS:**

Thursday, April 3rd - 2PM Magic w/ Markus!

Friday, April 11th - 2PM
April Birthday Celebration
& Music w/ Bree!

Friday, April 18th - 2PM Music w/ Woody!

Friday, April 25th - 2PM
Music w/ Twin Cities Ukulele Club!

#### \*REMINDER:

St. Michael's will be joining us every Tuesday at 9AM in the dining room for communion. Thank you!



- · April 4th: David S.
- · April 10th: Aloys G.

#### **EASTER BRUNCH!**

Please join us Saturday, April 19th 11AM-1PM! Emails have been sent out to families. Reminder to please RSVP to Amanda, amanda.daniels@lifesparksl.com, by Wednesday, April 16th!







## FORKLIFT RACING!

Our next Spark Challenge, Forklift Racing, will start April 15th!

Be on the lookout for practice dates before the big event!

See you Tuesdays at 1PM to cheer on your fellow

'NorBella Boomerangs'!



How do you keep a fool in suspense? I'll tell you the answer tomorrow!

Why did the Easter egg hide? It was a little chicken!

Why are flowers so popular? They have a lot of buds!

'Growing Together: Engaging Community & Volunteer Spirit'

We have a wonderful group of volunteers here at NorBella Prior Lake! On Friday, April 4th at 1:30PM we will be making various gifts/ thank you cards for each of our volunteers to show our appreciation!

# EASTER WORD



BASKET
BONNET
EASTER EGG
HOT CROSS BUNS
CANDY
HYACINTH

IRIS
CHICKEN
CHOCOLATE
JELLYBEANS
DAFFODILS
LAMBS

RABBIT DYE DUCKLINGS SPRING EASTER SUNDAY