


March 2025 - Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 30	10:00 SP Catholic Mass (TV) and Communion 31 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin 3:15 SO Sports Rerun: March Madness		EM Emotional SP Spark Performance IN Intellectual PH Physical VO Vocational SO Social SP Spiritual OT Other	AL Assisted Living MC Memory Care	Happy Birthday to 3/3 Dorothy 130 Jorgensen-Hansen 3/19 Gloria 124 Davenport	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 1
Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 2	Dorothy's Birthday! [MC] 3 10:00 SP Catholic Mass (TV) and Communion 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin [AL] 3:30 SO Golden Girls Rerun (TV)	Mardi Gras 4 9:30 IN Daily Chronicles 9:45 PH Seated Stretches 10:00 SP Church Service (TV) 1:00 SP TRYathalon 3:30 SO Bead Bingo 4:00 EM Mardi Gras Casino Party	Ash Wednesday 5 9:30 IN Daily Chronicles 9:45 PH Chair Yoga 10:00 EM March A-Z 3:00 SP Ash Wednesday Church Service 4:30 SO Visits with Kim	9:30 IN Daily Chronicles 6 9:45 VO Resident Council 1:00 SP TRYathalon 2:00 IN Lifelong Learning 3:30 PH Cardio Drumming	9:30 IN Daily Chronicles 7 9:45 PH Sit & Be Fit with Bethany 10:00 EM Puppy Live Cam! 1:00 SP The Really Big Show 3:00 SO Candy Bingo	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 8
Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 9	10:00 SP Catholic Mass (TV) and Communion 10 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin 3:30 SO I Love Lucy Show	9:30 IN Daily Chronicles 11 9:45 PH Seated Stretches 10:00 EM Song Lyric Finish the Phrase 1:00 SP TRYathalon 4:00 SO Let's Make: St. Paddy's Day Treats	9:30 IN Daily Chronicles 12 9:45 VO Reminisce with Conversation Cards 11:00 PH Chair Yoga with Allison 3:30 IN HeartSync Music Recording Demonstration 4:30 SO Visits with Kim	10:15 IN Daily Chronicles 13 10:30 PH Walkin' and Rollin' Club 11:00 EM Music with Shannon 1:00 SP TRYathalon 2:30 SO Movie Matinee with Pop & Popcorn	9:30 IN Daily Chronicles 14 9:45 PH Sit & Be Fit with Bethany 10:00 EM Pet Visits with Ranger & Gus 1:00 SP The Really Big Show 3:00 SO Magical Musical Sing-A-Long Bus Tour	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 15
Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 16	St. Patrick's Day 17 10:00 SP Catholic Mass (TV) and Communion 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin 3:30 SO St. Patrick's Day Happy Hour	9:30 IN Daily Chronicles 18 9:45 PH Seated Stretches 10:00 EM March Craft 2:30 SO Candy Bingo 4:00 SP Massage & Meditation	Gloria's Birthday! [AL] 19 9:30 IN Daily Chronicles 9:45 VO Group Up: Transportation, Instruments, & Food 11:00 SP Church & Communion 3:00 PH Chair Yoga 4:30 SO Visits with Kim 7:00 EM Pet Visits	10:30 IN Daily Chronicles 20 10:45 SO Balloon Volleyball 11:00 PH Seated Core Exercise (TV) 1:30 EM Music with Shannon 2:15 VO Household Tasks Charades	9:30 IN Daily Chronicles 21 9:45 PH Sit & Be Fit with Bethany 10:00 EM Pet Visits with Ranger & Gus 1:30 SO Let's Watch: The Price is Right 3:00 VO Bus Outing: Shopping at Goodwill	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 22
Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 23	10:00 SP Catholic Mass (TV) and Communion 24 11:00 IN Daily Chronicles 11:15 PH Chair Aerobics 2:30 EM Music with Kristin 3:30 SO Wheel of Fortune (TV)	9:30 IN Daily Chronicles 25 9:45 PH Seated Stretches 10:00 SP Protestant Church Service 2:30 SO Candy Bingo 4:00 EM Legends in Concert: Elvis	9:30 IN Daily Chronicles 26 9:45 SO March EZ Trivia 11:00 PH Chair Yoga with Allison 2:00 VO Forklift Driving Practice! 4:30 EM Visits with Kim	9:30 SO Morning Movie 27 11:00 VO Lunch Outing: Perkins 2:00 IN Daily Chronicles 2:15 PH Chair Exercise 3:00 EM March Birthday Party with The Floras	9:30 IN Daily Chronicles 28 9:45 PH Sit & Be Fit with Bethany 10:00 EM Pet Visits with Ranger & Gus 1:30 VO Armchair Travel: Cruising the Nile 3:00 SO Snack Bingo	Exercise Videos, Movies, Puzzles, Coloring and Table Games Available Upon Request 29

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