


March 2025 - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p> <p>30</p>	<p>10:00 SP Catholic Mass (TV) and Communion 31</p> <p>11:30 PH Chair Aerobics</p> <p>2:30 EM Music with Kristin [MC]</p>		<p>EM Emotional</p> <p>SP Spark Performance</p> <p>IN Intellectual</p> <p>PH Physical</p> <p>VO Vocational</p> <p>SO Social</p> <p>SP Spiritual</p> <p>OT Other</p>	<p>AL Assisted Living</p> <p>MC Memory Care</p>	<p>Happy Birthday to</p> <p>3/3 Dorothy 130 Jorgensen-Hansen</p> <p>3/19 Gloria 124 Davenport</p>	<p>Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p> <p>1</p>
<p>Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p> <p>2</p>	<p>Dorothy's Birthday! [MC] 3</p> <p>10:00 SP Catholic Mass (TV) and Communion</p> <p>11:30 PH Chair Aerobics</p> <p>2:30 EM Music with Kristin</p>	<p>Mardi Gras 4</p> <p>11:30 PH Seated Stretches</p> <p>1:00 SP TRYathlon</p> <p>3:30 SO Bead Bingo</p> <p>4:00 EM Mardi Gras Casino Party</p>	<p>Ash Wednesday 5</p> <p>10:00 EM "Gabbing Gals" with Peggy</p> <p>11:30 PH Chair Yoga</p> <p>3:00 SP Ash Wednesday Church Service</p> <p>4:30 SO Visits with Kim</p>	<p>10:30 VO Food Committee Meeting 6</p> <p>11:15 VO Resident Council Meeting</p> <p>1:00 SP TRYathlon</p> <p>2:00 IN Lifelong Learning</p>	<p>11:30 PH Sit and Be Fit with Bethany 7</p> <p>1:00 SP The Really Big Show</p> <p>3:00 SO Candy Bingo</p>	<p>Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p> <p>8</p>
<p>Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p> <p>9</p>	<p>10:00 SP Catholic Mass (TV) and Communion 10</p> <p>11:30 PH Chair Aerobics</p> <p>2:30 EM Music with Kristin [MC]</p>	<p>11:30 PH Seated Stretches 11</p> <p>1:00 SP TRYathlon</p> <p>2:00 SO Medicare and Mocktails Event</p>	<p>10:00 EM "Gabbing Gals" with Peggy 12</p> <p>11:00 PH Chair Yoga with Allison</p> <p>3:30 IN HeartSync Music Recording Demonstration</p> <p>4:30 SO Visits with Kim</p>	<p>11:30 EM Music with Shannon 13</p> <p>1:00 SP TRYathlon</p> <p>3:30 SO Crafternoon: Lucky Leprechaun Gnomes</p>	<p>10:30 EM Pet Visits with Lilly & Ranger 14</p> <p>11:30 PH Sit and Be Fit with Bethany</p> <p>1:00 SP The Really Big Show</p> <p>3:00 SO Magical Musical Sing-A-Long Bus Tour</p>	<p>Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p> <p>15</p>
<p>Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p> <p>16</p>	<p>St. Patrick's Day 17</p> <p>10:00 SP Catholic Mass (TV) and Communion</p> <p>11:30 PH Chair Aerobics</p> <p>2:30 EM Music with Kristin [MC]</p> <p>3:30 SO St. Patrick's Day Happy Hour</p>	<p>10:00 VO Men's Coffee & Cars 18</p> <p>11:30 PH Seated Stretches</p> <p>2:30 SO Candy Bingo</p>	<p>Gloria's Birthday! [AL] 19</p> <p>10:00 EM "Gabbing Gals" with Peggy</p> <p>11:00 SP Church & Communion with Pastor Cullen</p> <p>3:00 PH Chair Yoga with Allison</p> <p>4:30 SO Visits with Kim</p> <p>6:30 EM Pet Visits with Jax & Claire</p>	<p>11:00 IN Training for Next Competition! 20</p> <p>1:00 EM Music with Shannon</p> <p>4:00 PH Cardio Drumming</p>	<p>10:30 EM Pet Visits with Lilly & Ranger 21</p> <p>11:30 PH Sit and Be Fit with Bethany</p> <p>3:00 VO Bus Outing: Shopping at Goodwill</p>	<p>Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p> <p>22</p>
<p>Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p> <p>23</p>	<p>10:00 SP Catholic Mass (TV) and Communion 24</p> <p>11:30 PH Chair Aerobics</p> <p>2:30 EM Music with Kristin [MC]</p> <p>3:30 IN Coffee with Megan</p>	<p>10:00 SP Protestant Church Service (TV) 25</p> <p>11:30 PH Seated Stretches</p> <p>2:30 SO Candy Bingo</p>	<p>10:00 EM "Gabbing Gals" with Peggy 26</p> <p>11:00 PH Chair Yoga with Allison</p> <p>3:30 IN Training for Next Competition!</p> <p>4:30 SO Visits with Kim</p>	<p>11:00 VO Lunch Outing: Perkins 27</p> <p>3:00 EM March Birthday Party with The Floras</p> <p>4:15 PH Chair Exercise</p>	<p>10:30 EM Pet Visits with Lilly & Ranger 28</p> <p>11:30 PH Sit and Be Fit with Bethany</p> <p>3:00 SO Snack Bingo</p>	<p>Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p> <p>29</p>

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