



Our Community Newsletter

Discover what's going on in our community.

PATTI JO 2/3
CAROLE 2/28



Centerville Family and Caregivers, with the start of the new year comes new changes. Since November 2024 we have hired several new faces in the housekeeping and nursing. As a result, we no longer have agency staff in our building and we will be welcoming Katie Germann, as our new DHS in February. The culinary department, through Unidine Services has new changes as well. Emily Percy, will be replacing Kyle Bischoff as the Culinary Director and they have welcomed Matt, as a new team member. The external entrances have been updated and we continue to find new ways to improve the building. This year we have more programming planned for the residents, we encourage you all to join us for outings, activities, and music programs. We will also start off February with our family council meetings and continue to receive your input about the best ways to continuously improve. We plan to also have fun community events through the year for residents and families so please look out for the email updates.

Community Life

We have our Spark Try-athlon going, for February we are doing walking, arm crank, and peddling exercise. We also have some interesting documentaries, fun games, and crafts to keep us busy. We are looking forward to some great entertainment

starting with accordion player Michael Larson on the 7th, violinist Shawn Vougeot on the 14th, and Jenni Thyng on the 21st. We will be heading to Walmart on the 12th, and taking a tour of The St. Paul Cathedral on the 26th. Please sign up on the sign up sheets if you would like to go on either outing.

Professional Networking

Join us for a networking event with industry Professionals, tour our community and take home a pizza! Simply call to RSVP!

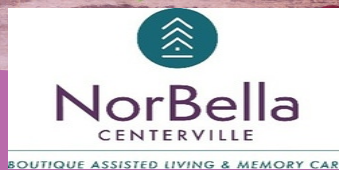
WHEN: February 12, 2025

TIME: 3:00p - 5:00p

WHERE: NorBella Senior Living, Centerville

RSVP to: Mindy Frost, Director of Sales
651-758-2145 EXT. 1
mindy.frost@lifesparksl.com

NorBella Senior Living
2025 MICHAUD WAY
CENTERVILLE, MN 55038



TOUR, TAKE & BAKE

From the Nurse

January was Cervical Cancer Awareness month.

Fact: More than 13,000 women in the U.S. are diagnosed with cervical cancer each year.

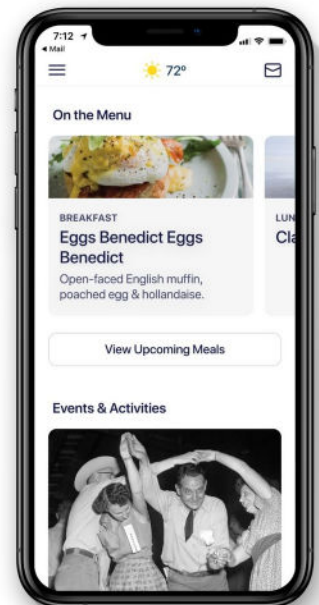
Fact: Cervical cancer is the sixth most common cancer in women, in the WHO Eastern Mediterranean region.

Preventions: Early detection with screenings and HPV vaccine.



Download the new mobile app for NorBella Senior Living - Centerville

- View upcoming activities and events
- See what's on the menu each day
- Access common resources
- View and share community photos
- Receive emergency alerts & updates
- Check the local weather in Centerville, MN



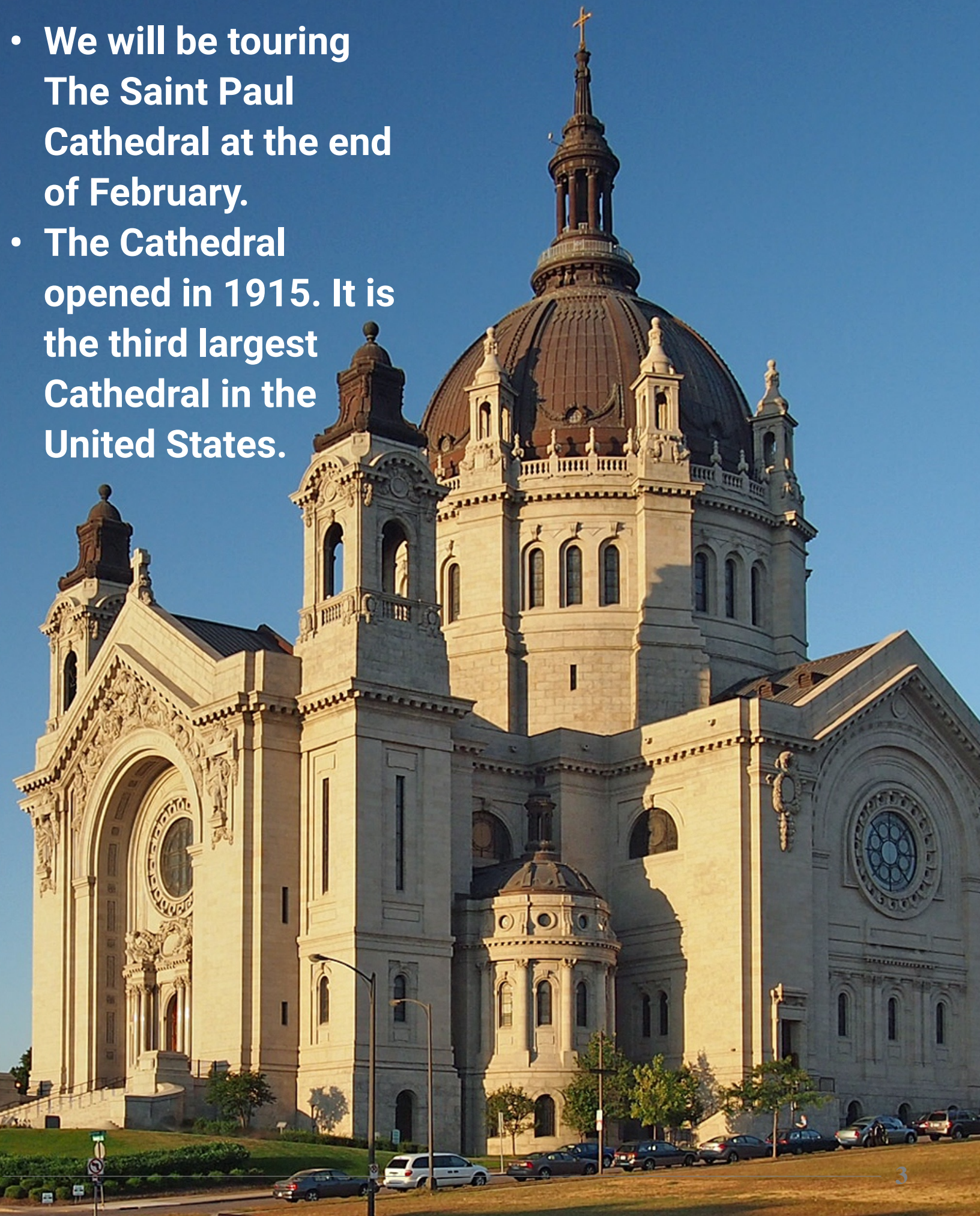
Access Quiltt for iOS, Android, or desktop

<https://get.quiltt.com/org/DEVYY>

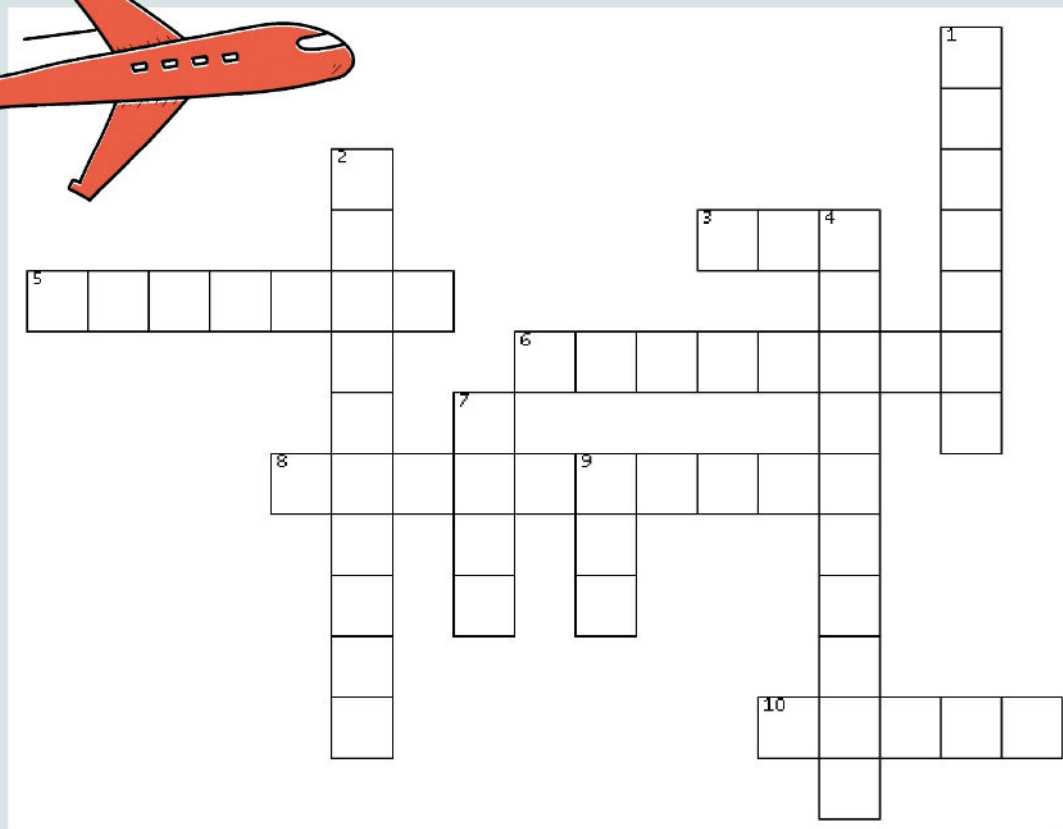
Enter code DEVYY after opening the Quiltt app for the first time.



- **We will be touring The Saint Paul Cathedral at the end of February.**
- **The Cathedral opened in 1915. It is the third largest Cathedral in the United States.**



Transportation



ACROSS

3. A large vehicle used for public transportation
5. A vehicle with two wheels propelled by pedals
6. A vehicle used for transportation in the air
8. A vehicle with two wheels powered by an engine
10. A group of connected vehicles used for transportation on rails

DOWN

1. A vehicle with two wheels and a platform for standing or sitting
2. An aircraft that can hover in place
4. A small board with wheels used for transportation
7. A watercraft used for transportation on water
9. A vehicle used for transportation on land