


February 2025 - Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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	<ul style="list-style-type: none"> EM Emotional SP Spark Performance IN Intellectual PH Physical VO Vocational SO Social SP Spiritual OT Other 	<p>MC Memory Care</p>	<p>Happy Birthday to 2/2 Forrest 121 Zimpleman 2/5 Judith 117 Pierce 2/6 Linda 119 Pelland 2/7 Donald "Butch" 136 Hansen</p>			<p>Exercise Equipment Available 1 in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p>
<p>Groundhog Day 2 Forrest's Birthday! Exercise Equipment Available in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p>	<p>10:00 SP Catholic Mass (TV) and Communion 3 11:30 PH Chair Aerobics 2:30 EM Music with Kristin</p>	<p>10:00 SP Church Service (TV) 4 11:30 PH Seated Stretches 1:00 SP TRYathalon 2:30 SO Candy Bingo</p>	<p>Judy's Birthday! 5 10:00 EM "Gabbing Gals" with Peggy 11:30 PH Chair Yoga 3:30 IN Crafternoon: DIY Valentine's Gnomes 4:30 SO Visits with Kim</p>	<p>Linda's Birthday! 6 10:00 VO Food Committee Meeting with Chef Tyler 10:45 VO Resident Council 1:00 SP TRYathalon 2:00 IN Lifelong Learning 4:00 PH Cardio Drumming</p>	<p>Butch's Birthday! 7 10:30 EM Pet Visits with Lilly & Ranger 11:30 PH Sit and Be Fit with Bethany 1:00 SP The Really Big Show 3:00 VO Bus Outing: Shopping at Dollar Tree</p>	<p>Exercise Equipment Available 8 in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p>
<p>Exercise Equipment Available 9 in TV Lounge, Table Games and Adult Coloring Available in Activity Area 5:30 SO Superbowl: Eagles vs. Chiefs (FOX 9)</p>	<p>10:00 SP Catholic Mass (TV) and Communion 10 11:30 PH Chair Aerobics 2:30 EM Music with Kristin [MC]</p>	<p>11:30 PH Seated Stretches 11 1:00 SO 100% Full Community Celebration! 1:00 SP TRYathalon 2:30 SO Candy Bingo</p>	<p>10:00 EM "Gabbing Gals" with Peggy 12 11:00 PH Chair Yoga with Allison 3:00 SO February Birthday Party with Elvis! 4:30 SO Visits with Kim</p>	<p>10:00 SO Valentine's Card Making 13 11:30 EM Music with Shannon 1:00 SP TRYathalon 3:00 SO Bus Tour: Delivery Valentine's to Community Friends</p>	<p>Valentine's Day 14 10:30 EM Pet Visits with Lilly & Ranger 11:30 PH Sit and Be Fit with Bethany 1:00 SP The Really Big Show 3:00 SO Let's Make: Valentine's Treats</p>	<p>Exercise Equipment Available 15 in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p>
<p>Exercise Equipment Available 16 in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p>	<p>Presidents' Day 17 Washington's Birthday 10:00 SP Catholic Mass (TV) and Communion 11:30 PH Chair Aerobics 2:30 EM Music with Kristin [MC] 3:30 IN Coffee with Megan</p>	<p>11:30 PH Seated Stretches 18 1:00 SP TRYathalon 2:30 SO Candy Bingo</p>	<p>10:00 EM "Gabbing Gals" with Peggy 19 11:00 SP Church & Communion with Pastor Cullen 4:00 PH Cardio Drumming 4:30 SO Visits with Kim 6:30 EM Pet Visits with Jax & Claire</p>	<p>11:00 SO Lunch Outing: The Mad Hatter 20 1:00 SP TRYathalon 4:00 EM Eagle Scout Performance: Woodwind Quintet</p>	<p>10:30 EM Pet Visits with Lilly & Ranger 21 11:30 PH Sit and Be Fit with Bethany 1:00 SP The Really Big Show 3:00 SO Snack Bingo</p>	<p>Exercise Equipment Available 22 in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p>
<p>Exercise Equipment Available 23 in TV Lounge, Table Games and Adult Coloring Available in Activity Area</p>	<p>10:00 SP Catholic Mass (TV) and Communion 24 11:30 PH Chair Aerobics 2:30 EM Music with Kristin [MC]</p>	<p>10:00 SP Protestant Church Service 25 11:30 PH Seated Stretches 1:00 SP TRYathalon 2:30 SO Candy Bingo</p>	<p>10:00 EM "Gabbing Gals" with Peggy 26 11:00 PH Chair Yoga with Allison 4:00 PH Cardio Drumming 4:30 SO Visits with Kim</p>	<p>11:30 EM Music with Shannon 27 1:00 SP TRYathalon 4:00 IN Men's Coffee & Cars: General Motors 1950's Cars</p>	<p>10:30 EM Pet Visits with Lilly & Ranger 28 11:30 PH Sit and Be Fit with Bethany 1:00 SP The Really Big Show</p>	