


January 2025 - Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>EM Emotional</p> <p>EN Environmental</p> <p>IN Intellectual</p> <p>PH Physical</p> <p>VO Vocational</p> <p>SO Social</p> <p>SP Spiritual</p>	AL Assisted Living	<p>New Year's Day 1</p> <p>10:00 PH Chair Exercise (TV)</p> <p>2:00 SO Movie Matinee</p> <p>4:30 SO Visits with Kim</p>	<p>Bethany Off 2</p> <p>10:00 PH Chair Exercise (TV)</p> <p>11:00 EM Music with Shannon</p> <p>1:00 SO Movie Matinee</p> <p>3:00 SO Afternoon Activities with Staff!</p>	<p>Bethany Off 3</p> <p>10:00 EM Pet Visits with Lily & Ranger</p> <p>10:30 PH Chair Exercise (TV)</p> <p>1:00 SO Movie Matinee</p> <p>3:00 SO Afternoon Activities with Staff!</p>	<p>8:45 IN Daily Chronicles 4</p> <p>9:00 PH Exercise with Alexis</p> <p>9:30 SO Activities with Alexis</p> <p>1:30 SO Bingo with Alexis</p>
<p>Exercise Videos, Movies, Coloring and Table Games Available 5</p>	<p>10:00 SP Catholic Mass (TV) and Communion 6</p> <p>11:30 PH Chair Aerobics</p> <p>2:30 EM Music with Kristin [AL]</p> <p>3:15 IN Name that Vehicle Game</p>	<p>9:30 IN Daily Chronicles 7</p> <p>9:45 PH Seated Stretches</p> <p>10:00 SP Church Service (TV)</p> <p>2:30 SO Candy Bingo</p>	<p>9:30 IN Daily Chronicles 8</p> <p>9:45 IN January A-Z</p> <p>11:00 PH Chair Yoga with Allison</p> <p>2:00 PH TRYathlon Team Meeting</p> <p>3:30 IN Much Ado About Nothing, The Film</p> <p>4:30 SO Visits with Kim</p>	<p>9:30 IN Daily Chronicles 9</p> <p>9:45 PH Walkin' and Rollin' Club</p> <p>10:00 IN January Random Trivia</p> <p>2:00 PH Cardio Drumming</p> <p>3:30 SO Manicures</p>	<p>9:30 IN Daily Chronicles 10</p> <p>9:45 PH Sit & Be Fit with Bethany</p> <p>10:00 EM Pet Visits with Lily & Ranger</p> <p>2:00 VO Resident Council Meeting</p> <p>3:30 VO Resident Council Meeting</p>	<p>Exercise Videos, Movies, Coloring and Table Games Available 11</p>
<p>Exercise Videos, Movies, Coloring and Table Games Available 12</p>	<p>10:00 SP Catholic Mass (TV) and Communion 13</p> <p>11:30 PH Chair Aerobics</p> <p>2:30 EM Music with Kristin</p> <p>3:00 VO Let's Make: Chocolate Chip Snack Bites</p>	<p>9:30 IN Morning Movie 14</p> <p>10:00 VO Bus Tour: Visit to our Friends at Anoka City Hall!</p> <p>2:30 SO Candy Bingo</p> <p>4:30 PH Seated Stretches</p>	<p>9:30 IN Daily Chronicles 15</p> <p>9:45 PH Chair Yoga</p> <p>11:00 SP Church & Communion</p> <p>2:30 PH Cardio Drumming</p> <p>4:30 SO Visits with Kim</p> <p>7:00 EM Pet Visits</p>	<p>10:30 IN Daily Chronicles 16</p> <p>10:45 PH Walkin' and Rollin' Club</p> <p>11:00 EM Music with Shannon</p> <p>1:00 SO TRYathlon</p> <p>2:15 IN Let's Play: Cut the Cards</p>	<p>9:30 IN Daily Chronicles 17</p> <p>9:45 PH Sit & Be Fit with Bethany</p> <p>10:00 EM Pet Visits with Lily & Ranger</p> <p>1:00 SO The Really Big Show</p> <p>3:00 SO Snack Bingo</p>	<p>Exercise Videos, Movies, Coloring and Table Games Available 18</p>
<p>Exercise Videos, Movies, Coloring and Table Games Available 19</p>	<p>Martin Luther King Jr. Day 20</p> <p>10:00 SP Catholic Mass (TV) and Communion</p> <p>11:30 PH Chair Aerobics</p> <p>2:00 EM Remembering MLK Jr.</p> <p>2:30 EM Music with Kristin</p>	<p>9:30 IN Daily Chronicles 21</p> <p>9:45 PH Seated Stretches</p> <p>10:00 IN Let's Play: War</p> <p>1:00 SO TRYathlon</p> <p>2:30 SO Candy Bingo</p>	<p>9:30 IN Daily Chronicles 22</p> <p>9:45 IN Name That! Trivia</p> <p>11:00 PH Chair Yoga with Allison</p> <p>2:00 SO Let's Play: The Price is Right</p> <p>4:30 SO Visits with Kim</p>	<p>9:30 SO Morning Movie 23</p> <p>11:00 SO Lunch Outing: Broadway Pizza</p> <p>1:00 SO TRYathlon</p> <p>2:30 SO Prize Bingo</p>	<p>Bethany Off 24</p> <p>10:00 EM Pet Visits with Lily & Ranger</p> <p>10:30 PH Sit & Be Fit (TV)</p> <p>1:00 SO The Really Big Show</p> <p>3:00 SO Movie Matinee</p>	<p>Exercise Videos, Movies, Coloring and Table Games Available 25</p>
<p>Exercise Videos, Movies, Coloring and Table Games Available 26</p>	<p>10:00 SP Catholic Mass (TV) and Communion 27</p> <p>11:30 PH Chair Aerobics</p> <p>2:30 EM Music with Kristin</p> <p>3:00 IN January Craft</p>	<p>9:30 IN Chronicles 28</p> <p>9:45 PH Seated Stretches</p> <p>10:00 SP Protestant Church Service (TV)</p> <p>1:00 SO TRYathlon</p> <p>2:30 SO Candy Bingo</p>	<p>9:30 IN Daily Chronicles 29</p> <p>9:45 PH Parachute Party</p> <p>10:00 EM Creative Circle</p> <p>2:00 SO Classic Toys Bingo</p> <p>4:30 SO Visits with Kim</p>	<p>10:30 IN Chronicles 30</p> <p>10:45 PH Walkin' and Rollin' Club</p> <p>11:00 EM Music with Shannon</p> <p>1:00 SO TRYathlon</p> <p>3:00 EM January Birthday Party with Ross</p>	<p>9:30 IN Daily Chronicles 31</p> <p>9:45 PH Sit & Be Fit with Bethany</p> <p>10:00 EM Pet Visits with Lily</p> <p>1:00 SO The Really Big Show</p> <p>3:00 EM Heart to Hearts with Bethany</p>	<p>Happy Birthday to 1/11 Mardene Eichhorn 1/16 Donna DeMars</p>