


December 2024 - Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise Videos, Movies, and Table Games Available 1 8:45 IN Daily Chronicles 8 9:00 PH Exercise with Alexis 12:00 SO Vikings vs. Cardinals Football Game 2:30 SO Bingo with Alexis	10:00 SP Catholic Mass (TV) and Communion 2 11:30 PH Chair Aerobics 2:00 EN Decorating the Christmas Tree!	9:30 IN Daily Chronicles 3 9:45 PH Seated Stretches 10:00 VO DIY: Christmas Ornaments 2:30 SO Candy Bingo	9:30 IN Daily Chronicles 4 9:45 PH Chair Yoga 10:00 SO Cut the Cards 2:00 IN Holiday A-Z 3:30 IN Reader's Theatre: Much Ado About Nothing, Act 5 Final Scene 4:30 SO Visits with Kim	10:00 VO Meet Your New Therapy Team: Aegis! 5 11:00 EM Music with Shannon 2:30 VO Resident Council 3:00 PH Walkin' and Rollin' Club	9:30 IN Daily Chronicles 6 9:45 PH Sit & Be Fit with Bethany 10:00 EM Pet Visits with Lily & Ranger 3:00 SO Snack Bingo	8:45 IN Daily Chronicles 7 9:00 PH Exercise with Alexis 9:30 IN December Trivia with Alexis 1:30 SO Activity Box with Alexis
Exercise Videos, Movies, and Table Games Available 15	10:00 SP Catholic Mass (TV) and Communion 9 11:30 PH Chair Aerobics 2:30 EM Music with Kristin (AL) 3:00 IN Breakfast Foods Visual Trivia	9:30 IN Daily Chronicles 10 9:45 PH Seated Stretches 10:00 SP Church Service (TV) 2:30 SO Candy Bingo 5:45 SO Holiday Lights Bus Tour	9:30 IN Daily Chronicles 11 9:45 VO Conversation Cards 11:00 PH Chair Yoga with Allison 2:00 EM Creative Circle 4:30 SO Visits with Kim	9:30 IN Daily Chronicles 12 9:45 PH Walkin' and Rollin' Club 10:00 IN Holiday Finish the Phrase 2:00 PH Balloon Volleyball	9:30 IN Daily Chronicles 13 9:45 PH Sit & Be Fit with Bethany 10:00 EM Pet Visits with Lily & Ranger 3:30 SO Rock N' Roll Bingo	2:00 EM Piano Concert with Kids! 14
Exercise Videos, Movies, and Table Games Available 15	10:00 SP Catholic Mass (TV) and Communion 16 11:30 PH Chair Aerobics 2:30 EM Music with Kristin 3:00 VO The Vintage Vehicle Show (TV)	9:30 SO Morning Movie 17 11:00 SO Lunch Outing: Granite City 3:30 SO Candy Bingo 4:30 PH Seated Stretches	9:30 IN Daily Chronicles 18 9:45 PH Chair Yoga 11:00 SP Church & Communion with Pastor Cullen 2:30 SO Manicures 4:30 SO Visits with Kim 7:00 EM Pet Visits with Jax & Claire	10:30 IN Daily Chronicles 19 10:45 PH Walkin' and Rollin' Club 11:00 EM Music with Shannon 2:00 SO Resident Make Overs 5:30 SO Family Holiday Party!	9:30 IN Daily Chronicles 20 9:45 PH Sit & Be Fit with Bethany 10:00 EM Pet Visits with Lily & Ranger 2:00 SO 12 Days of Christmas Bingo	8:45 IN Daily Chronicles 21 9:00 PH Exercise with Alexis 9:30 IN Whiteboard Games with Alexis 1:30 SO Bingo with Alexis
Exercise Videos, Movies, and Table Games Available 22	10:30 SO December Birthday Party with CODA 23 2:00 IN Gene Autry Christmas Music Trivia 2:30 EM Music with Kristin 3:15 PH Chair Aerobics	Christmas Eve 24 10:00 EM Let's Bake: Christmas Cookies 1:30 SO Christmas Movie Matinee 3:30 SO Resident and Staff Holiday Festivities!	Merry Christmas! Christmas Day 25	9:30 IN Daily Chronicles 26 9:45 PH Walkin' and Rollin' Club 10:00 IN December Group Up 2:30 EM Marshmallow Snowmen	9:30 IN Daily Chronicles 27 9:45 PH Sit & Be Fit with Bethany 10:00 EM Pet Visits with Lily & Ranger 3:00 SO Quarter Bingo	Exercise Videos, Movies, and Table Games Available 28
Exercise Videos, Movies, and Table Games Available 29	10:00 SP Catholic Mass (TV) and Communion 30 11:30 PH Chair Aerobics 2:00 IN Color Match Game 3:00 SO Candy Bingo	New Year's Eve 31 10:30 IN Daily Chronicles 10:45 PH Seated Stretches 11:00 SO "Noon" Years Eve Celebration! 2:30 EM New Years Eve Reminiscing			Happy Birthday to 12/7 Elizabeth Fischer	

- EM** Emotional
- EN** Environmental
- IN** Intellectual
- PH** Physical
- VO** Vocational
- SO** Social
- SP** Spiritual